

# FAIRWEATHER WINDOWS

PART OF THE FAIRWEATHER GROUP  
Specialising in Windows, Doors & Conservatories

Are you looking to replace those draughty old windows and doors?  
Or create more space by adding a conservatory or extension to your home?



We are your local home improvement specialists, using only the best quality products, sold at very competitive prices. All products can be 'A' rated for extra energy efficiency and come to you with a full **10 year guarantee** from a FENSA registered company

Talk to a tradesman, not a salesman  
Save Energy - Save Money!

call us NOW on **01279 813888**

FAIRWEATHER *plastics* Fascias & Soffits, Guttering, UPVC Profiles and Fixings  
PART OF THE FAIRWEATHER GROUP  
Unit 7 The Links Industrial Estate, Raynham Road, Bishops Stortford, Herts CM23 5NZ  
**Trade Counter & Showroom NOW OPEN**



## Conway Chauffeur Drive Stansted Luxury Private Hire

Latest style Mercedes E-class  
Pre-booking required



- 24/7 Airport Transfers for the discerning Business or Holiday Traveller
- Competitive Pricing to any Destination
- Uttlesford Licensed

Call or text **07803 100321** for quotation  
[www.conwaychauffeurdrivestansted.co.uk](http://www.conwaychauffeurdrivestansted.co.uk)

Free Delivery in Stansted

Paris Legere Professional Floristry & Gifts

### Flowers and Gifts

01279 812 810 | [www.parislegere.co.uk](http://www.parislegere.co.uk) | [paris@parislegere.co.uk](mailto:paris@parislegere.co.uk)

Bouquets | Weddings | Events

Paris Legere Flowers & Gifts | 27 Lower Street | Stansted | CM24 8LN

## "STANSTED'S BIGGEST SECRET"

# MILLWAY OFFICE SUPPLIES

All You Need Under One Roof

FREE  
PARKING



OPEN  
MONDAY - FRIDAY  
8.30am - 5.00pm  
SATURDAY  
9.00am - 1.00pm

Chapel Hill, Stansted, Essex. CM24 8AP Tel: 01279 812009  
[www.millwaystationery.co.uk](http://www.millwaystationery.co.uk) [millwaysue@btinternet.com](mailto:millwaysue@btinternet.com)

# STORT BLINDS

INDIVIDUAL STYLE

SAVE UP TO 25% OFF NORMAL RETAIL PRICES  
WITH OUR STUNNING BLIND RANGE

BLINDS | SHUTTERS | AWNINGS | CURTAINS



CALL FOR A FREE ESTIMATE

[www.stortblinds.co.uk](http://www.stortblinds.co.uk) | Tel: 01279 504121



Innovative Architectural Designs

specialize in residential extensions, conversions, refurbishments & layout design  
contact us for a free initial consultation

[www.dsdesigns.eu](http://www.dsdesigns.eu)

mob: 07738375496

Cover photo:  
Taken at back of  
Blythwood Gardens

**Editor:**

Yvonne Ayres  
01279 814706  
editor@stanstedlink.org.uk

**Advertising:**

Mike and Marion Dyer  
01279 814059  
adverts@stanstedlink.org.uk  
Or check on website for prices

**Distribution Queries:**

David Horton  
01279 813680  
distribution@stanstedlink.org.uk

**Treasurer:**

Alan Wheeler  
01279 813745  
accounts@stanstedlink.org.uk

**Directors:**

Malcolm Lloyd (Chairman)  
Susan Bone  
Catherine Dean  
Sarah Ludlow-Elston  
Dick Pollard

**Printers:**

CZ Design and Print  
01279 657769

**CIRCULATION:**

The Link is delivered free to over 3000 homes and businesses in Stansted Mountfitchet. Further copies may be purchased for £1 each or £11.00 for the year, plus postage.

**CONTRIBUTIONS:**

by email (*preferred*), up to 300 words in a Word document, please, to:  
editor@stanstedlink.org.uk  
by **noon on 11<sup>th</sup> October** for the November issue  
or by hand to:  
7 Blythwood Gardens,  
Stansted CM24 8HG  
by **noon on 8<sup>th</sup> October** for the November issue

The Link is produced by Stansted Mountfitchet Magazine Community Interest Company and supported by local churches, businesses and the Parish Council. Each edition is also available online at www.stanstedlink.org.uk.

**EDITORIAL**



Sadly Rosina Kirkwood and Derek Honour have decided to step down from doing our Nature Notes. Over the years they've contributed many informative and interesting articles that have been much enjoyed. Thank you both for all you've done. (Perhaps you could be persuaded to make the occasional guest appearance sometime in the future?) This month we welcome Steve Leaney (see page 15) writing the Nature Notes, and Leila Riddell has also kindly volunteered to join the team. For the uninitiated, voluntary work within the local community can be very rewarding and a great way to make new friends, especially for residents new to Stansted. Looking through The Link there are opportunities available via village organisations and beyond, for all sorts of volunteers to take on various tasks. If you're reluctant/unable to make a regular commitment or not sure you'd like volunteering at all, then the Pond Clearing and Village Litter Pick (details on page 20) are ideal 'taster sessions'; one-off tasks that take just a couple of hours. You might be in for a pleasant surprise; you may even enjoy the experience.

**CONTENTS**

Church News	2-4	Stansted Tennis Club	27
Stansted Bowling Club	4	Henham Christmas Market	27
Birchanger Nursery Unit	4	Stansted Cricket Club	27
Village Events	5	The Gardens of Easton Lodge	27
Birchanger Wood	7	Bishop's Stortford and District	
Stansted GP Surgery	7	Footpaths Association	29
Stansted Hall & Elsenham		Stansted Sports Association	29
Cricket Club	9	music@stansted	29
Stansted Messy Church	9	Stansted Football Club	29
Did You Know?	9	Saffron Walden Choral Society	31
RSPB Stort Valley Group	9	The Silly Season	31
Rita Morson's Book	11	Film Review - <i>Inside Out</i>	31
Littlebury Church	11	Stansted is Well Read	31
St Mary's Primary School	11	Memory Teaser	33
Ugley WI	13	Stansted Mountfitchet Windmill	33
Correction	13	Mountfitchet Garden Club	33
Stansted Mountfitchet Evening WI	13	Family Behind the Name -	
Local History Society	13	Croasdaile Road	35
Stansted in Bloom	14	Magna Carta Baron's Association	35
Gardening Tips for October	15	Rainbow Pre-School	35
Nature Notes	15	Stort Valley Rotary Club	37
The Hundred Parishes Society	15	Christmas is Coming!	37
Mountfitchet House	17	St Clare Hospice	37
Operation Christmas Child	17	Stansted Pubs - Queen's Head	37
Stansted Family Café	17	Inner Wheel Club of Bishop's	
Stansted Mountfitchet U3A	17	Stortford	39
<b>Stansted Network</b>	<b>19-22</b>	Don't Forget! Clocks go Back	39
Directory of Local Clubs	23	Fearful Pets	39
Beekeeping	25	Huw Johnson Club	39
Hargrave House Fête & Boot Sale	25	Index to Advertisers	40
Rhodes Centre	25		

**DISCLAIMER** Opinions in The Link reflect those of the authors and contributors. Publication (on paper or electronically) of articles, advertisements or product/services information does not constitute endorsement by The Link nor is any culpability accepted for work undertaken by advertisers.

**Stansted network** is compiled by Stansted Mountfitchet Parish Council.

## THOUGHT FOR THE MONTH

The devastating refugee crisis arising from conflicts in Syria and elsewhere poses a major challenge to European nations, in particular how to work together to help bring urgent sanctuary to thousands of desperate people who have risked their lives to reach European soil. Britain is interestingly placed in this. Not part of the borderless Schengen area allowing freedom of movement across parts of Europe, Britain is free to develop its own policy. Originally this was said to be seeking to help resolve conflicts in the Middle East rather than simply admitting more refugees. This quickly changed in response to the deep public shock at images of the drowned three year-old boy on a Turkish beach. The mood and language changed. Less talk of *migrants* and more talk of *refugees*. The Government announced it would admit 20,000 refugees over five years but only from refugee camps in the Middle East and not from mainland Europe. This was presented not as a policy change but a policy development.

Whether Britain's response to this crisis is remotely sufficient or timely will, no doubt, continue to be hotly debated. What it does demonstrate, however, is that the imperatives of politics do not always square with transparency in public life where the rationale for decisions made on our behalf should be clear for all to see. The decision to go to war with Iraq is a case in point. The issue is not about party politics but about the nature of political process. Policy is developed not only to bring public benefit but also to handle party tensions when government majorities are slim or for other reasons such as managing relationships with key allies or seeking to garner positive public opinion. This does not always mean the right thing is done at the right time.



Jonathan Morrell  
Stansted Quaker Meeting



**STANSTED FREE CHURCH**  
Methodist / URC  
Chapel Hill, Stansted CM24 8AG  
[www.stanstedfreechurch.org.uk](http://www.stanstedfreechurch.org.uk)

**Minister** Rev'd Roy Fowler  
Tel: 814809  
[minister@stanstedfreechurch.org.uk](mailto:minister@stanstedfreechurch.org.uk)

**Lettings** Marion and Mike Dyer  
Tel: 814059  
[lettings@stanstedfreechurch.org.uk](mailto:lettings@stanstedfreechurch.org.uk)

### Preachers for October

4<sup>th</sup> 10.30am Rev'd Caroline Vodden - New Directions  
11<sup>th</sup> 10.30am Rev'd Stuart Veitch - Communion  
18<sup>th</sup> 10.30am Rev'd Roy Fowler  
25<sup>th</sup> 10.30am Richard Lewnsey

### News

We recently welcomed Rev'd Caroline Vodden to the West Essex and Bishop's Stortford URC Pastorate (of which our church is a part). Like Roy, Caroline will serve the pastorate as a whole, but whereas Roy has particular responsibility for Stansted, Bishop's Stortford and Clavering churches, Caroline will have particular responsibility for Saffron Walden and Newport.

### Messy Church

We are very pleased to be part of Stansted's Messy Church which begins on 4<sup>th</sup> October (see article on page 9).

### The Place on the Hill – every Wed and Fri 9.30am-12.30pm

Our free Wednesday and Friday drop-in, with Art for All on the first Friday, and storytime on the third Friday of each month. Free refreshments and internet, good company, space for the children to run around, plus a quiet area with comfy seating. Come and join us – all ages are welcome. For more information or if you need transport to get to The Place, please contact us.



Marion and Mike Dyer  
Tel: 814059  
Email: [theplace@stanstedfreechurch.org.uk](mailto:theplace@stanstedfreechurch.org.uk)

## ROMAN CATHOLIC

### St Therese of Lisieux

High Lane

**Priest** Father John Garrett

**Office** Tel: 816889  
Email: [stansted@dioceseofbrentwood.org](mailto:stansted@dioceseofbrentwood.org)

**Masses** Saturday 6.00pm  
Sunday 10.00am  
Holy Days of Obligation 8.00am and 8.00pm  
Mon, Tue, Thu, Fri 9.30am

**Confessions**  
Saturday 10.00am  
and by appointment

**Baptisms** By appointment

## THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Quaker Meeting House, 71 Chapel Hill  
Stansted CM24 8AE

**Clerk** Jane Mitchell  
Tel: 503024  
Email: [sjane.mitchell@ntlworld.com](mailto:sjane.mitchell@ntlworld.com)

**Lettings** Richenda Whitehead  
Tel: 07773 603618  
Email: [richendajw@live.com](mailto:richendajw@live.com)

**Meeting** Sunday, 10.30am every week

**Light Group** 10.30am-11.15am Saturday  
14<sup>th</sup> November



**All enquiries** The Church Office, St John's Hall,  
St John's Road, Stansted CM24 8JP  
Tel: 815243  
Office hours: Mon 9.00am-11.30am, Wed  
9.00am-12 noon, Fri 9.00am-12.30pm  
Email: st.johns.church@btinternet.com  
Website: www.stanstedstjohns.btik.com

**Rector** Rev'd Paul Wilkin  
Tel: 812203  
Email: stansted.rector@gmail.com

**Director of Music** Anne Brooks  
Email: anne.brooks22@yahoo.co.uk

**Church Hall Bookings** Simon Wilson  
Tel or text: 07582 856689  
Email: stjohs.hallbookings@gmail.com

CTS logo green & black.jpg

**St John's Diary**

**Sunday**  
8.00am Said Holy Communion  
9.30am Choral Eucharist (1<sup>st</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Sundays)  
9.30am Family Communion (2<sup>nd</sup> Sunday)  
**Monday-Tuesday, Thursday and Saturday**  
8.30am Morning Prayer There are services of Holy Communion on the first Tuesdays and Wednesdays of the month in Norman Court, Hargrave House and Broome End Nursing Homes.  
**Tuesday**  
9.00am St John's Tots  
**Wednesday**  
9.00am Morning Prayer  
10.00am Holy Communion  
**Monday-Thursday and Saturday**  
5.00pm Evening Prayer

**From the Registers**

**August**

**Baptisms**

16<sup>th</sup> Oscar Evan Woodward  
23<sup>rd</sup> Archie Michael Boram  
30<sup>th</sup> Hannah Lillie Charlotta Chester-Pledger  
30<sup>th</sup> Breanna Christina Chester-Pledger

**Christmas Market Saturday 21<sup>st</sup> November 12.00-3.00pm**

There will be the normal well-laden stalls - gifts, crafts, toiletries, candles, cakes, toys and games, books, bric-à-brac, tombolas and grand raffle etc, plus tempting refreshments to enjoy whilst savouring the festive ambience. Come along to find some Christmas presents, grab a bargain, have a chance of winning a great prize in our raffle or on one of the tombolas and generally join in the fun. See you there!

Richard Lenton and Ray Smith  
Tel: 813270



**ST JOHN'S 300 CLUB**

Congratulations to the winners of the August draws:

£100 No 183 - John Elliott  
£ 50 No 102 - June Winter  
£ 25 No 47 - David Cope

The draws for October will be held on Sunday 25<sup>th</sup> October in St John's Church following the 9.30am service.

Francine Cope  
Tel: 814562



www.stanstedfamilychurch.com

**Contact** Howard and Ros Page  
Tel: 810813

**Email** contactstanstedfam@yahoo.com

Our Christian beliefs are conventional, we are just doing church differently.

This month's @27 meeting (contemporary worship and a Bible-based talk with discussion) will be on Thursday 29<sup>th</sup> October at 7.30pm. For topic and venue, please contact us using the details above. For all other information about church activities and special events, including Frequently Asked Questions, please see our website.



www.stanstedchurches.com

**CTS Forum**

The next meeting is 7.30pm on Tuesday 6<sup>th</sup> October in St John's Church. All welcome.

**Harvest Supper**

Sunday 18<sup>th</sup> October 6.00pm in St John's Hall, followed by light entertainment by the churches. As usual we are providing a hot meal of fish, chicken or veggie burger and chips followed by ice cream. Tickets £6, accompanied children £5, are available from St John's Office 815243 (see opposite for office hours), Marion 814059, or myself. All are welcome but tickets must be bought in advance. Please bring your own drink & glasses.

Helen Baker  
Tel: 814865

**Stop Press**

We are delighted to announce that the sum of £220 was raised for Seeking Sanctuary at the Songs of Praise.



On Monday 12<sup>th</sup> October 8.00pm at 7 Blythwood Gardens, we are having a DVD and discussion: The Turin shroud - hoax or proof that Jesus rose? The venue for our 'At Home' at 8.00pm on Monday 26<sup>th</sup> October is 13 Blackbushe, Bishop's Stortford. All are welcome to both meetings.



Marion Dyer  
Tel: 814059



## THE FRIENDS OF ST MARY'S CHURCH



As far as we are aware, the bat maternity ward delaying the building work in St Mary's by three weeks, has now closed for the season. We trust that mothers and children are flourishing. Building works should have been completed by the time this item is published and the church will once more be open and welcoming. It has given us great pleasure that the Horner family have given us two rose bushes for the little garden. The following is from Calvin Horner:

*The St Mary's Rose is a large flowered rose that produces its scented blooms singly or in small clusters of around three flowers, which are double and a deep pink colour with a yellow eye. It has good resistance to diseases such as black spot. The plants are quite bushy, growing up to three and a half or four feet tall. The rose was bred by Colin Horner in 2002, the last year he did any hybridising. He bred it by putting the pollen from an unnamed seedling on to his Gold Medal winning rose 'Beverley Ann'. The rose was not propagated further for several years because of Colin's illness with only a single plant growing in a pot in the garden. It was only around 2010 that its qualities were noticed, in particular its health and scent.*

Heather tells us there are a few bushes available for planting out in November 2016. To make it commercially viable they would need to take orders, which would not be available until November 2017. Please contact us so that we may pass on any orders to 'Horner Roses'. A bush could make a special gift to celebrate or mark a family connection or anniversary.

Audrey Rodgers  
Chairman  
Tel: 812162



### Presidents Day

Great day of bowling and once again won by the Presidents team.

### Cooper Cup

Second leg return match, pulled back 21 shots and then we went on to win, well done to all who took part in this match.

### Clavering

We retained the cup.

### Carpet Bowls

Tuesday afternoons and Friday evenings - come along and give it a go, you may be surprised!!

### Diary dates

9<sup>th</sup> October 7.00pm for 7.30pm Carpet Bowls match Stansted v Quendon

21<sup>st</sup> November 7.00pm for 7.30pm Presentation Dinner

27<sup>th</sup> November 7.45pm Club AGM

For more information please contact me.

Doreen Scraggs  
Hon Secretary  
Tel: 815036 or 07812483178  
Email: doreenscraggs@talktalk.net

It has been a busy few weeks for us welcoming lots of new faces into our Caterpillar and Butterfly groups and it has been lovely getting to know them and helping them settle in. We were lucky to be able to buy some new maths equipment using funds donated by our leavers last year. A big thank you to all of them and we hope you are all loving your 'big schools'! Here is one of our current Butterflies, Haydn, making the most of the new equipment.



Our most recent topic has been traditional tales, exploring the stories of the *Three Little Pigs*, *Goldilocks and the Three Bears* and *The Three Billy Goats Gruff*. We have used puppets and props and the children have been involved in making the scenery using cardboard boxes, straw and more. Our story for harvest festival week will be *The Little Red Hen* and children will have the chance to see wheat on the stalk before going on to use flour in baking bread.

On Saturday 3<sup>rd</sup> October we will be hosting an open day at the nursery from 10.00am-12 noon. We welcome families to view the building and garden facilities, meet the staff, play and have fun. We will have craft activities the children can make and take home (including some edible treats to make) as well as some of our regular activities they can take part in. If you are unable to attend the open day but would still like to have a look at what we do, please contact us to arrange a visit. Birchanger Nursery is a highly respected local preschool facility in the grounds of, but separate from, Birchanger Primary School. In our beautiful rural setting and well-equipped building we provide a safe, caring and stimulating learning environment for children aged 2½ to 5. To arrange a visit see our Facebook page at [www.facebook.com/BirchangerNursery](http://www.facebook.com/BirchangerNursery), telephone our administrator Jen Munton on 810800 or email: [admin@birchangernursery.org](mailto:admin@birchangernursery.org).

Kirsty Moore  
Birchanger Nursery Committee



## POND WORKING GROUP

10 am - noon Sun 4th Oct

Meet 10 am at  
**Bentfield Pond**

Please wear your wellies  
and bring strong gardening gloves  
*Everyone welcome to join the fun!*

Organised by Stansted Parish Council  
Tel 813214 (mornings)



## Stansted Messy Church

3.30 - 5 pm Sun 4th Oct  
St Mary's School, Hampton Rd

**Activities - Celebration - Food**

An exciting and informal style of church for families, particularly with children under 12  
Older children also welcome - bring an adult!

[www.stanstedchurches.com/messychurch](http://www.stanstedchurches.com/messychurch)



## STANSTED AUTUMN LITTER PICK

10 am - noon Sat 10th October

Meet 9.45 am at  
Crafton Green, Chapel Hill  
*Bring strong gloves - equipment provided*

**FREE FISH & CHIP LUNCH**  
courtesy of Churchill's

Organised by Stansted Parish Council  
All Welcome ~ tel 813214 (mornings)

## WHAT'S ON IN OCTOBER

1	Thu	Stansted History Society	Day Centre 8 pm
2	Fri	Stansted Business Forum	Linden House 7 for 7.30 am
4	Sun	Pond Working Group	Bentfield Pond 10 am - noon
		Windmill Open	1.30 - 5.30 pm
		Stansted Messy Church	St Mary's School 3.30 - 5 pm
6	Tue	Safer Living Event	Day Centre 10 am
		Stansted is Well Read	Dog & Duck 8 pm
7	Wed	Mountfitchet Seniors	Day Centre 2 - 4 pm
		Mountfitchet Garden Club	Day Centre 7.30 for 8 pm
8	Thu	WI	Day Centre 7.45 pm
10	Sat	Village Litter Pick	Crafton Green 10 am - noon
		U3A Singers' Concert	Free Church 7.30 pm
10 & 24	Sat	Family Café	Day Centre 10 - 11.30 am
11	Sun	<b>Link copy due in today</b>	<b>before 12 noon</b>
11 & 25	Sun	Skips	Lower Street Car Park 9 am - 1 pm
12	Mon	Shalom	7 Blythwood Gardens 8 pm
13	Tue	Dementia Café	Quaker Meeting House 10 am - noon
15	Thu	Stansted U3A	St John's Hall 1.30 for 2 pm
17	Sat	U3A Seminar	Free Church Hall 9.30 am - 12.30 pm
		Music@stansted	St John's Church 7.30 pm
18	Sun	Village Harvest Supper	St John's Hall 6 pm
21	Wed	Stroke Awareness Event	Mountfitchet House 12.30 - 2 pm
24	Sat	Police Street Meet	Library 9.30 - 10.30 am
		Windmill Race Night	Day Centre 7.30 for 8 pm
26	Mon	Shalom At Home	13 Blackbushe, B Stortford 8 pm
31	Sat	Shoe Box Collection Morning	Free Church Foyer 10 am - noon
		U3A Halloween Dance	Forest Hall School 7.30 for 7.45 pm



## Saturday Seminar

In the Tracks of Brunel  
Building Crossrail  
London's New Rail Gateway  
*by Andrew Jellis*

**9.30 am - 12.30 pm Sat 17th Oct**  
**Stansted Free Church Hall**

Tickets £4 members, £5 non-members  
from Alan tel 07790 213510  
Email: [stanstedseminars@gmail.com](mailto:stanstedseminars@gmail.com)



**7.30 pm Sat 17th October**

**St John's Church**

**Trio Isimsiz**

Pablo Benedi (violin) Michael Petrov (cello)  
Erdem Misirlioglu (piano)

**Schubert - Shostakovich - Beethoven**

*Tickets adults £15, under 18s free  
from Absolute Travel, Nockolds, B S;  
Sonia Levy 815282; or at the door*



## Stansted Millers Race Night

7.30 for 8 pm Sat 24th Oct  
Day Centre

*Tickets £10 (byo drinks)  
incl Fish & Chip Supper  
from Molly on 816768*

**Windmill Open**  
Sun 4th Oct 1.30 - 5.30 pm



## Halloween Dance

60s & 70s Music from Vintage Velvet

7.30 for 7.45 pm Sat 31st Oct  
Forest Hall School

Tickets £13.50 tel 503848  
incl fish & chip supper  
Bring your own drinks & nibbles



**OPEN DAY**

**Sunday 18th October**

11.30 am - 5 pm (last entry 4 pm)  
Children's Halloween Trail 12 - 3.30 pm  
(extra treats for those in fancy dress)  
Complimentary Tours at 12.30 & 2.30 pm  
*Last opening for the season*  
Adults £3.50 Children Free  
Bacon Baps & Homemade Soup until 2.15 pm  
Cakes & Drinks until 4.30 pm  
**All Welcome Tel: 01371 876979**



ST CLARE  
HOSPICE

## FUNDRAISING LUNCH

12 - 2.30 pm Fri 23rd Oct  
Manuden Village Hall

Raffle & Stalls

**Tickets £20**

from Valerie 814544 until 8th Oct and  
after then from Peter on 817823



with The Stroke  
Association

## Stroke Awareness & Prevention

including TIAs  
(also known as a mini-stroke)  
12.30 - 2 pm Wed 21st Oct  
Mountfitchet House, High Lane

Please tel Sharon 818230  
Email: [sharon.butler@careuk.com](mailto:sharon.butler@careuk.com)  
**FREE - All Welcome - please book**



**Village Harvest  
Supper**

6 pm Sun 18th Oct St John's Hall

Tickets: Adults £6 schoolchildren £5 from  
814059, 814865 or St John's Office  
815243 (see page 3 for opening times)  
All Welcome - advance booking required



**Collection Morning**

For Shoe Box items & Empty Shoeboxes  
10 am Sat 31st Oct Free Church Foyer  
For a list of suitable items see Link article

## CHIROPODIST & PODIATRIST Stansted

and Bishop's Stortford

- ◆ Orthotics
- ◆ Diabetic Foot Care
- ◆ Evening & Saturday Clinics
- ◆ Routine Treatment

**R Handford & Colleagues**  
**H.P.C. Registered**

36 Lower Street, Stansted  
Also at 16 Hockerill Street, Bishop's Stortford

01279 652249 info@feet.org.uk  
www.feet.org.uk



**George Cooper**

Physiotherapy & Sports Injury Clinic  
27 Cambridge Road, Stansted CM24 8BX  
Free parking at rear

Chartered Physiotherapist  
MCSP, SRP, HPC, MSC,  
BSC (HONS)

**\* Sports Rehab Gym \***



15 yrs experience in professional football treating the following:

Neck Pain ~ Back Pain ~ Pelvic Pain ~ Sciatica  
Tennis/Golfers Elbow ~ Osgoods Schlatters  
Shin Splints ~ Severs Disease ~ Sprains ~ Strains  
Tendinitis ~ Arthritis ~ Whiplash ~ Carpal Tunnel

Tel: 01279 813253  
Mob: 07972 375956  
Email: info@gcphysiotherapy.co.uk

www.gcphysiotherapy.co.uk



## Why live with your aches and pains?

**Hazel Williams** is one of the few practitioners who specialises in both structural and cranial osteopathy to treat a wide range of patients from babies to the elderly, from the immobile to athletes.

Her treatment can help with: back, neck, joint, arthritic and muscle pain, trapped nerves, sports injuries, headaches and migraine. She also incorporates acupuncture to aid pain relief and provides specially formulated pilates classes to help with rehabilitation.

Her aim is simple... **to give you continual relief from pain wherever possible.**

To claim your **free assessment consultation\*** please call Hazel at her surgery on:

**01279 813371**

61 Blythwood Gardens, Stansted, Essex.  
osteopathy@hazel-williams.co.uk  
www.hazel-williams.co.uk

\*Hazel Williams reserves the right to remove or change this offer at any time without prior notification.

0  
the osteopath

*Lower Street Clinic*  
36 LOWER STREET, STANSTED, ESSEX  
ESTABLISHED 1989

*Osteopathy, Cranial Osteopathy*  
*Aromatherapy, Homeopathy*  
*Chiropody/Podiatry*  
*Infant Massage Instruction*  
*Pilates Instruction*  
We have a specialist clinic for  
pregnant mothers, infants and children.

FOR FURTHER INFORMATION OR  
TO MAKE AN APPOINTMENT, PLEASE TELEPHONE

**01279 815907**

## Chiropractic & Physiotherapy Clinic

How are **YOU** feeling today?

We offer Chiropractic, Acupuncture, Massage and Rehabilitation Exercise for the treatment of:  
**Back Pain, Neck Pain, Minor Sports Injuries, Migraine and other Joint and Muscle Problems**

*"Our clinics have been awarded quality awards for patient care and clinical management by the Royal College of Chiropractors"*

**\*\*Saturday morning appointments available\*\* Immediate Access No GP Referral required**  
Guidelines published by the National Institute for Health and Clinical Excellence (NICE) recommend the option of spinal manipulation, acupuncture and exercise for the management of certain types of low back pain www.nice.org.uk/cg88

We are offering an initial consultation with a **Chiropractor** or **Physiotherapist** which includes a thorough physical and spinal examination for **£25** (normal fee £50) on production of this advert.

\* MRI on referral \* Digital X-ray available on site \*

\* Dexa Scanning for Osteoporosis available \*

Stansted Chiropractic & Back Pain Clinic

**01279 815336** BUPA and AXA/PPP

Members of the British  
Chiropractic Association

Mark Gurden MSc (Chiro), DC, PhD  
Marcel Morelli MSc (Chiro), DC.  
And Associates

Registered Doctors of Chiropractic

20 Cambridge Road, Stansted CM24 8BZ  
Registered with the General Chiropractic Council

www.greatback.co.uk

## BIRCHANGER WOOD

www.birchangerwoodtrust.org

Birchanger Wood, an ancient woodland, contains deciduous trees that are losing their last leaves in October and becoming dormant for the winter. An ancient woodland is designated as being land which has been continuously wooded since AD1600 in England and Wales. It should be appreciated that while 300-400 years seems suitably 'ancient' in human terms, it is a mere blink of an eye in nature's time scale - less than half the lifespan of a single large oak tree which may live for up to a thousand years! Don't let ancient woodland disappear ...

Ancient woodland is **not fully protected** in the UK and more than 1,000 hectares have been destroyed in the last decade. Over 500 ancient woods are under threat **right now** from planning applications for development including golf courses, campsites, roads, houses, sports facilities and car parks.

Birchanger Wood is owned by The Birchanger Trust, a charitable trust which operates under the auspices of the Charity Commission. We are advised by The Forestry Commission who provide a grant towards a programme of work designed to keep the woodland fit and healthy. The hard work necessary to achieve this is carried out by a dedicated group of volunteers who come up and work in the Wood every Saturday under the positive eye of our volunteer warden, Pat Forrest. The Trustees oversee the financial position and are dedicated to ensuring Birchanger Wood remains an asset to the local community - a place of solace, for healthy exercise, for use by those of all ages and abilities, a place to enjoy, and a place for the community to enjoy and be proud of, and it is free to all users.

We do need more volunteers, so please come along to the Compound in Birchanger Wood. Take the footpath off Heath Row which leads to the Water Tower and the woodland main entrance, on Saturdays 9.00am-10.00am and 2.00pm-3.00pm and meet Pat. Buy your firewood from the Compound - same times. Meet the sanctuary hedgehogs. The cut wood costs £10 per wheelbarrow load, or £70 per cubic metre.



Daphne Wallace-Jarvis  
Email: secretary@birchangerwoodtrust.org



## STANSTED GP SURGERY

### Patient Participation Group (PPG)

A meeting was held to relaunch the PPG on 10<sup>th</sup> September; more news to follow.

### Staffing

We are pleased to announce the appointment of a new Salaried GP, Dr Angus Henderson who will start with us in January. More reception hours will be available from October which we hope will help with accessing the surgery.

### Patient Appointments

Our opening hours are 8.30am-6.30pm weekdays although we do offer a range of appointments between 7.00am and 7.00pm on selected days. Appointments are bookable on line at [www.thestanstedsurgey.nhs.uk](http://www.thestanstedsurgey.nhs.uk). Internet registration forms are available from the practice. You can book appointments by telephone 8.30am-1.00pm and 1.45pm-6.30pm or you can book in person at the surgery 8.30am-6.30pm. In August we lost 26 hours of appointment time through patients failing to attend their appointments. It is easy to book and cancel appointments online.

### Your Feedback

The Friends and Family test is now available through the touchpad screen and we are starting to gather more of your feedback – 82% of responses said that they were likely or extremely likely to recommend our service. Please feedback every time you use the service as it ensures we are in touch with how you view us.

### Flu Vaccination season starts in October

Appointments are now bookable for our flu clinics on:

Saturday 3<sup>rd</sup> October  
Saturday 17<sup>th</sup> October  
Tuesday 20<sup>th</sup> October  
Thursday 29<sup>th</sup> October  
Monday 16<sup>th</sup> November.  
Saturday 7<sup>th</sup> November (children only)

The following people are eligible for flu vaccinations:

Pregnant women  
Children aged two, three and four years on 31<sup>st</sup> August 2015  
All those aged 65 and over  
Those aged 6 months to 65 years in 'at risk' groups:

COPD/Asthma  
Chronic heart disease  
Chronic kidney disease  
Chronic liver disease  
Stroke or TIA's  
Diabetes  
Immunosuppression  
Asplenia or dysfunction of the spleen

*Please be aware that we are only permitted to treat those who are eligible.*

**Please note that the surgery will be closed on the afternoon of Wednesday 28<sup>th</sup> October for staff training.**

Tracey Sneddon  
Practice Coordinator  
Tel: 818059



### FREE 1-to-1 Adult Weight Management

Our evidence based, successful programme is now running on Wednesday mornings in St John's Hall, Stansted

To register and book your first appointment please call

0800 022 4524 or

email: [acecic.weightmanagement-adults@nhs.net](mailto:acecic.weightmanagement-adults@nhs.net)

ACE Lifestyle is part of Anglian Community Enterprise (ACE) Community Interest Company who provide high quality NHS Community Health Services

## Mitchell School of Dance

Mrs Mitchell LISTD Dip AISTD AES Dip

Fully qualified and registered teacher

Email: [wmitchelldance@gmail.com](mailto:wmitchelldance@gmail.com)

*Dancing Displays Examinations*

*Choreography National Competitions*

St. John's Church Hall, Stansted

Birchanger Church Hall



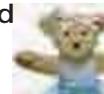
Tel: 01992 812781



Graham School  
of Dance  
& Theatre Arts



Outstanding tuition for children in **BALLET** (RAD) and **MODERN DANCE** on Mondays after school during term time at the **QUAKER HALL, STANSTED** plus **MELODY BEAR** classes for **pre-school children** to introduce children to **dance & movement** in **Takeley, Felsted & Bishop's Stortford**



Classes at our **OWN STUDIOS** in **Bishop's Stortford** including **Tap, Street Dance, Jazz, Drama and Musical Theatre + Adult Ballet and Adult Tap**

For further details and a **Free Prospectus:**

Telephone: **01279 654423**

Email: [info@grahamschoolofdance.co.uk](mailto:info@grahamschoolofdance.co.uk)

[www.grahamschoolofdance.co.uk](http://www.grahamschoolofdance.co.uk)

## Back to Basics Pilates Class

with **Hazel Williams** Registered Osteopath

7-8pm every Friday

9-10am every Saturday

8-9pm every Monday



At the Quaker Hall, Chapel Hill, Stansted Mountfitchet. To book one of the limited places available please call Hazel on: **01279 813371** or **07973 409675** or to find out more go to [www.hazel-williams.co.uk](http://www.hazel-williams.co.uk)

Please wear loose clothing and bring an exercise mat.

**50% introductory class on Fridays only** (subject to availability)



A Pilates & Yoga studio at  
Wickham Hall, Bishop's  
Stortford

Use Pilates reformer beds to gain core strength, fitness and flexibility in a way that is gentle on the body regardless of age, weight or fitness level.



Book your first  
Class for only £5

Tel: **01279 757633**

[www.akashawellness.co.uk](http://www.akashawellness.co.uk)

## Pilates



1:1 Studio Lessons  
- latest equipment  
Group Matwork Classes  
- up to 10 per class

- Strength without bulk
- Longer, leaner muscles
- Improved posture & mobility
- Coordination & balance
- Well-being & confidence
- Rehabilitation after injury

Tony Boardman

Mobile: **07964 325783**

Studio: **01279 813254**

Email: [tonepilates@btinternet.com](mailto:tonepilates@btinternet.com)

Web: [www.tonepilates.co.uk](http://www.tonepilates.co.uk)



SimplyTeeth

Leading Dentists in  
Stansted & Bishop's Stortford

**Smile with confidence**

**0% FINANCE AVAILABLE**

Want to improve your smile? We provide all treatments and have a wealth of experience in all aspects of dentistry.

- *Cosmetic Dentistry* • *Implants* • *Tooth Whitening* •
- *Invisible Braces* • *Anti-Wrinkle Treatments* •

**Accepting New Patients**

Open Saturdays and Evenings

Member of British Association of Cosmetic Dentists

Call **01279 815041**

Email: [info@simply-teeth.co.uk](mailto:info@simply-teeth.co.uk)

[www.simply-teeth.co.uk](http://www.simply-teeth.co.uk)



## STANSTED HALL & ELSENHAM CRICKET CLUB

One of the Club's goals at the beginning of the season was for the 1<sup>st</sup> XI to get promoted. I am delighted to say that this was achieved on the final Saturday of the Herts and Essex League programme. A comprehensive victory over our closest rivals, Braughing, means that the team will play in Division 2 next season. The U15 team are due to play Dunmow in the final of the Hugh Craig Cup in September and a victory would mean that they have been unbeaten all season in this competition. The standard of the junior coaching at the Club this summer has been exceptionally high and three more members hope to become qualified assistants during the winter. Numerous youngsters from the Club will be trialling for West Essex in November. The U11s and the adult team will be playing indoor league cricket at HECC during the winter. Many congratulations to Alisha Maxim, Matthew Stevens, Ewan Allwright and James Woollerson for winning Jack Petchey Achievement Awards. The Club was also presented with the Jack Petchey 'Crystal Award'.

During the winter months the Club will be holding a music quiz and a general knowledge quiz. If you are interested in attending please contact me - your support would be appreciated. Finally we would like to thank Swords and Nockolds for their continued support and all advertisers, members and parents – thank you all for making the Club such a happy one.



David Brown  
Tel: 831011

Email: david.r.brown1@btinternet.com

## STANSTED MESSY CHURCH

[www.stanstedchurches.com/messychurch](http://www.stanstedchurches.com/messychurch)



**Sunday 4<sup>th</sup> October 3.30pm-5.00pm at St Mary's School**

**Stansted Messy Church** is an exciting and informal style of church for families, with activities, celebration and food, and an emphasis on **FUN!** We welcome families, particularly those with children aged under 12. However, older children are also welcome as long as they come with an adult.

**God Welcomes Everyone** is the theme for our first event on 4<sup>th</sup> October. There will be an opportunity to try a variety of craft activities which are suitable for children and adults. This will be followed by a time of celebration, exploring the theme and using some of the items produced in the activities session. After the celebration, everyone has tea - sandwiches, drinks, cakes, crisps, snacks, and fruit.

The event is arranged by Churches Together in Stansted and there is no charge. We are planning six events throughout the year. Visit [www.stanstedchurches.com](http://www.stanstedchurches.com) for more details of Stansted's Messy Church or for more general information about Messy Church see [www.messychurch.org.uk](http://www.messychurch.org.uk).



Marion Dyer Tel: 814059  
Richenda Whitehead Tel: 813875  
Email: [messychurch@stanstedchurches.com](mailto:messychurch@stanstedchurches.com)  
Publicity Team

## DID YOU KNOW?

That it was the Romans who brought pepper to Britain and it became so valuable that pepper was often used as collateral or even currency. When the Visigoths attacked the city of Rome in 408 AD they were induced to leave only on payment of a huge ransom that included gold, silver, large quantities of silk and a tonne of pepper. In British legal parlance, a single peppercorn is a metaphor for a very small payment, a nominal consideration, used to satisfy the requirements for the creation of a legal contract.

In the Dutch language, 'pepper expensive' is an expression for something very expensive. Author Christine McFadden spoke about the importance of pepper in a recipe: *"You just couldn't get enough of it. Wars were fought over it, and if you look at Roman recipes, every one starts with 'take pepper and mix ...'."* A third-century Roman cookbook probably based on one from the first century AD includes pepper in a majority of its recipes. 'No other spice can do so much for so many different types of food, both sweet and savoury'.



Black peppercorns were found stuffed in the nostrils of Rameses II, placed there as a part of the mummification rituals after his death in 1213 BC. Little is known about the use of pepper in ancient Egypt and how it reached the Nile from South Asia. It was originally grown on India's Malabar Coast. In 1240, Richard Payne of Stansted, was accustomed to paying William de Hauville the younger, an annual rent of one and a half pounds of pepper for land in Takeley called La Leye, and also three and a half acres, which he used to hold but gave up owing to his being strapped for cash. (Casse).

Ralph Phillips



## RSPB STORT VALLEY GROUP

[www.rspb.org.uk/groups/stortvalley](http://www.rspb.org.uk/groups/stortvalley)

**Quiz night** 10<sup>th</sup> October 7.00pm for 7.30pm, Charis Centre, Water Lane, Bishop's Stortford. Tickets £12 to include fish, chicken or vegetarian and chip supper, from Linda Perry email: [perrylinda65@gmail.com](mailto:perrylinda65@gmail.com) or contact me.

Sheila Bowles  
Tel: 814973

**Please support our advertisers  
and mention that you saw their advert  
in The Link.**

## FAMILY NEWS (LONDIS)

13 Chapel Hill, Stansted CM24 8AB

Wide range of NEWSPAPERS and MAGAZINES  
GET IT DELIVERED TO YOUR DOOR STEP

Foreign Language Newspapers and Magazines  
(Irish, Spanish, Polish, German, Italian etc) also available  
Wide variety of greeting cards, sweets, drinks & confectionary

We deliver 7 days a week

Tel 813485 Email: [orders.familynews@gmail.com](mailto:orders.familynews@gmail.com)

**OPEN:** Mon - Sat 5.30am - 5.30pm; Sun 5.30am - 1.30pm

Are you thinking about making your will?

## Herts & Essex Wills

offers clients a Will drafting service at a FIXED FEE  
with appointments in your home at a time to suit you

To arrange an appointment or for a brochure

**Please call 01279 505234**

[www.hertsandessexwills.co.uk](http://www.hertsandessexwills.co.uk)

Member of the Institute of Professional Willwriters

[www.naturalfamilyhealth.org.uk](http://www.naturalfamilyhealth.org.uk)

## Jan Rickwood



Lower Street Clinic 36 Lower St  
Stansted Essex CM24 8LP

**01279 815907**

**07889 375200**

[jan.rickwood@btinternet.com](mailto:jan.rickwood@btinternet.com)

**Homeopathy  
Aromatherapy  
Baby Massage**

## Taylor Computer Services (Stansted)

On-site Computer Maintenance/Repairs for Home or Business

**DON'T BE RESTRICTED TO OFFICE HOURS, I CAN VISIT  
YOUR HOME OR OFFICE DURING THE DAY, EVENINGS  
OR WEEKENDS AT A TIME TO SUIT YOU.**

Wireless Networking and Broadband Setup, Data Transfers,  
Hardware & Software Installation, Virus & Spyware Removal &  
Protection, New PC Setup & Training

Call Derrick on 01279 816418 ~ 07926 289749

Email: [deltaylor61@btinternet.com](mailto:deltaylor61@btinternet.com)

## CHIROPODIST

**Mrs Julie Golden**

HPC Registered  
State Registered

Home Visiting Practice  
Est. 1994

**01279 873492**

07916 075451

A professional service...

...at a competitive price

## TUITION

Reading ♦ Writing ♦ Maths ♦ Science

I have many years of experience,  
teaching throughout the primary  
age range (4-11 years) and as a  
school SENCO. Give me a call  
to discuss your child's needs.

**Katy Dockerill**

☎ 01279 812997



Computer repairs for  
homes and businesses

Repairs - Upgrades - Virus removal

**NO CALL OUT FEE**

OnSite - £30 1st hr, £20 per hr thereafter

**NO FIX NO FEE**

Fixed price on collection & return repairs

For a friendly and reliable service call  
Mark on 01279 897243 / 07815 011925

## MONIQUE'S CHILDMINDING

- ♦ Very good Ofsted Report
- ♦ CRB checked, Paediatric First Aid trained
- ♦ Food Hygiene trained
- ♦ Complete childcare service for children 0 - 16 years
- ♦ Provide a Fun, Safe, Warm and Loving Home
- ♦ Free Funding for 3 & 4 year olds



Please visit my website for more information

**[www.moniqueschildminding.co.uk](http://www.moniqueschildminding.co.uk)**

or call 01763 837233 or 0788 3088 555

## VIOLIN, PIANO (Classical & Jazz) and SINGING LESSONS



All ages & abilities welcome ABRSM Exams

Tuition outside school hours so no vital core  
curriculum school lessons missed

**JAMES PRIEST BMus, MMus in Performance TCM**

Former Singing Coach to Saffron Walden Choral Society

To discuss individual requirements tel 01279 647050

## BISHOP'S STORTFORD DOG TRAINING CLUB

For all your Dog Training needs including Puppy Classes  
Kennel Club Registered

Tuesday 7 pm Village Hall, Church Road, Gt Hallingbury CM22 9TY



- ♦ Reward Based Training
- ♦ Learn to teach Basic Obedience
- ♦ Affordable
- ♦ Experienced Instructors
- ♦ Good Citizen Scheme
- ♦ All Breeds & Ages Welcome

Contact Sue 01279 812785 or Jen 01279 815612

## Horse Riding Lessons

Nichola

Private, Shared and Group lessons

Total Beginner to Advanced

Visit you and your horse at your arena

Or lessons at local equestrian centre

**Nichola Smith**

Freelance Instructor

07590 411358

[Nichola@LearnToRide.Horse](mailto:Nichola@LearnToRide.Horse)

**[www.LearnToRide.Horse](http://www.LearnToRide.Horse)**

## RITA MORSON'S BOOK



Some people may remember that my wife Rita broke two bones in her neck in a car accident in July 2011. We were first told that surgeons had less than an hour to save her; then that she could be paralysed from the neck down; and finally that she would not walk again. Miraculously, four months later, she was able to walk out of Stanmore

Hospital and come home. During this time, she was overwhelmed by the generous support she received from the local community with over 300 cards being sent to her. As a result, she wanted to say *Thank You* and wrote a book mark that was distributed to as many people as possible. The sentiments she expressed were so moving that she was encouraged to expand her experiences in a short book. This is to be published in October.

The book is called *Who Says?* which refers to a conversation she had with a close friend the day after she had been told that she would not be able to walk again. Michael's seemingly stubborn and repetitive response "Who says?" when Rita conveyed this news to him began to sink in and became an inspiration to her to recover. Her story in the book is about this journey from despair to recovery. It is not a narrative, but a series of episodes and musings on her experiences in Addenbrookes and Stanmore, some tragic, some amusing, some sad, and others inspirational and courageous. The book is not designed to be critical of medical opinion, but rather about the dogmatic way that conditions are conveyed to patients. It is not about giving false hope, but rather seeing how far you can go on the journey. The book has helped Rita to come to terms with what has happened to her, but also has unexpectedly revealed that she has a unique written style which has immediacy for the reader; you are with her every moment!

At the time of writing this article, the publisher has not confirmed a price for the book, but it is likely to be less than £10. The objective is not to make money but to inspire others. If you would like to order a copy please contact me. When the books are ready there will be local venues (to be announced) where they will be available.

David Morson  
Tel: 850209  
Email: davidmorson20@gmail.com

## LITTLEBURY CHURCH

**Cara Winter in Concert** with string quartet, band and grand piano on Sunday, 11<sup>th</sup> October, doors open 6.00pm, concert 6.45pm-8.45pm in aid of the Stillbirth and Neonatal Death Society, (SANDS) and Holy Trinity Church. Tickets £10, accompanied students £2.50 from Saffron Walden Tourist Information, [www.saffrontickets.com](http://www.saffrontickets.com) or from me.



Janice Rust  
Tel: 01799 521312  
Email: bjrjrust590@btinternet.com

## ST MARY'S C E FOUNDATION PRIMARY SCHOOL



*Learning together we care, share and prepare*  
[www.stmarysstansted.co.uk](http://www.stmarysstansted.co.uk)

The new school year seems to have come upon us very quickly! It was a pleasure to have the children return looking smart, rested and ready to learn. The new intake into Foundation Stage has settled well; we have also welcomed pupils into some of the older year groups.

St Mary's has been in our new building now for three school years (less a few weeks). The school grounds are returning to full use after the building of the extra classroom, the planted areas are maturing nicely, and the trees are becoming more substantial. We have made Learning Outside the Classroom one aspect of school improvement this year, led by Mrs Gillson Hill and Mrs Kelly (with time and muscle power donated by their husbands!). We now have an allotment ready to be dug over and planted with winter vegetables; parents have helped by collecting logs for piles to create insect habits and the pond area and wild flower area is also a rich resource. The plans for the grounds also provide a variety of activities for playtimes including quiet areas to sit to read and talk with friends.

The school was saddened by the death of Marion Johnson this summer. Marion was a teacher at St Mary's for many years. She maintained her connection with the school long after her retirement, as the Huw Johnson Club barbeques and Christmas parties were held in the school hall. She enjoyed reminiscing about her time in the school and had many anecdotes about her old colleagues! She was also a great source of information when we carried out a study of the history of St Mary's in the year we left the St John's Road site. Marion very generously left a legacy with which we have set up an honours board, recording names of pupils who have received our annual awards for Sportsmanship, Citizenship and Leadership. If you are new to the area and would like to arrange a visit, please call 812212 or email: [admin@st-marys-stansted.essex.sch.uk](mailto:admin@st-marys-stansted.essex.sch.uk). Meanwhile, you may learn about the school from our website.

Christine Tonkins  
Headteacher

## LINK ADVERTISING

**Our new printing year begins next month  
and we have a few spaces left**

**Black and white (with spot colour) ads on the  
inside pages start from £200 for the whole year!**

See [www.stanstedlink.org.uk/advertising](http://www.stanstedlink.org.uk/advertising)  
for a price list and booking form

or if you do not have internet access  
call Marion on 814059

*We look forward to hearing from you!*

## Get the Most out of Life

One session help with  
smoking therapy  
(plus support)  
Weight ~ Gastric Band  
Confidence ~ Exams  
Phobias ~ Anxiety  
OCDs ~ School  
Hypnobirthing  
Irritable Bowel Syndrome  
Past Lives  
*and much more*

### Glynis Cheers

MA, CIPD, DPM, BSCH,  
Diploma Clinical Hypnosis  
**01279 812165**  
threecheers@btinternet.com



### Family & House History Research Service

by Qualified Professional Genealogist  
Lisa Dunbar DipGen

- All types of genealogical research from brief look-ups to full family histories and family trees
- Brick-walls solved in your own research
- Bespoke family history books ideal Birthday & Christmas presents
- House Histories in Herts, Essex, Suffolk and Cambridgeshire

**Tel: 01279 817073**

**Mob: 07966 501874**

www.pastdiscoveries.co.uk  
enquiries@pastdiscoveries.co.uk

## Stansted Psychotherapy

*Emotional Relief*

*Behavioural Change*

*Mindfulness & Relaxation*

Psychotherapy, Counselling  
& Coaching

### Sian Lloyd

UKCP Registered Psychotherapist

Experienced, Local, Confidential

Why wait any longer?

**Tel: 01279 817976**

sian@stanstedpsychotherapy.com

## HEARING HELP ESSEX

FREE HELP  
for problems with  
NHS Hearing Aids  
at  
Stansted Day Centre  
2 - 4 pm  
on the last Tuesday  
of every month

For more information ring  
01245 348440  
(10 am - 3 pm)

Registered Charity No. 1113498

## ESSENTIAL GEM

Head to Toe in Beauty  
Mobile beauty therapy by Gemma Wright

All your beauty needs in the  
comfort of your own home:

- ✓ Waxing
- ✓ Tinting
- ✓ Manicures and Pedicures
- ✓ GelColor by O.P.I.
- ✓ Massage
- ✓ Facials
- ✓ St Tropez Spray Tans

**Fully Qualified & Insured**

*Gift Vouchers Available*

For appointment please call  
**07921 522380**

gemma@essentialgem.co.uk  
www.essentialgem.co.uk

## BARNET FAYRE VANITY FAYRE

### Hair & Beauty

32A Lower Street,  
Stansted

**Your friendly  
Local Salon**

**Est 20 years!**

Please telephone:

Hair 01279 813087

Beauty 01279 813180



## SAINT NICHOLAS SCHOOL

New Pre-School  
for 3 & 4 year olds  
**NOW OPEN**

Saint Nicholas School is committed to  
providing affordable, quality care to  
children in the community.

The Pre-school is open term time and  
we are offering full and part time  
places. Morning and afternoon  
sessions are offered separately and  
there is a breakfast club from 7:30 am  
and after-school club until 6:00 pm.

www.saintnicholasschool.net  
admissions@saintnicholasschool.net

Hobbs Cross Road, Old Harlow, Essex, CM17 0NJ  
01279 429910

***"I am really excited about this development  
which will enable young children to benefit  
from the quality education we provide,"***

*Keith Knight - Headmaster*



The subject for our August meeting was 'Treasures beneath your feet' and our speaker, Gordon Bailey, made it an extremely interesting one. He had enjoyed his hobby of metal detecting for decades and had been lucky with his finds, which included a gold pocket watch and gold coins but, as he explained, these sort of finds were rare. He illustrated his talk with objects that he had unearthed, including pewter plates, an Elizabethan spoon, a knife, and one of the earliest forks known as a pricker - a very dangerous looking item! From these sharp instruments he moved on to a safer looking porringer which was a small feeding bowl for a child. From eating implements he moved on to bells, the earliest of which was 2,000 years old. He explained how animals and children were 'belled' and showed us some examples. He rounded off his very entertaining talk with a brief history of the clay pipe showing us some examples, ranging in size from a large one used as a display model in a tobacconists to a very small one known as a 'fairy pipe'. After a lively question and answer session he invited us to come and have a look at his treasures and judged our competition.



This photograph shows Ugley WI members (l to r) Betty Francis, Judy Colliver, Dorothy Wallace, Margaret Sylvester, Andrea Fitt, Jill Smales and Ruth Rawlinson presenting a comic sketch based on a fictional committee meeting from the 1970s. This was Ugley WI's contribution to the annual Mountfitchet Group meeting held in August, when the WIs from Elsenham, Berden, Manuden, Stansted and Ugley got together. The sketch was enjoyed by over 100 ladies including the actress, broadcaster and writer Vanessa Miles.

Other highlights on the horizon include a talk on porcelain jewellery in October, the landscape and wildlife of Scotland in November and the 'Sound of instruments' for our festive finale in December. If this sounds like your cup of tea why not come and join us? Visitors are most welcome! We meet in Ugley Village Hall on the 3<sup>rd</sup> Wednesday of the month at 2.15pm.

Andrea Fitt  
Tel: 815922

## CORRECTION

The 'In Memoriam' to Catherine Sara Head 'Sally' in last month's The Link (page 4) should have read 7<sup>th</sup> February 1938 - 4<sup>th</sup> July 2015. Apologies to Lesley Hawkes and Sally's family for the error.

Editorial Team

It was good to welcome Tracy Mackness, best known as 'The Giggly Pig' lady, to our meeting in August. She was born in Romford where her Dad had a market stall (when he wasn't in prison), on which Tracy helped from a young age. She left school, which she was never very keen on, aged 15 without qualifications. Dad met another woman and sold the business and Tracy was devastated. She spent several years drifting around and met and married a gypsy (a great mistake) whom she divorced within a year. Husband number two was no better, and then the worst thing happened - she was implicated in drug dealing and was sentenced to 10 years in prison. This was the turning point of her life, and determined to make the best of it, she did as many courses as she could and obtained NVQ certificates in many subjects as well as getting herself fit. After five years she applied for open prison, telling them she had experience of farm-work; well she had visited a farm, and fallen in love with saddle-back pigs!! There followed an NVQ in pig-husbandry and eventually she became more qualified than the prison staff! On release she was able to borrow money from an old boyfriend and won a large sum of money on the TV programme 'Trading Places'. From then on her business has escalated; she has her own piggery with 800 pigs, employs 22 people and goes around many markets and schools. What an amazing achievement by a tough hardworking woman who has turned her life around. We were able to buy some of her products and I can definitely recommend the sausages!

We took part in the WI Group Meeting in Elsenham, where Vanessa Miles was the Speaker. Five local Institutes gathered together to hear her talk of celebrities and celebrations. She had some stories to tell of her famous sister Sarah; they both attended Benenden School when Princess Anne was there. Many of our members helped at the Windmill Fête on Bank Holiday Monday, most importantly serving the teas and selling cakes - we know what we are best at! At our next meeting on 8<sup>th</sup> October we are celebrating our 55<sup>th</sup> anniversary and are pleased to have three founder members still. To help us celebrate we have Chris Bishop to entertain us with songs and music and a buffet supper. This evening is for members only.



Judy Colliver  
President  
Tel: 812470



STANSTED MOUNTFITCHET  
LOCAL HISTORY SOCIETY

### Next Meeting

Thursday 1<sup>st</sup> October 8.00pm-10.00pm when Tony Kirby will be talking about the coming of the railways to Essex. Do come along - you will be warmly welcomed. Entrance is £2 which will give you two hours of "I didn't know that" with tea/coffee and biscuits. Meetings are in the Day Centre, off Chapel Hill (behind the Library) with plenty of parking. Any questions, please contact me.



Stephen Leaney  
Tel: 647177  
Email: stephenleaney@gmail.com

# STANSTED IN BLOOM

Below are some of this year's winning gardens



The winners and the organisers

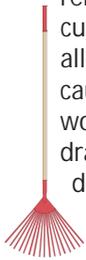


See page 20 for a full report and list of winners

## GARDENING TIPS FOR OCTOBER

An array of different leaf colours can appear during the month, partly due to the contrasting overnight and daytime temperatures. This is a great time for planting a variety of plants. Trees, shrubs and many herbaceous perennials benefit from planting in autumn as they concentrate on root growth, and are more prepared for living through the harsh summer heat (sic) next year. You can cheat and buy plants that are in bloom at the moment such as asters, nerines, anemones (be careful these can be a thug) and kaffir lillies (schizostylis).

If you haven't already done so, you can still perform lawn renovations, and when mowing, raise the height of the cut to 40mm. Keep on top of fallen leaves, and do not allow them to collect on the lawn, as they will quickly cause bare patches in the grass beneath them; also worms will make the job harder for you, as they will start dragging them down into their holes, and they become difficult to gather. A rotary mower or leaf vacuum is a great way of gathering fallen leaves, and they shred them quite small too. Build a leaf mould bin and chuck them all in and keep it moist; before long you will have wonderful leaf mould compost, ideal for sowing seeds or conditioning soil.



Also this month, think about digging over empty areas of soil or plant a green manure. Take hardwood cuttings from fruit bushes, roses and shrubs. Trim conifer hedges for the last time, preferably at the beginning of October. Lift and store gladiolus and dahlia rhizomes (bulbs). You can start planting tulip and lily bulbs, although tulips are best left until next month. Give the garden pond a good clean, ensuring all leaves and debris are removed. Fit sticky grease bands to the trunks of your fruit trees to catch crawling pests.



Paul the Gardener

### Nature Notes

Last month I responded to the advertisement in The Link asking for volunteers to put together a few words for the nature notes column in the magazine. Yvonne gave me the go-ahead to write this month's notes, so I thought for my first article I would try to encourage anyone who has taken the time to read this article to spend a few moments of your busy day no further than your garden.

How often do we appreciate our gardens and what visits us during the day and night. How often do we just sit in those lovely garden chairs just watching life around us, from what creeps in under the fence to what flies over our heads? So please, set aside time in the forthcoming month to take the time and put together a little assortment of nibbles, nuts and drinks for you (not for the birds or hedgehogs), grab your favourite garden chair and take the time to really appreciate who comes to pay you a visit. If you haven't done this for a while or at all, I guarantee you will be pleasantly surprised.



Watch out for the last visits of the red kites that are around at the moment and admire the beauty of their flight. In our garden we have an established honeysuckle which regularly attracts

hummingbird hawk moths. These beautiful creatures are around and visit gardens, especially at dusk, so if you have a variety of plants in your garden such as a honeysuckle, keep an eye out, they are fascinating to watch. Are you one of the really lucky ones that has a visiting hedgehog? So please take the time to watch all the creatures that pay you a visit throughout the year; it will give you the opportunity to actually appreciate your garden and all the work you have done to make it what it is.



Steve Leaney  
Tel: 647177



## THE HUNDRED PARISHES SOCIETY

[www.hundredparishes.org.uk](http://www.hundredparishes.org.uk)

In September, 20 members of the Hundred Parishes Society were led by Chairman Douglas Kent and Secretary Ken McDonald on a guided walk from Newport to Wendens Ambo. Douglas and Ken shared some fascinating details about the history of the older listed buildings, pointing out the skills of past builders and carpenters and the challenges placed upon successive owners who have occupied and cherished these buildings over many centuries. The walkers enjoyed the views from the footpath between Newport and Wendens Ambo, across the Cam valley towards Shortgrove and the distant spire of Saffron Walden's parish church. The group was ready for lunch at the Fighting Cocks. Getting out and about provides us with the opportunity to appreciate the variety of autumnal colours in gardens, parks and the wider countryside as the deciduous trees prepare to shed their leaves. Do try one or more of the recommended walks described on our website.

At this time of the year gardens too offer seasonal charms. Our website's What's On page shows the final day for visiting the Gardens of Easton Lodge is 18<sup>th</sup> October 11.30am-5.00pm (see page 27), whilst a walk around your own local area can reveal surprisingly colourful plantings too! As winter approaches, there are fewer outdoor activities, but our What's On lists a good variety of events around the area including walks, talks and evening concerts in great venues and for good causes. Should the weather be unsuitable for outdoor excursions then there are a couple of exhibitions worth viewing in Saffron Walden. The Fry Art Gallery features *The Art of Acquisition - the Great Bardfield artists' houses* until 25<sup>th</sup> October, whilst Saffron Walden Museum has *Uttlesford: a Community of Collectors*. Our What's On page has links to their websites.

Tricia Moxey  
Trustee  
Tel: 01277 364522

## ECATERINA LTD

### Domestic Cleaning Services

- ◆ Competitive rates
- ◆ Excellent References
- ◆ 8 Years Experience

Tel: 01279 899668 Mob: 07789 732009

Email: lia2006london@yahoo.com

www.ecaterinalimited.com

## GO-JO Quality Cleaning

Scrub, Polish & Buffing Services

Domestic ~ Commercial  
Office ~ Schools

01279 812524

07828 425944

j.freeman195@yahoo.com

Jo Freeman  
25 Years Experience



## CARPET & UPHOLSTERY

Professional Cleaning

Freshen up your home using a local competitive company

*Everyday dirt and grime reduces your  
Carpet and Upholstery life and it simply  
LOOKS and feels FRESHER*

**Call Nick: 01279 276 018**

For your **FREE** Quotation

Herts and Essex Carpet & Upholstery Cleaning



# CLEAR OVENS

## Oven Cleaning Specialists

Make your oven look showroom-fresh with a professional clean from Clear Ovens

For a **FREE**, no-obligation estimate call us now,  
on 01279 89 89 96  
Or visit us online at [www.clearovens.co.uk](http://www.clearovens.co.uk)

The difference is clear

## MEMORIALS

Direct From Stonemason

### J. Day & Son

Station Road, Bishop's Stortford  
FOR BROCHURE & PRICES  
OR A HOME VISIT CALL

**0800 7837521**

Bishop's Stortford 01279 654555

Edmonton 0208 807 3712

## HELPLINE

**07704 553727**

If you have a **PROBLEM**  
or are in need of  
**ASSISTANCE**

Monday - Friday  
9.00 am - 4.00 pm

Stansted's voluntary community care service



### Domestic Oven Cleaning

\*Ovens\* Ranges\* AGAs\* Hobs\*  
\*Extractors\* Microwaves\*

Fully insured, CRB checked and  
Trading Standards Approved



**01279 432444**

[www.ovenbright.co.uk](http://www.ovenbright.co.uk)



## CHIMNEY SWEEP & STOVES

[www.chimneysweepandstoves.co.uk](http://www.chimneysweepandstoves.co.uk)

Have your Woodburning Stove repaired and renovated:

- Replacement of fire rope, firebricks and cement
- Glass cleaning and replacement if damaged
- Exterior re-blackening
- General inspection for safety

Call **Bob Gliddon** on 07552 238536

Email: [bobgliddon@hotmail.com](mailto:bobgliddon@hotmail.com)

Facebook: Bob the sweep

Member of the Guild of Master Chimney Sweeps



saffron walden's

No.1 female  
village

# chimney sweep

Office: 01799 540232  
Mobile 07930 341750

[villagechimneysweep.co.uk](http://villagechimneysweep.co.uk)



## JOHN WILSON



### Manufacturing & Remodelling

### Jewellery for all Occasions

### 40 years Experience

Mobile: 07900 931 910 Workshop: 01279 647 878



## Native American & Cavalry League

Non profit-making Essex based group willing to appear at Fêtes and Charity Events with our Living History Encampment

For more details of shows and enlistment please contact **Gary Pavitt** on 01799 528315

## MOUNTFITCHET HOUSE

### Stroke Awareness and Prevention

Wednesday 21<sup>st</sup> October 12.30pm-2.00pm

What is a stroke?

When a stroke happens

What is a mini stroke (TIA)?

Risk factors – Prevention

Everyone welcome. To book a place please contact me.



Sharon Butler  
Customer Relations Manager  
Tel: 818230  
Email: Sharon.Butler@careuk.com



## OPERATION CHRISTMAS CHILD

### Shoe boxes

The following items **can** go in the boxes: school items, hygiene items, small toys, wind up torches, harmonicas, yoyos, skipping ropes, jewellery sets, hair bands and combs/brushes, wrapped sweets, small soft toys, hats, scarves and gloves.

The following items **cannot** go in to the boxes: used or damaged items, anything war related, chocolate, lotions, glass, knitted stuffed toys, marbles, mirrors or fragile items.

Boxes will be packed at the Free Church Hall at 7.00pm on **Thursday 12<sup>th</sup> November**. Items for the boxes can be brought to the foyer of the Free Church on **Saturday 31<sup>st</sup> October 10.00am-noon**, or to the packing evening, or you can arrange collection with us. Donations of money are also very welcome, as it costs £3 to ship each box. Thank you.

Helen Baker Tel: 814865  
Catherine Dean Tel: 813579  
Eileen Quinn Tel: 812109

## STANSTED FAMILY CAFÉ

[www.stanstedfamilycafe.org](http://www.stanstedfamilycafe.org)

### New opening hours!

From this month, we will be changing our opening hours to a slightly later time – we will now be doing creative children's activities and serving great coffee, cakes and healthy snacks from **10.00am** until **11.30am** some Saturdays and Sundays. If you have children or grandchildren of primary-school age or younger, and you have never been to the café, you are always welcome to come and try it out. There is no cost and no commitment – it's just a great place to bring your family or meet up with other families in a uniquely family-friendly café environment. Dates for October are Saturday 10<sup>th</sup> and Saturday 24<sup>th</sup>, at the Day Centre, Crafton Green. To see some craft items made by children at the café, or for more dates and information, why not take a look at our website?



Ros Page



Suzanne Parra



## STANSTED MOUNTFITCHET U3A

[www.stanstedu3a.org](http://www.stanstedu3a.org)

### Bournemouth 4<sup>th</sup>-7<sup>th</sup> September

A three night stay in Bournemouth at The Wessex Hotel did not disappoint - a stroll to the beach, or a walk into town that revealed a modern shopping centre, manicured park areas, street music and a tethered air balloon ride!! On Saturday we visited Lyndhurst then on to Salisbury. The Cathedral was spectacular both inside and out, including a Magna Carta exhibition!! On Sunday we were off to Dorchester, the home of Thomas Hardy. Here the County Museum displayed exhibits from the Jurassic Coast as well as Viking treasure and Saxon remains. Then on to Weymouth with sandy beaches and bustling promenade. On Monday, farewell to Bournemouth and on to Poole with fabulous yachts and Poole Pottery Workshop. Our final lunch stop was Windsor and then homewards. Thanks to Maggie and Jan.



### Ukulele Group

Stansted UKE 3A will meet fortnightly starting Monday 5<sup>th</sup> October 1.15pm-3.00pm in St John's Hall. Contact Pat Cooper email: [pkcooper@btinternet.com](mailto:pkcooper@btinternet.com). Teachers Keef Jackman and Annie Compton will give advice on purchasing instruments at the first meeting. You can contact Annie on 833154 or email: [annie.rosina.compton@gmail.com](mailto:annie.rosina.compton@gmail.com)

### Saturday Seminar

Saturday 17<sup>th</sup> October 9.30am-12.30pm Free Church Hall. *In the Tracks of Brunel - building Crossrail, London's new Rail Gateway*. Tickets £4 members, £5 non-members from Alan on 07790 213510 email: [stanstedseminars@gmail.com](mailto:stanstedseminars@gmail.com)

### Halloween Dance

Saturday 31<sup>st</sup> October 7.30pm for 7.45pm Forest Hall School. Tickets £13.50 with fish and chip supper (bring your own drink). Tickets at the monthly meeting or from Maggie on 503848.

### Christmas Lunch

Bury Lodge Hotel Thursday 17<sup>th</sup> December £20 per head.

### Next Meeting

Thursday October 15<sup>th</sup> 1.30pm for 2.00pm in St John's Hall. The speaker is Mel Rees. You'll never believe it but ...!

**Contact details** Stansted Mountfitchet U3A, c/o Stansted Free Church, Chapel Hill, Stansted CM24 8AG Email: [stanstedu3a@live.co.uk](mailto:stanstedu3a@live.co.uk)

Telephone: Helen (chair) 812945 Liz (secretary) 813270.

# DANIEL ROBINSON & SONS



*Independent Family Funeral Directors  
& Monumental Masons*

- 24 hour careline manned by local qualified managers offering free advice & support
- Lady & gentleman funeral directors
- Competitive pricing policy
- National award winning & liP Gold standard company

79/81 South Street  
BISHOP'S STORTFORD  
(01279) 655477

*please visit our website [www.drobinson.co.uk](http://www.drobinson.co.uk)*



# D.C. POULTON & SONS

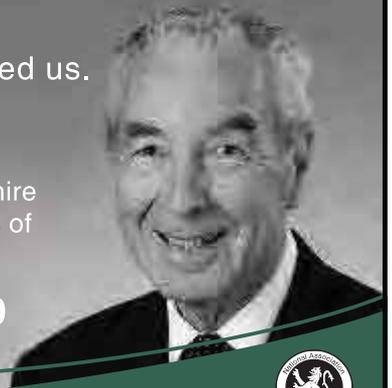
Funeral Directors & Memorial Masons

Serving the local community for over 100 years

Here for you,  
whenever you need us.  
24 hours a day

We have branches  
throughout Hertfordshire  
and Essex, for details of  
your nearest call

01279 813219



[www.dcpoulton.co.uk](http://www.dcpoulton.co.uk)

Responsive | Respectful | Trustworthy | Accessible | Progressive

## WE BUY ANY MOTORCYCLES ANY MAKE, YEAR, CONDITION

- BARN FINDS
- UNWANTED
- NON-RUNNERS
- DAMAGED
- MOT FAILURE
- PARTS
- MOTORCYCLES
- MOPEDS
- SCOOTERS
- QUAD BIKES
- TRICYCLES - THREE WHEELERS
- MOTORCYCLE TRAILERS



Call Darren on 07831 589763

Email: [dbkiddle@hotmail.co.uk](mailto:dbkiddle@hotmail.co.uk)

We also buy Toyota Hilux Pick-ups

## LEVER & Co.

Solicitors & Notary Public



A firm of Christian lawyers  
providing legal services in a  
professional, ethical, personal,  
caring & sensitive manner.

- ◆ Wills & Probate
- ◆ Trusts & Tax
- ◆ Care Fees
- ◆ Powers of Attorney
- ◆ Property
- ◆ Notarial Services

*Angela Lever  
welcomes your enquiries*

Offices located in  
North Street, Bishop's Stortford  
(behind Pizza Express)  
Parking Available  
Tel: 01279 758 760

Email: [alever@leverandco.com](mailto:alever@leverandco.com)

[www.leverandco.com](http://www.leverandco.com)



Adult Community Learning Centre  
St John's Road  
Stansted CM24 8JP  
[www.rainbowpreschool-stansted.co.uk](http://www.rainbowpreschool-stansted.co.uk)

Welcome Children  
Aged 2½ to rising 5's

Experienced Friendly Staff

'Children are eager to attend and  
clearly demonstrate that they are  
successfully developing the skills that  
will help them in the future' (OFSTED)



For further information  
please call 01279 814242

# Arthur Findlay College

Stansted

The World's Foremost College for the Advancement  
of Spiritualism and Psychic Science

Public Services with Demonstrations of Mediumship

from World Renowned College Tutors: **Sundays and Wednesdays 7.30pm – 9pm\***

We invite you to come along to our public events and activities to further your understanding of the Spirit World, the Science, Religion and Philosophy of Spiritualism.

College Book & Gift Shop - Private Sitzings Available - Call us to book an appointment: 01279 813636

Spiritual Healing Centre

Open to the public for Spiritual Healing on: **Tuesdays 10am–3.30pm and Saturdays 9.30am–11.15am\***

One Day Workshops

Available at: [www.stanstedhallpioneercentre.co.uk](http://www.stanstedhallpioneercentre.co.uk) Stansted Hall, Stansted, CM24 8UD Tel: 01279 813636

Full College Programme available FREE online at: [www.arthurfindlaycollege.org](http://www.arthurfindlaycollege.org)

Here For You On Your Doorstep In Stansted, The Arthur Findlay College, Stansted Hall.

We Welcome Absolute Beginners Up To Advanced Students.

\* please check for seasonal variations



# Stansted Network

NEWS FROM YOUR LOCAL COUNCILS

## YOUR LANDSCAPE AND THE NEIGHBOURHOOD DEVELOPMENT PLAN

As part of the Parish Council's background work on the Stansted Neighbourhood Development Plan the landscape architect, Liz Lake, is looking at the landscape character and seeking local views on what you think makes the village special. We welcome all contributions on this topic.

*The landscape in and around Stansted* is a reminder that Stansted Mountfitchet is a hilly place. The change in topography also provides views across the landscape and puts to bed the idea that 'Essex is flat'. Geologically we are on the boundary of the chalk of the south-west, west and north and London clay to the south, east and north-east. Erosion by the rivers and streams, including The Bourne, Ugley Brook and Stansted Brook that feed the River Stort, have helped create the features that we know and love.

The village has grown over the centuries and the rich range of architectural styles was clearly represented in the recent Magna Carta embroidery. Add in the extensive tree cover across the village and no wonder we live in such a special place.

**What do you value about the place you live and surrounding landscape? We need to know so that your view can inform the proposals for the future. Below are questions about the places you like to be, footpaths, trees and views.**

Let us know your views by emailing [parishcouncil@stansted.net](mailto:parishcouncil@stansted.net) by 30 October.

### *The Special Places*

Stansted has so many different characters but which are your favourites? Perhaps it is the view from Chapel Hill across to the historic Stansted Park, the medieval street pattern around Lower Street, the quiet of Bentfield Green, the space to run on the Recreation Ground, the churches, or the approaches by road through tree lined roads.



### **A. Where are your favourite places in Stansted and why do you like them?**

Many people walk in Stansted and we are fortunate in having a network of paths and lanes like Pennington Lane and Lime Kiln Lane that allow us to get out into the countryside. Where are your favourite walks? How could they be improved?

### **B. Where are your favourite walks and why do you like them?**

### **C. How could they be improved?**

### **D. Are there places where a new link or diversion would be appreciated?**

### *Our Trees and their contribution to the landscape*

Stansted has very good tree cover which provides a contrast to the built environment. The benefits of trees for wildlife, carbon exchange, shade, shelter and visual amenity in the street scene and the countryside are well documented but which trees do we particularly value in the village?

### **E. Where are the trees you particularly value and can you say why?**

### **F. Are there any 'landmark trees' that contribute to the street scene?**

### *Views in the town and countryside*

Stansted is lucky to have views from the village out into the countryside as well as attractive views within the urban area. We enjoy views over the countryside from peripheral village roads, views of landmark buildings like our churches and historic buildings.

### **G. Where are your favourite views from public places?**

### **H. If you are lucky enough to have a view from your house window, what do you see and why is it special?**

### *How else are you enjoying the landscape?*

Perhaps you run, cycle, ride, canoe, watch birds or orienteer in the local area. Do let us know!

### **J. Do you enjoy the local landscape for other reasons? If so why do you value the area?**

We hope you will contribute to this survey as public consultation gives strength to arguments not to develop certain areas. People's views may well be quoted but no names or addresses will be used. Thank you for your time.

Let us know your views by emailing [parishcouncil@stansted.net](mailto:parishcouncil@stansted.net) by 30 October.

## OUTDOOR GYM EQUIPMENT

The health and well-being of residents should be the key focus at all levels of government and the Parish Council is keen to do everything it can to help our residents maintain a healthy lifestyle. With this end in mind the Parish Council is planning to provide 'outdoor Gym' equipment which residents will have open access to, free of charge, which we hope will encourage more people to take the opportunity to exercise on a regular basis. We have secured external funding for equipment to be placed on the Rec and we are seeking further funding for the Bentfield Green, Mountfitchet Estate and Foresthall Park play areas. The visualisation on our website ([www.stansted.net](http://www.stansted.net)) is a proposal that we are considering from one contractor.

If you have any views you would like to express please email the Assistant to the Parish Clerk at [trevor.lloyd@stansted.net](mailto:trevor.lloyd@stansted.net) or send a written response to the Parish Council Office, 72 Chapel Hill, Stansted CM24 8AQ.

## POND WORKING GROUP- SUNDAY 4 OCTOBER

If you have walked past the village pond at Bentfield Green recently you may have noticed that it has become rather overgrown again over the summer months so it is time for the Autumn tidy up. The turnout for the Spring working group was disappointing but even with only three of us we managed to clear a lot of vegetation but it would be nice to have a bit more support this time. If you have a couple of hours to spare on Sunday 4 October please meet us at 10.00am at the pond. We do provide some protective gear but we suggest you wear your wellies and bring a decent pair of gardening gloves.

## SKATEPARK JAM

The Jam organised by the skatepark user group to celebrate the opening of the new park attracted over 70 skateboarders, inline skaters and BMX and scooter riders. For the uninitiated a Jam is a non-competitive gathering where the skatepark community meet to show off their tricks. The organisers had laid on bouncy castles, face painting and catering so there was plenty going on. For once this Summer the weather was kind to the organisers and we were pleased to see a number of villagers taking advantage of the sunshine and coming down to the park and getting involved in the event.

## TREE MATTERS

We have been given permission to cut down a beech tree and a horse chestnut which have become unsafe at the tennis club. If you are interested in the timber please contact the Parish Council Office. You will need to be able to collect it and negotiate a price!

## LOWER STREET PHONE BOX



All being well by the time you read this the phone box in Lower Street will have undergone a makeover and will be restored to its former glory. The Parish Council took advantage of a scheme that BT introduced for local councils to buy redundant phone boxes for £1.00. It cost considerably more to do the renovation work and we are indebted to a local

resident who generously donated most of funds that we needed to do the work.

## VILLAGE LITTER PICK

The Autumn Litter Pick is scheduled for Saturday 10 October between 10.00am and 12.00 noon. Our litter picker, Gerard, does a fantastic job keeping the key streets in the village looking as neat and tidy as possible. However, it is not possible for him to cover the whole of the village so we ask volunteers to turn out twice a year to help us tidy the village target areas that Gerard hasn't been able to get to. We provide basic equipment but we suggest you bring a pair of protective gloves with you. Volunteers are asked to meet by the entrance to the Day Centre at Crafton Green at 9.45am. The event is being sponsored by Churchill's fish & chip shop. All volunteers get a free meal voucher.

## STANSTED IN BLOOM

The judging of this year's Stansted in Bloom took place a little later this year but the judges still found plenty of impressive floral displays. They commented on the obvious care and dedication that had gone into preparing the gardens, tubs and hanging baskets and were particularly taken with the variety of vivid colours they encountered around the village (see pictures on page 14). Thank you to all those who entered and it would be nice to see many more entries next year. The organisers are open to new ideas for future competitions so if you have creative ideas please send them via the Parish Council e-mail or drop a note into the Parish Council Office. This year's honours were awarded as follows:

1st Prize Business Category, Tubs and Hanging Baskets:

The Cock Public House

Joint 1st Prize Local Residents, Garden Area:

Gloria Overy/Jessica Hyland-Hawkins

Runner-up: Helen Williams

Commended: Jean Chopping and Rachel Hickman

1st Prize Local Residents, Tubs and Hanging Baskets:

Karejn Szabo

## **BUFFY PLAY BUS**

The Buffy Playbus which offers activities for pre-school children visits Stansted on Wednesdays during term time and during half-term breaks. They are at Walson Way from 11.00am to 12.30pm and in Croasdaile Road from 1.30pm until 3.00pm. Full details can be found on their website [www.buffybus.co.uk](http://www.buffybus.co.uk).

## **NEWS FROM UTTLESFORD DISTRICT COUNCIL**

**Cllr Thom Goddard writes:**

I would like to say thank you for electing me for Stansted South & Birchanger. It is a privilege to represent Stansted at Uttlesford District Council. While I am a new Councillor in this region, I have a few years' experience at other local authorities and am always available, like all your Councillors, to talk about issues affecting you or how we can work together to get the best for Stansted.

In the coming months the most pressing tasks for the District Council, and the Stansted area are planning and finance. In Stansted, the fourth planning application in three years behind the Co-op and Tesco on Cambridge Road failed at the last minute to make it on to the agenda for September's planning committee meeting. Flaws in the data provided by the applicant had been discovered. Chief amongst these was a false claim that the floor area of the now demolished buildings was twice that of the whole site. There would have had to have been four-storey structures to fit them onto the area actually covered by buildings. This is critical. Essex Highways calculates theoretical traffic movements based on building floor areas. If the traffic calculation of what used to be there comes out as more than what is now proposed, they seem happy to accept any new scheme, regardless of the consequences. Planning and highways officers are reassessing the situation and the battle to improve traffic and parking in Stansted continues.

Across the District, the 'Initial Areas of Search' in the paper 'Preparing a Justified Local Plan' have caused concern as the Council looks tentatively at land for development. Many of the areas highlighted at present will be found to be inappropriate and will be withdrawn due to reasons such as Green Belt. But please do contact the Council if you have reservations as development should be led by residents and the Council, not developers.

The Chancellor of the Exchequer's Autumn Statement in November will have a big impact on District finances over the coming years. All authorities are waiting to see what 'Gorgeous George' will do with funding for local areas.

Although a new Councillor for Stansted, I have been given the Portfolio for Sport in the District. I am looking to start a Stansted Sport Group so please contact me if you are interested in leading or being a part of such a team. I am also keen to increase awareness of money that Uttlesford District Council has available. There are grants available for youth projects (amounts up to £5,000), sports equipment (up to £500 each month) and youth travel (up to £200). Of course, all your District Councillors each have funds of £3,000. We are all putting some money to restoring the red BT phone box at the bottom of Lower Street but please contact us so we can help you with what matters most.

## **DATES OF POLICE COMMUNITY MEETINGS**

**24 Oct and 21 Nov 09.30am-10.30am Street Meet**

PCSO Stranger will be at Stansted library at the time Above. Please come and speak to him regarding any issues you may have, he will be pleased to help.

## **16th Nov 3.00pm-4.00pm Local Community Meeting**

This is your opportunity to speak with your local Neighbourhood Policing Team and partners to find out what they are doing to tackle local crime and Anti-Social Behaviour issues in your area. This meeting will be chaired by a Supervisory Officer.

## **DATES OF PARISH COUNCIL MEETINGS**

### **October**

7th Full Council

14th Open Spaces

21st Highways 7.00 pm & F&GP at 8.15 pm (budget)

## **CONTACT DETAILS**

Clerk - Ruth Clifford. Admin Assist - Anne Court

Assistant to the Parish Clerk-Trevor Lloyd

E-mail: [parishcouncil@stansted.net](mailto:parishcouncil@stansted.net)

Phone/fax: 01279 813214 10.00am - 1.00pm

[www.stansted.net](http://www.stansted.net)

## **PARISH COUNCIL MEMBERS**

Maureen Caton	813914
(Chairman)	<a href="mailto:m.caton@hotmail.co.uk">m.caton@hotmail.co.uk</a>
Mark Capell-Helm	815157
	<a href="mailto:mawihotec@live.co.uk">mawihotec@live.co.uk</a>
Catherine Dean	813579
	<a href="mailto:catherinemarydean@btinternet.com">catherinemarydean@btinternet.com</a>
Samantha Dunn	810859
	<a href="mailto:cllrsamanthadunn@stansted.net">cllrsamanthadunn@stansted.net</a>
John Hudson	814489
	<a href="mailto:john@hudson8889.fsnet.co.uk">john@hudson8889.fsnet.co.uk</a>
Matthew Jessup	816591
	<a href="mailto:matthew@in2it.biz">matthew@in2it.biz</a>
Peter Jones	813252
	<a href="mailto:peter@lowerstreet.com">peter@lowerstreet.com</a>

Jo Kavanagh 815157  
jo.kavanagh1@virgin.net  
John O'Brien 816772  
johnedobrien@gmail.com  
Rachel Rands 817413  
rachelrands@btinternet.com  
Frances Richards 812748  
(Vice Chairman) frannie.richards@gmail.com  
Juliet Richards 496531  
julz\_dot\_com@yahoo.co.uk  
John Salmon 814789  
dandjsalmon@gmail.com  
Geoffrey Sell 815925  
sellgeoffrey@yahoo.co.uk  
Daphne Wallace-Jarvis 812259  
dwjjwj\_44@yahoo.co.uk

**UTTLESFORD DISTRICT COUNCIL MEMBERS**

Alan Dean 813579  
cllrdean@uttlesford.gov.uk  
Terry Farthing 661555  
cllrfarthing@uttlesford.gov.uk  
Thom Goddard 01371 879122  
cllrgoddard@uttlesford.gov.uk  
Geoffrey Sell 815925  
cllrsell@uttlesford.gov.uk

**ESSEX COUNTY COUNCIL MEMBER**

Ray Gooding 813103  
cllr.ray.gooding@essexcc.gov.uk

**MEMBER OF PARLIAMENT**

The Rt Hon Sir Alan Haselhurst MP  
0207 219 5214 Fax 0207 219 5600  
alan.haselhurst.mp@parliament.uk

**Police**

PC Hannah Griffiths  
Non-emergency 101

**NEIGHBOURHOOD WATCH**

www.stanstednhw.org.uk

**PARISH PUBLIC TRANSPORT REPRESENTATIVES**

Valerie Trundle 813433  
Joy Thomas 813871

**STANSTED LIBRARY OPENING HOURS**

Tue 9.00am - 1.00pm Wed 2.00pm - 5.00pm  
Thur 2.00pm - 6.00pm Sat 9.30am - 5.00pm

**Baby and Toddler Time (term time only)**

Tuesdays 11.00am – 11.30am  
For Renewals and Enquiries tel: 0845 6037628  
Email: stansted.library@essex.gov.uk

**VILLAGE FIREWORK DISPLAY**

FAMILY TICKET ONLY £10  
(2 Adults and 2 Children)

Adults £4 Children £2

Saturday 7 November



ELMS FARM, CHURCH ROAD

Gates Open 6.30 pm

Bonfire 7.00 pm Fireworks 7.30 pm

Hot Dogs ~ Burgers ~ Hot Drinks

**CHRISTMAS MARKET**

Planning is in full swing for the market on 5 December. It is an all day event on the Saturday only this year.....10.00am-8.00pm in the Crafton Green Car Park. There will be quality crafts for gifts and Xmas trees and decorations and Father Christmas will be arriving around 4.30pm. Some of the village carol singers organised by Churches Together in Stansted, together with some members of the U3A Singers, will sing carols at 6.30 pm while you sip your Gluhwein! Our old faithfuls the Steam Engine and Organ will be there and some fairground rides. We will keep you posted on additional highlights.....but put the date on the calendar.



## DIRECTORY OF LOCAL CLUBS AND ORGANISATIONS

Alzheimers Society	Tel: 01371 872519	Parkinson's UK	Vivian Falk, Chairman
Air Training Corps 494 Squadron	Tel: 681559/661929 Email: 494@aircadets.org	Uttlesford Support Group	Tel: 01799 513128 Email: vivian@brackendalehouse.co.uk
Beavers Age 6-8	Wayne Browning Tel: 079764 41468 Email: mrwbrowning@googlemail.com	Rainbow Pre-School	Gill Pursglove (Administrator) Tel: 814242/07966 506997 Email: admin@rainbowpreschool.net
Bowls Club	Doreen Scraggs, Hon Secretary Tel: 815036 Email: doreenscraggs@talktalk.net	Rainbows	Sue Pollard Tel: 813734
Brownies/Guides	Glynis Prothero District Administrator Tel: 814145	Rotary Club	Peter Latham Tel: 507294 Email: yp.latham@uwclub.net
CAB	Tel: 08444 775986	Royal British Legion	John Segar Tel: 813289
Corkers Netball	Lisa Menzella Tel: 07827 988732	Scouts (age 10½ -14)	Mike Byrne Tel: 812780
Craft Club	Sam Debbah Tel: 07866 185704 Email: tuftydawn@googlemail.com	Shotokan Karate Ryu	Donna Ring Tel: 731752 Email: skr@skr.org.uk
Cricket Club (adults) (juniors)	David Hedge Tel: 812509 Keith Ayres Tel: 814471	Spangles Children's Centre	Tel: 812348
Cub Scouts Age 8-10½	Roger Musgrove Tel: 07736 616665/01799 543466	Stansted Family Café	Ros Page Tel: 810813 Email: contactstanfam@yahoo.com
Day Centre	Tel: 815091	Stansted Football Club	Tom Williams Tel: 07921 403842
Explorer Scouts	Fintan Lambe Tel: 817937	Stansted Hall and Elsenham Cricket Club	David Brown Tel: 831011/07788 999663 Email: david.r.brown1@btinternet.com
Friends of St Mary's Church	Audrey Rodgers Tel: 812162	Stansted Sparks Netball	Gemma Snelling Tel: 07894 944242 Email: gemmasnelling@me.com
Garden Club	Maralyn Harris, Chairman Tel: 07919 478144	Stansted Supers Handball Club	Olly Pocknell Tel: 07875 391701
Grove Cottage	David Scott Tel: 656085	Tennis Club	Daphne Lunnon Tel: 817574 Email: drlunnon@gmail.com
Helpline	Tel: 07704 553727	Thornbury Badminton Club	Marion or Shirley Tel: 869896 or 815871
History Society	Peter Brown, Chairman Tel: 812816	U3A	Helen, Chair Tel: 812945
Huw Johnson Club	Katharine Collis Tel: 461270 Email: kat_collis@hotmail.com	Women's Institute (Stansted)	Judy Colliver, President Tel: 812470
Inner Wheel Club	June Milne, President Tel: 01371 875370 Email: june.milne@ymail.com	Women's Institute (Ugley)	Dorothy Wallace, President Tel: 850215
Investigators	Ros Page Tel 810813 Email: contactstanfam@yahoo.com	Whoosh Explore Canoe Club	Helen and Peter Nash Tel: 817453
Little Scrummers	Andrew Poyser Tel: 07738 591232	Youth Centre	Linda Barnes Tel: 07947 548051
Magna Carta 800th Celebrations	Nigel Collingwood Tel: 813428		
Millers (Windmill)	Derek Honour Tel: 647213		
Mountfitchet Club	John Robinson Tel: 812755		
music@stansted - classical concerts	Sonia Levy Tel: 815282 Email: contactus@musicatstansted.co.uk		

Neighbourhood Watch Valerie Trundle Tel: 813433

### BIRTHDAYS, ANNIVERSARIES or SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or someone you know, by announcing it in the Link, please email a short message together with your name address and telephone number to: [announcements@stanstedlink.org.uk](mailto:announcements@stanstedlink.org.uk) or send the details to 7 Blythwood Gardens, Stansted CM24 8HG. Details must be submitted by the 8th of the month for publication the following month.

# Sonargow

*Fine Indian & Bangladeshi Cuisine*

RESTAURANT & TAKE AWAY



## OPENING HOURS

6 days a week including Bank Holidays  
Sun, Mon, Wed & Thurs 5.30 pm - 11.30 pm  
Fri & Sat 5.30 pm - midnight

**Tuesday closed**

Lunch: Thurs, Sat & Sun 12 noon - 2 pm  
Other days booking only

*Home delivery service available*

Tel: 01279 815706 / 815797

Unit 2, Castle Walk, Lower St, Stansted CM24 8LY

# DOG AND DUCK

TRADITIONAL VILLAGE PUB & RESTAURANT



## FOOD SERVED

Tue - Sat  
12.00 - 2.30 pm  
6.00 - 8.30 pm  
Sun  
12.00 - 5.00 pm

Tel: 01279 812047 [f /stansteddogandduck](https://www.facebook.com/stansteddogandduck)

- ◆ Choice of cask & guest beers
- ◆ Good selection of wines
- ◆ Beer Garden & Decking at Front
- ◆ Regular Live Music & Entertainment
- ◆ SKY & BT Sports

*So come down for a friendly drink  
A warm welcome awaits you from Griff and the team!*

58 Lower Street Stansted [www.dogandduckstansted.co.uk](http://www.dogandduckstansted.co.uk)

## LINDEN HOUSE - Casual but Classy

Interesting dishes with high quality ingredients

Our sheltered terraces are the perfect spot to enjoy drinks or some delicious food



Download our free app now for news, events, special offers & loyalty cards

1-3 Silver Street, Stansted Tel 01279 813003  
[www.lindenhousestansted.co.uk](http://www.lindenhousestansted.co.uk)



## Pino Stansted

[www.pinostansted.com](http://www.pinostansted.com)



Cafe ~ Pizzeria ~ Burgers ~ Grill  
**Italian & Mediterranean Cuisine**  
**FREE DELIVERY**

**Tel: 01279 817822**

**Open 7 days a week**

**5.30 am - 11 am and 12 pm - 10.30 pm**

**Station House, Station Rd, Stansted CM24 8BE**

**J & R Cars**

*Friendly & Reliable Service  
Executive Cars at competitive rates*

AIRPORTS – STATIONS – WEDDINGS – PARCEL SERVICE  
ANY DISTANCE – UP TO SEVEN PASSENGERS

**VISA & MASTERCARD ACCEPTED**

Email: [j.and.r.cars@btinternet.com](mailto:j.and.r.cars@btinternet.com)



Tel: 01279 870231  
Mob: 07760 754935  
or 07802 734518



## 01279 710868 hiltonrental

Local car and van hire - competitive pricing - wide choice of vehicles

- > Bishop's Stortford, Stansted Airport & surrounding areas
- > Inclusive insurance & breakdown cover
- > Tailored business accounts available
- > Special rates for weekends
- > Cars, vans & campervans
- > Short & Mid term rentals

**10% SAVING**  
ON YOUR NEXT RENTAL  
\*Terms and conditions apply

[hiltonrentals@hiltongroup.info](mailto:hiltonrentals@hiltongroup.info) [www.hiltonrental.co.uk](http://www.hiltonrental.co.uk)



## Mountfitchet House Care Home

Corner Coltsfield/High Lane, Stansted CM24 8LQ

Tel: 03331 225 548

[www.careuk.com/mountfitchet-house](http://www.careuk.com/mountfitchet-house)

### Luxury and comfort at the new Mountfitchet House care home

On your first visit to Mountfitchet House you'd be forgiven for thinking you've entered a hotel. You'll be greeted by friendly staff on reception, and there's a coffee shop, a cinema, and even a hair salon. Each of the bedrooms has an en-suite wet room plus a flat-screen television, adjustable profile bed, phone and internet connections and a 24-hour nurse call system.

The newly opened home offers residential, dementia, nursing, permanent and respite care for your loved one with care teams dedicated to supporting you, your family and your loved one every step of the way, from your first visit to the care home to the day your loved one moves in and throughout their time at Mountfitchet House.

*Care UK homes are operated by highly qualified and caring professionals who are focused on ensuring your loved one continues to lead a fulfilling and enjoyable life.*



## BEEKEEPING

Since my last article on the benefits of Manuka honey, people have asked – what about royal jelly? So this month I will write about this. Royal jelly is 67% water, 12.5% protein 11% simple sugars and 5% fatty acids, plus vitamins B5 and 6 and C. It is a milky secretion produced by glands in the worker bees and is initially fed to all larvae in the colony. After three days they stop feeding it to the majority of the larvae, and, if the colony needs a new queen, feed it only to a limited number of larvae (about six) out of thousands. These six will develop into queen cells and emerge as queens (hence the name royal jelly). They then fight amongst themselves until the strongest survives. Royal jelly is collected from these queen cells, and, as you can imagine, with so few of them a colony of bees will produce only about 500g over a six month period. Once harvested, it needs to be refrigerated to extend its shelf life. Royal jelly has been used to reduce cholesterol, relieve menopausal symptoms, asthma, hay fever, pancreatic, kidney and liver disease, skin disorders and hair loss! It is taken as a dietary supplement or skin cream. It is best avoided by pregnant women, and those that are breast feeding, because there have been no tests on the effects of royal jelly on this group. It should also not be taken by those on blood thinners like warfarin, as it enhances their effect and can cause the blood to thin even further. And do you know what? There is no scientific evidence to suggest there are any medicinal benefits of taking royal jelly. So if you believe it will work, it probably will – but don't bet on it!



John Dockerill  
Chairman Bishop's Stortford Beekeepers Association  
Email: training@stortfordbees.org.uk

## HARGRAVE HOUSE FETE & BOOT SALE

A big thank you from the staff and residents to all those who supported our event, which raised the magnificent sum of £1000. We would also like to thank all the local businesses who donated raffle prizes - The Cock, Tesco, Co-op, Woodgrill, Dorringtons, Cork House, Yeomans and many, many more.

Julie Cooke  
Activities Co-ordinator  
Tel: 817272

### UGLEY FARMERS' MARKET

Saturday 17<sup>th</sup> October

Ugley Village Hall

10.00am-12 noon

Lots of great produce for autumn  
*meat, poultry, fish, eggs, bread and home baking,  
fruit and veg, oils and vinegars, skincare,  
knitting and needlework, cards*

Come and have a chat over coffee and cake or  
one of our bacon rolls. Ample parking.



## RHODES CENTRE

### Joe McElderry Evolution Tour 2<sup>nd</sup> October

Following his nationwide tour, X Factor winner Joe McElderry is hitting the road with a brand new show which will entertain his fans, old and new.

### Soul Legends 3<sup>rd</sup> October

Direct from the USA, music of Aretha Franklin, James Brown, Michael Jackson, Tina Turner, Lionel Richie, Barry White, Earth Wind & Fire, Sam & Dave and scores more!

### Abigail's Party 6<sup>th</sup>-13<sup>th</sup> October

Contexture Theatre present Mike Leigh's ground breaking comedy of manners.

### The Lindisfarne Story 15<sup>th</sup> October

Former group members Billy Mitchell and Ray Laidlaw tell The Lindisfarne Story from the very beginning featuring acoustic versions of the classic songs and 'behind the scenes' stories, all illustrated with archive video and stills.

### The Take That Experience 16<sup>th</sup> October



Relight your fire for one of the most successful boy bands of all time. Featuring five talented guys, replica costumes and a performance that gives you the *Take That* Experience!

### Sadie and the Variety Society 17<sup>th</sup> October

Cue Tease Burlesque presents an evening of Burlesque and Cabaret in aid of Harlow Stroke Support Group.

### Jay Rayner My Dining Hell 22<sup>nd</sup> October



Jay examines our love affair with lousy reviews, reads from accounts of some of the most excruciating nights out he's had and looks at the worst reviews of his own work. A hugely entertaining show in the company of the man recently voted the best food and drink journalist in Britain.

### Dreaming of Kate - a tribute to Kate Bush 23<sup>rd</sup> October

If you were one of the many unlucky fans who failed to grab tickets for Kate's Apollo live shows then fear not – a brilliant show with music spanning the elusive artist's entire career is heading your way. Tickets for all events from 01279 710200 or [www.rhodesbishopsstortford.org.uk](http://www.rhodesbishopsstortford.org.uk)

Jennifer Austin

## STANSTED MOUNTFITCHET SOCIAL CLUB

NEW MEMBERS WELCOME

Make new friends in a warm and relaxed atmosphere



- ◆ CASH BINGO every Tue 8 pm
- ◆ Three Large Screen TVs
- ◆ Children's Room
- ◆ Raffles
- ◆ Darts and Pool
- ◆ Gaming Machines & Jukebox

- ◆ Live Entertainment every Weekend
- ◆ Three Full Size Snooker Tables

DRINKS AT LOW PRICES

Why wait? Apply now!

Membership forms from the club in Lower Street

Tel 01279 812992

**Photosound**  
Cameras & Printing

**KodakExpress**  
Digital Solutions

We are a proper camera shop  
full of exciting things.

Cameras, Telescopes, Binoculars  
and lots more.

**10% OFF Prints & Photo Gifts**

offer includes CANVAS PRINTS, MUGS & T SHIRTS

Bring this advert to

Photosound, 20 Bridge St, Bishop's Stortford CM23 2JY

01279 651434 [www.photosoundcameras.com](http://www.photosoundcameras.com)

## K MOSBY FINANCIAL ASSOCIATES LIMITED

WEALTH MANAGEMENT CONSULTANTS



**A wealth of expertise  
on your doorstep**

We provide an experienced wealth management  
service and offer specialist advice in a wide  
range of areas including:

- Investment planning • Retirement planning
- Inheritance Tax planning

For further details contact Kevin Mosby on:

**Tel: 01279 874829 Mob: 07897 126210**

Email: [kevin.mosby@sjpp.co.uk](mailto:kevin.mosby@sjpp.co.uk)

Website: [www.kevinmosby.co.uk](http://www.kevinmosby.co.uk)

## Greenways Financial Planning

INDEPENDENT FINANCIAL ADVISERS

An Authorised Representative of Sesame Ltd. which is  
Authorised and Regulated by the Financial Services Authority

Professional friendly advice  
on

**Investments ~ Pensions ~ Mortgages**

**Life Assurance ~ Critical Illness**

**Income Protection ~ Annuities**

**Estate Planning ~ Long Term Care**

**David Turner Cert PFS CeMap**

**Principal**

Mill Cottage, Thaxted Rd, Lt Sampford CB10 2RZ

Tel/Fax 01799 586110

Email [dturner@greenways-financial-planning.co.uk](mailto:dturner@greenways-financial-planning.co.uk)



**Deb's Dog Walking!**

**~ I CAN SOLVE YOUR PET CARE PROBLEMS ~**

## **Dog Walking & Domestic Pet Care**

**Professional & fully insured**

Prices, Services & References available online at: [www.debsdogs.co.uk](http://www.debsdogs.co.uk)

Call me for a chat

Deborah Hibbert

M: 07842 125503 H: 01279 647309

- ✓ Sleep Overs
- ✓ Home Visits / Vet Visits
- ✓ General Everyday Care From Someone Local You Can Trust!



## Pearce Trophy

Nine ladies and three men competed in this annual doubles tournament on 4<sup>th</sup> September. After four tough matches in the round robin stage, players were seeded for the knock-out tournament. The final encounter turned out to have two men facing two ladies at the other end. In a fantastically close and exciting final, Jon Budd and Clive Carroll defeated Lisa King and Debbie Lane 6-5. Fifty percent of the tournament takings have been donated to charity.



## Ladies' Night

Monday 12<sup>th</sup> October from 7.00pm. All lady members (especially new ones) are welcome to come along and play.

### Diary dates

Sunday 11<sup>th</sup> October 9.30am Cayless Adult Doubles Chillli tournament.

Sunday 18<sup>th</sup> October 1.00pm Clower Junior Doubles Tournament

### Tennis balls

£1 for a tube of four from Jan Hollis at 105 Cambridge Road.

### Contacts:

Felicity Shakespeare (Secretary) 831771, Daphne Lunnon (Chairman) 817574. For more information about Stansted Tennis Club, please visit our website.



Chris Hollis  
Tel: 319155

Email: [chris.hollis2@btinternet.com](mailto:chris.hollis2@btinternet.com)

## HENHAM CHRISTMAS MARKET

Roll up! Roll up! to Henham Village Hall on **Friday 13<sup>th</sup> November** 1.00pm-9.00pm when we will be raising money for Great Ormond Street Children's Hospital. There will be stalls selling Christmas decorations, goodies to eat, candles, jewellery and much, much more. Plus, there will be refreshments and a raffle. Entrance only 50p – everyone welcome. Please come and enjoy a festive shopping event.



Lara Laycock  
Tel: 851942



After the final matches of the season, the 1<sup>st</sup> XI finished fourth in Division 1 with 12 wins. The team suffered from a shortage of availabilities and did well to maintain standards after last year's successful season. The 2<sup>nd</sup> XI came fourth in Division 4 with 10 wins – a commendable effort after being promoted at the end of the 2014 season. The Sunday XI played 11 matches (winning five and drawing four). As bad weather washed out Finals Day on 26<sup>th</sup> July (and again on the re-arranged date of 31<sup>st</sup> August), we await details of when the competition will be decided. The Club is due to play Birchanger in the HECL Cup semi-final. Outstanding batting performances have come from B Baker (109), F Kirby (106), H Edwards (66), B Sammons (82 no, 58), and J Subramaniam (54). Best bowling returns came from S Peachey (5-57).

The Club quiz night on 5<sup>th</sup> September was a great success despite a small turnout. After eight rounds, three teams were tied on 93½ points and had to be separated by a tie break (the height of the Eiffel Tower in metres!). Our thanks go to Matt and Gemma Cope for organising the venue and food, and to Ben and Fay Sammons for running the quiz so expertly. The Club would like to invite anyone interested in scoring next season on a regular basis to contact me. Adults wishing to join the Club should contact me; juniors should contact Head Coach Keith Ayres on 814471.



David Hedge  
Hon Secretary  
Tel: 812509

Email: [dchedge49@gmail.com](mailto:dchedge49@gmail.com)



[www.eastonlodge.co.uk](http://www.eastonlodge.co.uk)

Our open day on Sunday 18<sup>th</sup> October sees the return of our ever popular Children's Hallowe'en Trail round the Gardens noon-3.30pm. There is a small charge of £1 per child and we have extra treats for any child who comes along in fancy dress. This is also our last open day of the year and your last chance to enjoy the delights of this fabulous place until we open for our Snowdrop Sundays in February and March. We will offer guided tours at 12.30pm and 2.30pm which cover all aspects of the gardens' history, and there is much more historic information to browse through in our Archive Building. Delicious bacon rolls and warming homemade soup will be on sale at Daisy's until 2.15pm with hot and cold drinks and scrumptious homemade cakes available until 4.30pm. Gates open at 11.30am and the gardens close at 5.00pm (last entry 4.00pm); adults £3.50, children under 16 free. Dog lovers are reminded that their pets are more than welcome as long as they are kept on a lead and poop scooped! Entrance fees will be rising next year so this is the last opportunity to pick up a season ticket for the next 12 months at the bargain price of only £10. For more information about the Gardens, which are at Little Easton near Dunmow, then please get in touch on 01371 876979 (recorded information but you can leave a message), or email: [enquiries@eastonlodge.co.uk](mailto:enquiries@eastonlodge.co.uk).

Helen Carter

# MEDIACOMS

Aerial Satellite AV Security

independent advice  
expert knowledge  
professional installations



Your local  
Sky expert



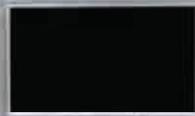
Aerial & Satellite Installations  
Sky Subscriptions & Installations  
Multiroom Audio Visual Distribution  
CCTV & Home Security Systems  
Home Cinema & TV Mounting  
Broadband & Network Solutions

01279 871777 [www.mediacomms.co.uk](http://www.mediacomms.co.uk)

6 Newman Road, Little Canfield, Dunmow, Essex, CM6 1GR

## Stortford Audio audio visual installations

- multiroom audio systems
- surround sound installation
- home networking solutions
- flat screen tv installation
- home cinema



01279 647227  
[stortfordaudio.co.uk](http://stortfordaudio.co.uk)

## D BONNEY & SONS (Manuden)

Guaranteed Workmanship



Calor Gas  
Stockist

Familiar with  
most makes of  
vehicles including  
four wheel drives



MOT Testing  
Diesel &  
Catalyst

*Free collection & delivery in local area*

**DIAGNOSTIC WORK AVAILABLE**

★ PLEASE RING ★

Malcolm or Neil Bonney on  
01279 813315 or 815946

**34 The Street, Manuden CM23 1DQ**



## SDS INSTALLATIONS LTD

Aerial and Satellite Services  
Foreign Satellite Systems - CCTV - Extra TV Points  
Sky Link Ups - Phone Points - Home Signal Distribution  
Wall Mounted Plasma / LCD Screens  
Cables Supplied and Hidden

Alan Smith  
50 Sunnyside  
Stansted  
Essex CM24 8AX

01279 279012  
07771 881 042  
[sdsinstallations@hotmail.com](mailto:sdsinstallations@hotmail.com)  
[www.sdsinstallations.com](http://www.sdsinstallations.com)

## DC Alarm Systems

Intruder, Access, C.C.T.V  
& Fire Alarm Systems

Local family business Est. 1984  
All intruder systems guaranteed for two years

**Call Grant on 07775 673273**

Telephone: 01279 494 596  
Email: [dcalarmsystems76@gmail.com](mailto:dcalarmsystems76@gmail.com)

design

print

large format

document  
management

we have an  
honest, helpful  
can-do approach  
to design & print



DESIGN & PRINT

01279 657769

[hello@czdesignandprint.co.uk](mailto:hello@czdesignandprint.co.uk)  
[www.czdesignandprint.co.uk](http://www.czdesignandprint.co.uk)

INCORPORATING COPYZONE & COPYZONE ARCHIVING



**Come down for your FREE one-day membership**

Speak to a member of our team about our fantastic  
membership packages here at **Stansted LivingWell**

Open 6 am - 10 pm 7 days a week

Tel: 01279 681455

Hilton Hotel, Round Coppice Road, Stansted CM24 1SF  
[www.livingwell.com/clubs/uk/south/stansted](http://www.livingwell.com/clubs/uk/south/stansted)

## BISHOP'S STORTFORD & DISTRICT FOOTPATHS ASSOCIATION

www.walksaroundstortford.org.uk

### Walks for October and November

**4th October** 5/6 miles 10.00am Twyford Lock Car Park, Pig Lane. G/Ref: TL493193. SatNav: CM22 7PA

**18th October** 5/6 miles 10.00am Newport Station Car Park. G/Ref: TL522335. SatNav: CB11 3PL

**1st November** 5/6 miles 10.00am Feathers Inn, Wadesmill. G/Ref: TL359175. SatNav: SG13 OTN

**15th November** 5/6 miles 10.00am Three Horseshoes, Spellbrook. G/Ref: TL487175. SatNav: CM22 7SE

**29th November** 5/6 miles 10.00am Much Hadham Village Hall. G/Ref: TL428193. SatNav: SG10 6B2

Have you ever wondered why a bridleway is so much wider than a footpath? Perhaps not, but this goes back to earlier times when a bridleway was used by horses pulling carts and should be wide enough for that purpose, whereas a footpath only had to accommodate a person on foot and they were usually much thinner! Width wise, bridleways are therefore usually easier to walk along than footpaths. Under foot, however, it is a different matter, because horses are heavier than people and with four hooves shod with metal horseshoes, they tend to leave a much greater implant into the surface and this makes for a very uneven surface on which to walk. Byways or 'paths open to all traffic' can be even more of an issue for the walker since these can be used by mechanised means of transport - often 4x4s which can create a dangerous situation for walkers owing to the very deep ruts which result. Please take care and if there are paths which are impassable, let the BSDFA know. Because the Association covers the Hertfordshire/Essex borders we are very fortunate in having so many varied paths to walk along where there are views across many miles of open countryside, woodlands, green lanes, pasture, crops, the ubiquitous ploughed field, wild life, flowers, fungi, and so very often, a convenient pub at the end. Remember, walking is a great healthy option!! For more information email:

secretary@walksaroundstortford.org.uk.



Daphne Wallace-Jarvis  
Publicity Officer

## STANSTED SPORTS ASSOCIATION

The Sports Association was recently successful in obtaining a grant from Viridor Credits to extend and refurbish the car park. This area is used from time to time by some 400 members from the Cricket, Football and Tennis Clubs. The work was carried out during August by J F Knight of Thaxted, and included extending the tarmac up to the Cricket Club's mower shed; removing excess vegetation from some of the edges; addressing some long-term surface water problems; redirecting the foul water outlets from the Football Club into deeper drains, installing a subterranean chamber for future rain water harvesting; and creating additional parking spaces.

Phil Berry  
Chairman  
Tel: 647766



www.musicatstansted.co.uk

Our 20<sup>th</sup> season begins on **Saturday 17<sup>th</sup> October** 7.30pm when **Trio Isimsiz** - Pablo Benedi (violin), Michael Petrov



(cello) and Erdem Misirlioglu (piano) - will be performing in St John's Church. The piano trio is one of the greatest of all chamber music combinations and they will be performing three classics of the genre: Schubert's sublime 'Notturmo', the second trio by 20<sup>th</sup> century master Shostakovich, and perhaps the greatest piano trio of all time,

Beethoven's magnificent 'Archduke'. Trio Isimsiz have already played in most of the principal London venues and throughout the UK, and Erdem is making a welcome return to Stansted, having twice previously given us enthralling piano recitals.

Future concerts this season:

**Sunday 22<sup>nd</sup> November** 3.00pm **Sean Shibe** guitar

**Sunday 24<sup>th</sup> January** 3.00pm **Ugne Tiskute** viola with pianist **Alexandra Vaduva**

**Saturday 5<sup>th</sup> March** 6.00pm **Wells Virtuosi**. To end the season, and coincide with our 20<sup>th</sup> Birthday, we are hosting these outstanding players from Wells Cathedral School.

Tickets for all concerts: adults £15, children under 18 free, from Absolute Travel, Chapel Hill; Nockolds Solicitors, Bishop's Stortford; Sonia Levy, 31 Chapel Hill, tel 815282; or on the door. Check out our website for general information - or if you have a specific enquiry please email us at [contactus@musicatstansted.co.uk](mailto:contactus@musicatstansted.co.uk).

Alan Corbishley



## STANSTED FOOTBALL CLUB

The season now well under way has seen one or two mixed results; although we had victory in the FA Cup against our local rivals Takeley, we unfortunately came up against a strong Ryman League outfit, Tilbury, who having held them to a draw in the first game we subsequently lost in the replay by three goals to nil. Our league form has been a worry; however, slowly players are returning from holidays or finally getting back their match fitness so we are looking for a quick improvement in our fortunes. One disappointment of note was the sudden resignation of our Reserve Team Manager a week before the season started which meant that we were, for this year, unable to operate with a second team, which can make the manager's job difficult trying to keep all players match fit and involved.

Below I have listed our upcoming home fixtures; we hope to see as many local people as possible come and watch football played at Level 5 in the National League structure.

17<sup>th</sup> October 3.00pm v's FC Romania ESL Premier Division  
31<sup>st</sup> October 3.00pm v's Hullbridge Sports ESL Premier Division



Tom Williams  
Secretary  
Tel: 07921 403842

## Stansted Electric

*From fitting a light ..... to a complete rewire*

Partial or Full Domestic Electrical Inspections.  
Replacement Fuse Boxes. Handyman Services.  
Cookers, Hobs, Ovens and Showers installed.

For a Free Estimate

Phone Jim on 07921 908214



Telephone: 01279 816399  
Email: enquiries@stanstedelectric.co.uk  
[www.stanstedelectric.co.uk](http://www.stanstedelectric.co.uk)

## ALBURY ELECTRICAL SERVICES

LOCAL FAMILY BUSINESS since 1984

All Electrical Installations  
Domestic and Commercial  
All Work Guaranteed

Full Certification for Building Regulations

Free Estimates and Advice - Small Jobs Welcome



Tel: 01279 652588 or 07702 475585  
Email: aesdewson@hotmail.co.uk

## ETHICAL ELECTRICAL

Need a local, reliable friendly Electrician?

**All Electrical work undertaken including:**

Full and part re-wires, Maintenance and repairs,  
Fuse board and earthing upgrades,  
Electrical Inspection, testing and certification, PAT testing  
Security lighting / Garden lighting, power and ponds,  
Garden decking laid and lights installed.

Call Mark for a free estimate  
07794159549 / 01279 814213



## STEVE KING

STANSTED GAS SERVICES

07956 855328 01279 817581

Servicing, Breakdown and Repair to  
Gas Central Heating and appliances.  
Installation of Bathrooms and Showers



Gas Safe Registered. Ex - British Gas

## KSgroup

heating and plumbing engineer



www.ks-group.org Email: info@ks-group.org  
Mob: 07810 876951 Tel: 01279 817011

**KS Group Services include:**

Boiler Service/Installation ~ Landlord Certificates  
Plumbing ~ Bathrooms ~ Gas Appliance Servicing  
Saniflo Installation ~ Power Flushing  
Leaks ~ Bursts ~ Blockages



## NEWMAN'S



## HOME SERVICES LIMITED

Plumbing • Heating • Electrical

Kitchens • Cloakrooms • Bathrooms • Showers

Tel/Fax: 01279 814437 Mobile: 07831 233681



Local, reliable and friendly plumber  
All small and large jobs undertaken

Phillip Knight 07985 640650  
Email: phillipknight600@yahoo.co.uk

## JONES & CO



Plumbing and Heating Engineers  
Installation and Maintenance  
Boiler and Cylinder Replacements  
Bathrooms ~ Gas and Oil Services

Please contact David Jones  
Tel 01279 815877 Mobile 07860 213760  
Email djonesco@talktalk.net



Call us on:  
01279 493780  
07714 300920

**Bathrooms • Kitchens • Conversions • Electrician**

Fully qualified tradesmen ~ All aspects of building  
References available ~ Free advice & estimates ~ Competitive rates

Email: camwoodhome@outlook.com  
[www.camwoodhome.co.uk](http://www.camwoodhome.co.uk)

Electrical Safety Register Approved Contractor

Visit our Shop in Takeley for

Woodburning, Gas  
& Multifuel Stoves

Cooking Ranges  
& Pizza Ovens

Gas feature fires

**OrionHeating.co.uk**

**01279 813591** Takeley Business Centre,  
Dunmow Road, CM22 6SJ



**Saturday 7<sup>th</sup> November 7.30pm Saffron Hall**

Vaughan Williams: *A Sea Symphony*  
 Peter Cole and Anne Conlon: *Ocean World*  
 'Away, O soul, hoist instantly the anchor.' Vaughan Williams's rapturous 70-minute *A Sea Symphony* (1910) takes the listener on a monumental voyage over all the waters of the earth. An exhilarating work for chorus and large orchestra, based on texts by Walt Whitman, it is by turns tempestuous, tranquil, stormy and sublime. This salt-spray masterpiece for chorus and large orchestra is preceded by songs from *Ocean World*, an upbeat and toe-tapping musical with a serious ecological message. Commissioned by the World Wide Fund for Nature (WWF) in 1990, it tells the story of a female humpback whale and the challenges she faces as she journeys to her northern feeding grounds. Brilliant and distinguished soloists include Gillian Keith (soprano) and Ross Ramgobin (baritone). The choir are accompanied by Chameleon Arts Orchestra, and conducted by Janet Wheeler. The Society is very pleased to be joined by SignuptoSing, Saffron Walden's youth choir, who will present the first half of the concert with songs from *Ocean World*. Tickets from a *Buy Tickets* link on our website to the Saffron Hall booking system, from Saffron Hall Box Office (0845 548 7650), Saffron Walden Tourist Information Centre (01799 524002) and, subject to availability, on the door.

Helen Sterling

**THE SILLY SEASON**

One of the silliest things in the media at the end of August, was the proposal to put a 'remove by' date on all 'temporary' road signs. In theory it is an excellent idea that will rid our roads from all unnecessary/misleading signage. In practice it's about as likely to work as the 'loading only' bay outside the Tesco Express in Cambridge Road.

A more unusual item was the story of a German student who has opted to live on a train, basing her dissertation on the experience. Apparently she has calculated that buying a monthly rail ticket, which allows her to travel anywhere on the German rail system, is only marginally more expensive than rented accommodation available in the area where she is studying. Living on the train also means she can visit family and friends in different parts of Germany at no extra cost. Ingenious. A photo of her smiling and sitting comfortably in a pristine carriage, head swathed in a fluffy towel accompanied the article. Apparently she had just washed her hair in the bathroom on board the train. All in all it sounded like a very good idea, but for students in this country who might be tempted to try and do the same, here are some reasons why it could never work in the UK:

1. Very unlikely to find a seat on a train during the rush hour, let alone a bathroom and fluffy towels.
2. Pristine carriages are generally quite rare too I'm told.
3. Our trains aren't renowned for their punctuality, so there'd be no guarantee of getting to lectures on time. On second thoughts maybe it could work after all!

Loki

**FILM REVIEW - INSIDE OUT**



Pixar's latest film release is a success not only with children but with their adults, with whom the themes will deeply resonate. From the team who brought us *Up* and *Monsters, Inc*, *Inside Out* lays the groundwork in the opening sequences, in which a little girl named Riley is born in Minnesota and experiences the first few years of life.

We view Riley's world through the emotions in her head - where we spend most of the movie itself. Our narrator and tour guide is Joy, a sort of effervescent, positive, zoom-about character who introduces us to Riley's other primary emotions including: Sadness, who can colour - and change - memories forever simply by touching them; Fear, who views every experience as potentially disastrous, but is sometimes a valuable asset; Anger, ready to throw a tantrum whenever things don't go Riley's way, and Disgust, who, like the other emotions, has shades of other traits.



At first things are pretty simple and straightforward for Baby Riley, as she experiences the Joy of parental love, Disgust when she tastes broccoli, Fear of noisy household appliances, etc. Fast forward to Riley's world at age 11, when the family moves to San Francisco because of her father's new job - and Riley has to cope with everything from tension between her parents to living in a less-than-desirable neighbourhood, missing her friends and feeling like an outcast at her new school. Things are starting to get complicated at Riley headquarters! It is like an animated *Alice in Wonderland* adventure within Riley's mind. As Riley becomes increasingly sad and resentful, Joy goes on a desperate quest to regain control or at least once again become a constant presence in Riley's life, lest Disgust, Fear and Anger remain at the controls forever.

Directed with great flair and pitch-perfect timing, brimming with sparkling visuals, filled with first-rate voice performances, thrilling adventures and unforgettable moments, *Inside Out* is an instant classic.

Anna Nolan

**STANSTED IS WELL READ**

We are a friendly informal book group and we meet on the first Tuesday of each month at the Dog and Duck in Lower Street. Our next meeting is 8.00pm on Tuesday 6<sup>th</sup> October when we will be discussing *Last Bus to Coffeeville* by J Paul Henderson. We would love you to join us, so please come along and don't worry if you haven't read the book as we find lots of other things to talk about!



Anne Watson  
 Tel: 898693

## T. F. PLASTERING

All aspects undertaken including:

- ✓ Re-skimming
- ✓ Coving
- ✓ Rendering
- ✓ Pebble Dashing
- ✓ Floor Screeding

Over 15 yrs experience. High standard of work. Fully insured.

For a free estimate call Terry

Home 01279 416311 Mobile 07738 278036

## Carpet Fitter

Carpets & Soft Flooring

For a quotation please call



**Ken Cabourn**

**Tel: 01279 815122**

**Mob: 07799 146181**

**RAY of the HILL** • Painting  
• Decorating  
• Gardening  
• General Maintenance

rayonthehill@btinternet.com  
Mob: 07790 509556  
Tel: 01279 816407

Ray Ball  
40 Chapel Hill  
Stansted CM24 8AG

## DAVID DUNCAN DECORATING SERVICES

- ◆ All aspects of Decorating
- ◆ Interior & Exterior
- ◆ All types of Paperhanging



All work guaranteed to a high standard

Public Liability Insurance

Over 30 years' experience

Please tel: 07956 563 943

Email: duncan\_dj@hotmail.com



## mwr interiors

Specialists in Painting and Decorating

**High Quality Painting Service**

We offer basic painting and decorating through to specialist finishes, furniture painting and colour mixing. We also have a large portfolio of heritage work sympathetic to older buildings.

Fully Qualified, 20 years experience

Tel: Matthew 07941 293365 Stansted 01279 899846

## Brown's Painting & Decorating

All sized jobs considered  
Please call Simon for a quote

Tel: 01279 813075

Mob: 07813 086763

Stansted based

simon@simonbrown8.orangehome.co.uk



## NICK SHUTES Painting and Decorating Ltd

High quality interior and  
exterior redecoration

All woodwork repairs and replacements  
including fascias, soffits and cladding

**01799 542385**

**or 07885 778213**

**www.nickshutesdecorating.co.uk**

**ada**  
Decorating

Professional Painting  
And Decorating Services  
With many years  
Experience.

*Our services cover:*

- Internal Decorating External Painting
- Slate & tile sealing + maintenance
- References available
- Wood floor lacquering
- Free detailed quotations available

Call... Office: 01279 817282  
Andy Richardson Mobile: 07980 439924  
email: adadecorating@googlemail.com

## Painting & Decorating

**Lesley Anne**

- Interior & Exterior
- From one room to complete house
- Competitive rates and references
- Free Estimates & Advice
- Dulux Select Decorator



**Tel: 01279 817055 or 07973 364394**

**Email: lesleyprowse@aol.com**

## MEMORY TEASER

Do you remember this? If so, when was it and what was the occasion? Do you know the names of anyone pictured? If you know anything about it please get in touch. We would love to hear from you. Contact details on page 1.

Editor



Photograph supplied by Keith Ayres

## STANSTED MOUNTFITCHET WINDMILL

They say that lightning does not strike twice in the same place. That may be true but persistent torrential rain on a Bank Holiday Monday round the Windmill certainly does! After what had so far been a successful year for the Mill, sadly the weather was not kind to us for the second consecutive year and consequently the Fête was not as good as we had planned, for we could not use the Windmill field or our outside equipment. However not all was lost, for we were very lucky to have the use of St John's Church hall and instead of the tables being brought to the Windmill field the goods were transported to the hall, largely through the good offices of Simon Collingwood with his van, and the stall holders were again very grateful to Simon for his help for the last four years. We had many loyal supporters who came to the hall and purchased a variety of goods and got some very good bargains. Fortunately we also had a good number of visitors at the Windmill which helped to swell the coffers.

Our next big event is our Race Night on Saturday 24<sup>th</sup> October 7.30pm for 8.00pm at the Day Centre/Crafton Room, Crafton Green. In view of the disappointing financial result of the Fête, we are now seeking your support for the Race Night, the receipts for which help with the maintenance of the Mill. Tickets are £10.00 which includes a very good fish and chip supper. Bring your own drinks. It promises to be an enjoyable fun evening so please do contact me or other Committee members for tickets. News about our Coffee Morning next time. The mill is open Sunday 4<sup>th</sup> October 1.30pm-5.30pm.



Molly Clark  
Co-Trustee  
Tel: 816768



"I am a Tulip – What are you?" was the intriguing question our September speaker, Jacqueline Aviolet of Rosie's Garden Plants, asked members. She explained that her family descended from the French Huguenots who fled French persecution and came to live in England, and although it would seem her flower would be 'A violet' there was not a violet called Jacqueline and so she chose the Tulip 'Jacqueline' as her flower. With the help of members' names she built an imaginary garden telling the members various flowers, trees, shrubs and vegetables that had their names and where they would be planted in this garden. It was an evening full of interesting facts and anecdotes about our chosen plants which had everyone laughing, and I am sure everyone will have a smile on their face when they remember the area where Sweet Peas are planted!! Unfortunately two of us were the little un-named weeds in the corner as no-one (as yet) has named plants after us. At the end of the meeting a wide selection of plants were available for purchase each one with a 'name'.

### Next Meeting

Wednesday 7<sup>th</sup> October when Dr Twigs Way will be telling us about *Digging for Victory – The War Time Garden*. Everyone welcome - Day Visitors £2.50 or membership available. The venue is the Day Centre, adjacent to the car park at the top of Chapel Hill. Doors open at 7.30pm for 8.00pm start. Refreshments are available prior to the meeting.

Maralyn Harris, Chairman

# David Fortune

MASTER BUILDER

New Builds & Alterations • Extensions  
Loft Conversions • Kitchen & Bathroom Fits  
Painting & Decorating • Landscaping  
**FREE PLANS with every agreed project**

## Rubber4Roofs

Fed up renewing your Felt Roofs?  
Why not opt for a Rubber Roof System

- No Joins • No Leaks •
- 50 year Life Expectancy •

For a **FREE** quotation please call  
01279 816883 or 07576 753811  
Email: fortunemasterbuilder@gmail.com

EDPM Approved Installer

# DEAN MASON Electrician

Professional and Friendly

All aspects of electrical work undertaken  
including PAT Testing  
Property Maintenance and Refurbishment  
*Small Jobs Welcome*

Please call for a free quotation

Tel: 01279 817369

Mob: 07747 572013

Email: [dsmason@outlook.com](mailto:dsmason@outlook.com)

6 Waterside Stansted CM24 8BH

## Nouvelle Carpentry & Building

Fully qualified local carpenter  
with over 25 years experience

- ◆ Extensions
- ◆ Kitchens
- ◆ Doors & Locks
- ◆ Windows
- ◆ Bespoke joinery
- ◆ Summer Houses
- ◆ Decking
- ◆ Soundproofing

Fully Insured and  
Guaranteed

**Nick Whitaker**

Mob: 07973 330731  
[nouvelleinteriors@googlemail.com](mailto:nouvelleinteriors@googlemail.com)

Park Road, Stansted

## J.D.W. Gas heating Specialist

Boiler Servicing  
Fast response to breakdowns  
of Central Heating  
& all gas appliances

Carbon Monoxide Testing  
Boiler Replacements  
General Plumbing  
Cooker Installations

24 Hour Call Out  
Gas Safe Registered  
Ex. British Gas

Contact Julian  
1 Church Hill Corner  
Tel 01279 816083  
or 07967 366585

## Crystal Clear Pond Services Pond Cleaning & Maintenance

Regular cleaning, maintenance  
and servicing **plus** supplying  
and fitting all pond equipment

- Pond Cleaning
- Pond Restoration
- Water Features
- Pond Supplies

For a clean and healthy  
pond all year round.  
Free estimates & quotes

01279 812011  
07999 536580

[www.crystalclearponds.co.uk](http://www.crystalclearponds.co.uk)  
[info@crystalclearponds.co.uk](mailto:info@crystalclearponds.co.uk)



Ed Howley Est 1990  
Furniture By Design

Fitted Furniture Specialist

Bedrooms • Studies • Media Units • Bookcases etc..

{ Furniture as individual  
as you are! }

Online showroom  
[www.edhowleyfbd.co.uk](http://www.edhowleyfbd.co.uk)

Also DIY and Trade supplies  
& Cutting and machining services available

Tel: 01279 815700  
[info@edhowleyfbd.co.uk](mailto:info@edhowleyfbd.co.uk)

3A Parsonage Farm, Foresthall Rd, Stansted, Essex, CM24 8TY

## Do-It-4U General Handyman

Home & Garden Repair, Care & Maintenance

- ◆ Plumbing, Electrical & Carpentry Services
- ◆ Drain Blockages Cleared
- ◆ Gardens Tidied & Maintained
- ◆ Hedges & Topiary Trimmed & Shaped
- ◆ Fences Erected & Repaired
- ◆ Gutters Cleaned, Repaired or Replaced
- ◆ Sheds & Other Sectional Buildings Erected

Tel 01279 814411 Mobile 07774 877320

## FAMILY BEHIND THE NAME

# CROASDAILE ROAD

Built in the 1960s on the site of the old army camp, Croasdaile Road is part of the Hargrave Estate. Like all roads on the estate it's named after a family with some connection to Hargrave House. Henry James Alexander Croasdaile lived in Hargrave Lodge (forerunner of Hargrave House) with his wife Harriet. On the grass verge at the junction of Croasdaile and Cambridge Road there is a stone urn dedicated to his parents, Henry and Mary by Henry Croasdaile dated 30<sup>th</sup> September 1797. Part of the inscription reads, 'in grateful remembrance of their many amiable qualities'.



Harriet and Henry James Alexander lived at Hargrave Lodge for many years. They had a daughter, Henrietta Charlotte who married Richard Taylor Raynsford and moved to London, and a son called Henry Gould Starkie. The latter rose to become Captain in the 10<sup>th</sup> Madras Native Infantry but after his service in India, became mentally deranged. In 1826 he was accommodated at 'Dr Wright's Lunatic House' (Warner Wright's Heigham House 'Retreat') near Norwich.

Henry Gould Starkie died at Heigham on 15<sup>th</sup> May 1847, in the same year as his mother. Harriet remained in Hargrave Lodge after her husband's death in 1831, and became 'one of the most kindly benefactors to the poor'. There is a memorial tablet on the south wall of the nave in St Mary's Church bearing the following inscription:

*To the memory of Mrs Harriet Croasdaile of Hargrave Lodge, in this parish in which she resided for a period of 60 years. She departed this life on the 11<sup>th</sup> Sept 1847 in the 78<sup>th</sup> year of her age, and her remains are deposited by the side of her husband Henry James Alexander Croasdaile Esq in a vault in Brasted Church, Kent. She was charitable to the poor and a most kind neighbour.*

The Croasdaile family obviously valued 'good neighbourliness'. Residents of the road bearing their name have a lot to live up to!



Yvonne Ayres



## MAGNA CARTA BARON'S ASSOCIATION

Writing on the 11<sup>th</sup> of the month, the September events are about to begin, and by the time this article is being read they will then be in the past, and can be commented on in the November issue. So too the Quiz Sheets - apologies that time did not permit the entries to be analysed. Answers will also appear in November. There is good news on the embroidery. At the invitation of the Chairman of Essex County Council the panels will be exhibited from 16<sup>th</sup> September until the end of the year in the Library at County Hall, Chelmsford. This will give the public a greater opportunity to view them and realise that there is much more to Stansted than the airport. The library is open seven days a week. Of course it will be in a completely different setting there, the image of the display in St Mary's is hard to beat. Before this could take place, the embroidery required retensioning, and the stitching of a calico backing to finish it off completely. Slipped into the back were a few 'time capsule' items: Magna Carta postage stamps, boarding pass from Stansted Airport, train ticket, a flier for the Fayre, and most importantly a list of the stitchers. In time to come when restoration is required, these little finds will give a glimpse into our lives today. At the time of writing the panels are ready to be reset into the frames. In last month's Link there was a picture of Major Ron Etherington when he came to the exhibition in St Mary's. As a result of this Jen Allaway put Zofia Everett in touch with him to record his war time memories. At the age of 98 years the Major has excellent recall, and is mentally very sharp. He recounted the horrors of the Imphal Box, a turning point in the Burma Campaign, 1944. His memories are now recorded for posterity. Thanks to all of you who have contributed to the Magna Carta celebrations.

Leila Riddell  
SMBA Committee  
Tel: 07770 955830



[www.rainbowpreschool-stansted.co.uk](http://www.rainbowpreschool-stansted.co.uk)

We have welcomed all the new children to the pre-school and hope that they are enjoying their time at Rainbow. This academic year we have introduced new names for the groups; the younger group will be known as 'The Explorers' and the older one as 'The Adventurers'. The Adventurers are also preparing for the Harvest Festival and will be making baskets which will be delivered to Norman Court. They will also attend a church service at St John's Church. Rainbow Pre-School takes children from 2½ years to rising 5. If you are interested in applying for a place for your child, please visit our website for details. You need to put your child's name down now, however young, to ensure a place. Contact Gill Pursglove the Pre-School Administrator on 814242 or email: [admin@rainbowpreschool.net](mailto:admin@rainbowpreschool.net).

Clair Rava  
Parent/Committee Member

**Bareham Overy Partnership**  
RIBA Chartered Architects

Turn ideas into reality .....

- Residential
- Industrial
- Interior Design
- Project Management
- Planning & Building Regulation Applications
- Leisure
- Commercial
- Space Planning



**01279 816040 www.barehamovery.co.uk**  
**The Forge, Stansted CM24 8UE**

**HIBBS & WALSH**  
associates limited ARCHITECTURE & DESIGN



**Mike Hibbs & Sebastian Walsh**  
53 High Street Saffron Walden Essex CB10 1AR  
Telephone 01799 523660  
Fax 01799 520651  
Email: office@hibbsandwalsh.co.uk  
Website: www.hibbsandwalsh.co.uk

**GARDEN & PROPERTY MAINTENANCE**



30 years experience in the building trade  
Call Steve Lambert for a reliable & local service

Qualified & Insured No job too small

**01279 814716 07712619508**

srlambert41@googlemail.com

**www.lambertbuildingservices.co.uk**

**GILLSON CARPENTRY & JOINERY**



- First & second fix carpentry
- Site & bench joinery
- Extensions & building projects
- Kitchens
- Wooden flooring
- Decking design & construction

Office 01279 812101  
Mobile 07525 061661

Email: gillsoncarpentry@btinternet.com

**Stansted Village Glazier**  
**Herts & Essex Window Doctor**



**Double Glazing Repairs**

- ✓ All Windows and Doors
- ✓ Locks, Hinges & Handles
- ✓ Glasses

Call Nigel on

**01279 816324 or 07769 274610**

Email: nijillpark@aol.com

**No Call Out Charge**



**LOCAL GLAZIERS**

With over 35 years in the glazing industry

- ✓ Broken windows & doors replaced same day
- ✓ Hinges & handles fitted
- ✓ Catflaps fitted
- ✓ Made to measure splashbacks & mirrors
- ✓ Roof panes & conservatory panes replaced
- ✓ And much more...

**01279 739131**

w: www.aaranglass.co.uk | e: info@aaranglass.co.uk



**C. TODD**

**Welding & Fabrication of Gates, Railings and other Metalwork for Domestic & Industrial Purposes**

**Telephone: 07968 168 434**

Unit 2A Wrights Yard, Top Road,  
Wimbish Green, Nr Saffron Walden, Essex CB10 2XJ

**CHURCHILL GENERAL BUILDERS**

All building works undertaken including patios, fencing, decorating, tiling, roofing, extensions, kitchens, bathrooms



Free estimates contact Duncan on  
**01799 543150 or 07792 254508**

Corner Cottage Vicarage Lane Ugley CM22 6HU

**ATTENTIVE • COURTEOUS • RELIABLE**

**A.C. WRIGHT**  
**BUILDING CONTRACTORS**

Orchard House, 5 Brewery Lane  
Stansted, Essex CM24 8LB

Tel. Bishop's Stortford (01279) 815759

Fax. (01279) 812484

Mobile 07974 989938



**KITCHENS - BATHROOMS - DECORATING**  
**EXTENSIONS - RENOVATIONS**

T: 07793 887198 E: chris@vesterps.co.uk



## STORT VALLEY ROTARY CLUB

www.stortvalleyrotary.com

Once again Stort Valley Rotary Club sponsored the annual fun run in which more than 150 schoolchildren took part. The event is organised by the Bishop's Stortford Running Club to encourage youngsters to be active and try out running, and it is hoped that some will go on to try the Running Club's junior section. As well as giving a donation to underwrite the out-of-pocket expenses for the event, our Club also hired the huge Rotary Arch from our friends in Thorpe Bay, which provided a spectacular start and finish line for the event much appreciated by the Running Club.

By contrast, at a recent meeting, Norma Symonds reported on her trip to India which she undertook with a small party, including a paramedic friend who runs a charity dedicated to the alleviation of poverty. They based themselves in Mumbai and carried out hands-on work with Indian agencies in some of the worst of the city's slums. Much of the work was with young people and children who for a variety of reasons had no family to support them. Norma was amazed how the children supported each other and how appreciative they were of any help - she also noted that they were almost all desperate to be hugged. Between helping out with charity work, Norma also took the opportunity to explore the city and interact with local people. She also saw the opulent side of Indian life when she was generously entertained by the Bombay Rotary Club. The Club has about 200 members, all of them wealthy professionals whose charitable work is predominantly supporting, from their own pockets, Indian agencies set up to carry out front line work with the poor.

If you are interested in joining Rotary or would like to try us out at some meetings please contact Derek Crowther on 832580 or visit our website to see our full range of past and future activities.

Jan Durkin

## CHRISTMAS IS COMING!

### Latest Recommended Posting Dates

*International Economy (Surface Mail):*

Tuesday 13<sup>th</sup> October for Canada, Hong Kong, Singapore, South Africa, USA

Tuesday 3<sup>rd</sup> November for Cyprus, Eastern Europe, Greece, Iceland, Malta, Turkey

Tuesday 17<sup>th</sup> November for Western Europe



Fundraising lunch Friday 23<sup>rd</sup> October noon-2.30pm in Manuden Village Hall. All welcome. Tickets £20 from Valerie 814544 until 8<sup>th</sup> October, and after then from me.

Peter Heap  
Tel: 817823

Email: willowbeech82@btinternet.com

## STANSTED PUBS



The Queens Head is a Grade 2 listed building and is located at the bottom of the village on Lower Street. It has been a popular local establishment since the early 17<sup>th</sup> or 18<sup>th</sup> century (we are not quite sure when). The pub has been extended into neighbouring properties over the years, which is evident by the different ceiling heights leaving the building as it is today.



Along with my partner Kathryn, I purchased the pub in July 2013 and really enjoy running it. We know that it has been owned by several different breweries in the past including Tolly Cobbold, but believe this is the first time in its long history it has been a free house. Lower Street has been prone to flooding and in 2014 the pub was severely flooded. However in true British fashion, the community came together in coats and wellies along with local fire-fighters to help drain the water. Unfortunately, the pub was left in ruins, with structural damage to the cellar making it unsafe, and we had to close. It was doubtful that we would ever open again because a great deal of historical damage, due to the pub not being dried out properly in the past, was also discovered; but in fighting spirit we spent eight months renovating the building to get it back to the once friendly inviting pub that it was. We received a lot of help and support from friends and the community, for which we are very grateful.



Although the bar and garden now have a new modern look, the pub has retained much of the old charm through the original features, including a cosy log fire for those cold British nights. We know very little of the pub's history and would love to hear from anyone who can tell us more.

Steve Betts  
Landlord  
Tel: 816589



**STEVE HALL**  
**GARDEN SERVICES**

**CALL FOR HELP IN YOUR GARDEN**



Tel 07778 049063  
or 01279 817739 after 6 pm





**GARDEN DESIGN** ✓  
**CONSTRUCTION** ✓  
**MAINTENANCE** ✓

Friendly service...  
No job too large or too small  
Call Scott on 07968 121 016  
for a free consultation  
References available. Fully insured.

website: [www.thesecretgardener.net](http://www.thesecretgardener.net)  
email: [thesecretgardeneressex@gmail.com](mailto:thesecretgardeneressex@gmail.com)



**GARDEN SERVICES**  
Professional and friendly  
Tom Cottam  
07834 785716 • 01279 850257

Grass & Hedge Cutting • Fencing  
Garden Clearances • Turfing & Preparation  
Power Washing • Pallets, Decking & Drives  
...any other General Garden Maintenance



[www.nwbrownlandscapes.co.uk](http://www.nwbrownlandscapes.co.uk)

All aspects of landscaping undertaken including  
fencing, decking, turfing, pruning & hedge cutting  
**Nigel Brown 07917 611945 / 01279 507255**





**Gill Owen Gardening Services**

- Most Aspects of Garden Work
- Grass Cutting
- Pressure Washing
- Any tasks considered – try me!

*Public Liability Insurance held*

No job too small - call me today  
**GILL OWEN : 07903 375225 or 01279 814616**



- \* Qualified
- \* Insured
- \* Council Approved
- \* All Aspects of Tree work Undertaken
- \* All works completed to BS3998
- \* Seasoned Logs for Sale

**Uppercut Trees**

At Uppercut Trees we pride ourselves on our local professional service. We deliver high standards of work in all aspects of tree and hedge care, from aesthetics to safety, conservation and ecology.  
Please contact us for advice or a free no-obligation quotation today!  
**Mobile 07703 308232 Office 01279 812553**  
[www.uppercuttrees.co.uk](http://www.uppercuttrees.co.uk)

**Lawn Supremacy**  
Garden Maintenance and Lawn Care Services

- Grass cutting, turfing, seeding, planting
- Garden clearances, patios
- Hedgecutting, pruning, fencing
- Weedkilling

Call Rory on 07805 521899 or 01279 815658

**G J Cox Farm & Forestry**  
Suppliers of

- ✓ Locally Grown Turf
- ✓ Garden Mulch
- ✓ Top Soil
- ✓ Seasoned Logs

using Sustainable Coppiced Wood

Tree Surgery \* Landscaping \* New Lawns Laid  
**Tel: Marie 01279 850495**  
The Wood Yard, Old Mead Rd Henham CM22 6JG



**Forest Hall School**  
Forest Hall Road, Stansted CM24 8TZ  
[www.fhs.essex.sch.uk](http://www.fhs.essex.sch.uk)

**Facilities for Hire**  
Halls • Classrooms • Meeting Rooms  
Dance/Drama Studio • Playing Fields  
available for events, functions, clubs and classes  
For further information or bookings please contact  
Business Manager Gareth David on 01279 813384  
Email: [g.david@fhs.essex.sch.uk](mailto:g.david@fhs.essex.sch.uk)

**Ugley Village Hall**

With two halls, ample parking, facilities for the disabled and competitive rates, Ugley Village Hall on the B1383 (Cambridge Road), is available for hire throughout the year for children's parties, adult parties (over 25s), functions, clubs, classes and social meetings.

For bookings or further information please contact Susan Bone  
Tel: 01279 814052/Email: [uglevillagehall@gmail.com](mailto:uglevillagehall@gmail.com)



## INNER WHEEL CLUB OF BISHOP'S STORTFORD

After our summer break with no meeting held in August, the Inner Wheel club held its annual Sunday afternoon Tea Party in early September, when Inner Wheel members entertained around thirty-five elderly guests and their carers/drivers from Contact the Elderly clubs in the east London Redbridge and Barking areas. Contact the Elderly is a national charity that gives elderly people - usually living on their own - the chance to meet up with others from their area, for a monthly Tea Party. These get-togethers are often hosted in people's homes, and the aged, often housebound folk, look forward to their monthly outings throughout the year. Inner Wheel has been involved with this charity for many years now, in the past hosting the event in various member's homes. We switched to using the Stansted Day Centre a few years ago, so that we could accommodate more guests, plus the easy parking and facilities for wheelchair users made it easier for both us as hosts and our guests.



As usual, members provided a wonderful array of cakes, scones, sandwiches etc, and a 'sing-a-long' led by Inner Wheel member Margaret Webb, had many of the guests joining in with popular songs remembered from the past. A lovely afternoon was enjoyed by all.

Inner Wheel meets on the fourth Tuesday evening each month at the Stansted Day Centre. New members warmly welcomed - further details from President June Milne on 01371 875370 or myself.



Brenda Cox  
Tel: 812191

### DON'T FORGET!

The clocks go back at 2.00am  
On Sunday 25<sup>th</sup> October



## FEARFUL PETS

Well summer is officially over; we have put up our firework display at the surgery. As some of you may know, I own a small brown dog called Broccoli (long story) and he is terrified of fireworks; in truth he is terrified of most things but fireworks in particular, and spends most of Bonfire Night in the wine rack in our kitchen - he is a very small dog, but even so it is a bit of a squeeze! We have tried all the usual tricks of turning up the television and drawing the curtains, but as soon as he hears the first bang, into the wine rack he goes. All the animal behaviourists agree that trying to carry on as normal is the best approach to animals showing anxiety, but this isn't easy if you have a terrified animal trying to jump on your lap or if you are trying to get to your next bottle of Merlot! One of the worst things is to make a fuss of your pet when it is scared as this only reinforces their fear, but it can be quite hard *not* to comfort your pet if it is in distress, as this goes against your natural instincts. The other important advice is to let your pet find the place where it feels most secure. If this is under your bed leave it there, if it is on your lap then that's OK too. Good luck to you St Bernard owners out there! We can give you lots of advice about coping with fireworks and we also have lots of things to help such as anti-anxiety supplements and herbal products as well as an advice sheet. Our nurses and receptionists are on hand to guide you through the best strategy for your pet. Clients often ask about sedatives but most vets tend not to prescribe them these days, as research has shown that they do not make an animal any less scared, they just make it unable to move. This reinforces the fear for the next time and so a nervous dog may become gradually worse over time. I hope you all have a lovely time if you do go and see any firework displays (personally I love them). I am just going to make sure I get my bottle out of the wine rack and make space for Broccoli!



Ilse Pedler  
Mercer and Hughes Veterinary Surgeons



The Club restarted on 24<sup>th</sup> September. We are still urgently looking for more helpers on Thursday evenings:

Volunteers to help run activities on Thursdays 7.00pm-8.45pm. We would also welcome school/ sixth form students aged 15 and over.

Drivers for our fully-accessible mini-bus bus, to and from Saffron Walden approximately once a month, between 6.00pm and 10.00pm. Full training provided.

Mini-bus escorts, to support the driver, ideally one Thursday a month.

Car drivers, to take members either to or from Saffron Walden and Stansted, one journey a month.

For more information, please contact either Sandra Embleton on 812627 or myself.



Katharine Collis  
Tel: 461270

## Index to Advertisers

<b>Animal Care</b>	B Stortford Dog Training Club	10	<b>Hairdressing</b>	Barnet Fayre	12
	Debs Dogs	26		Lino Thomas	OBC
	Mercer & Hughes	OBC		Nicky & Co	OBC
<b>Art and Craft</b>	Millway Stationery	IFC	<b>Halls for Hire</b>	Forest Hall School	38
<b>Building</b>	A C Wright Building Contractors	36		Ugley Village Hall	38
<b>Services</b>	Bareham Overy (Architects)	36	<b>Household</b>	Ken Carpet Fitter	32
	Churchills General Builders	36	<b>Furnishings</b>	Stort Blinds	IFC
	D S Designs (Architects)	IFC	<b>Household</b>	D C Alarms	28
	Hibbs & Walsh (Architects)	36	<b>Installations</b>	Mediacomms	28
	David Fortune (Builder)	34		SDS Aerials	28
	Vester Property Services	36		Stortford Audio	28
<b>Carpentry</b>	Furniture by Design	34	<b>Hypnotherapy</b>	Glynis Cheers	12
	Gillson Carpentry & Joinery	36	<b>Jeweller</b>	John Wilson	16
	Nouvelle Carpentry & Building	34	<b>Leisure</b>	Elsenham Golf Club	IBC
<b>Cleaning</b>	Chimney Sweep & Stoves	16		LivingWell Health Club	28
	Clear Ovens	16	<b>Motor Services</b>	Bikes Wanted	18
	Domestic Goddesses	IBC		D Bonney & Sons	28
	Ecaterina Domestic Cleaning	16		Conway Chauffeur Drive	IFC
	Go-Jo Quality Cleaning	16		Hilton Rental	24
	Herts & Essex Carpet Cleaning	16		J & R Cars	24
	Oven Bright	16	<b>Painting &amp;</b>	Ada Decorating	32
	Village Chimney Sweep	16	<b>Decorating</b>	Brown's Painting & Decorating	32
<b>Community &amp;</b>	Hearing Help	12		David Duncan Decorating	32
<b>Care</b>	Helpline	16		Lesley Anne (Decorating)	32
	Mountfitchet House Care Home	24		MWR Interiors	32
	Native American & Cavalry League	16		Ray on the Hill	32
	Stansted Mountfitchet Social Club	26		Shutes Painting & Decorating	32
<b>Computing</b>	MCM Computer Services	10		T F Plastering	32
	Taylor Computer Services	10	<b>Personal</b>	Essential Gem (Beauty)	12
<b>Dance</b>	Graham School of Dance	8	<b>Services</b>	George Cooper (Physiotherapy)	6
	Mitchell School of Dance	8		R Handford (Chiropody)	6
<b>Dental</b>	Simply Teeth	8		Julie Golden (Chiropody)	10
<b>Education &amp;</b>	Jan Rickwood (Baby Massage)	10		Lower Street Clinic	6
<b>Children</b>	Learn to Ride	10		Stansted Chiropractic	6
	Music Lessons	10		Stansted Psychotherapy	12
	Monique's Childminding	10	<b>Photography</b>	Williams (Osteopath)	6
	Rainbow Pre-School	18		Photosound	26
	St Nicholas School	12	<b>Pilates</b>	Akasha Wellness (Pilates & Yoga)	8
	Tuition	10		Back to Basics (Pilates)	8
<b>Electrical</b>	Albury Electrical Services	30		Tone Pilates	8
	Dean Mason	34	<b>Plumbing &amp;</b>	Harpers Plumbing & Heating	OBC
	Ethical Electrical	30	<b>Heating</b>	JDW Gas Heating Specialist	34
	Stansted Electric	30		Jones & Co (Plumbing & Heating))	30
<b>Family History</b>	Past Discoveries	12		Knight Plumbing	30
<b>Financial</b>	Greenways Financial Planning	26		KS Group Heating & Plumbing	30
<b>&amp; Legal</b>	Lever & Co Solicitors	18		Newman's Home Services	30
	Mansell & Co Accountants	IBC		Orion Heating	30
	Mosby Financial Service	26		Stansted Gas Services	30
<b>Food</b>	Crimson 8 Chinese	IBC	<b>Printing</b>	CZ Design & Print	28
	Dog & Duck	24	<b>Property</b>	Aaran Glass	36
	Linden House	24	<b>Maintenance &amp;</b>	Camwood Home Improvements	30
	Lower Street Brasserie	IBC	<b>Improvement</b>	Do-It-4U	34
	Pino Pizzeria & Grill	24		Fairweather Windows	IFC
	Sonargow Indian	24		Finch and Son	OBC
<b>Funeral</b>	Daniel Robinson & Sons	18		Garden & Property Maintenance	36
<b>Services</b>	D C Poulton & Sons	18		Herts & Essex Window Doctor	36
<b>Garden</b>	N W Brown (Landscapes)	38		Todd Welding & Fabrication	36
<b>Services</b>	Cox Farm & Forestry	38	<b>Retailers</b>	Family News (Londis)	10
	Crystal Clear Ponds	34		Paris Legore (Flowers & Gifts)	IFC
	D Honour & Son (Landscapes)	OBC	<b>Spiritualists</b>	Arthur Findlay College	18
	H2O Plants	OBC	<b>Stonemason</b>	J Day & Son	16
	Steve Hall Garden Services	38	<b>Travel</b>	Absolute Travel	IBC
	Lawn Supremacy	38	<b>Will Writing</b>	Herts & Essex Wills	10
	Mowtivated	38		The Will Practice	IBC
	Gill Owen (Gardening Services)	38			
	The Secret Gardener	38			
	Uppercut Trees	38			

IFC - Inside Front Cover

IBC - Inside Back Cover

OBC - Outside Back Cover

**Mansell & Co. Est. 1970**  
**Chartered Certified Accountants, Registered Auditors**

All aspects of accounts, audit and taxation

We are an established firm offering a cost-effective and professional service to businesses of all sizes, both start-ups and existing businesses changing advisor

*Please contact us for a free consultation, quoting "Link"*

**Mark Williams FCCA or Jeremy Fozzard FCCA**  
 5 Ducketts Wharf, South Street, Bishops Stortford CM23 3AR  
**01279 658499**  
[info@mansellandco.org](mailto:info@mansellandco.org)




protect your loved ones  
**FUTURES**



Wills  
 Probate  
 Property Trusts  
 Lasting Power of Attorney

Call **01279 260 068**  
 Authorised and regulated by the  
 Chartered Institute of Legal Executives  
[www.willandprobatepractice.com](http://www.willandprobatepractice.com)

**the will & probate practice**



**The Family Friendly Golf Club**

9 HOLE PARKLAND COURSE  
 3 HOLE BEGINNERS' ACADEMY COURSE  
 FAMILY ORIENTATED TEACHING ACADEMY  
 EXCELLENT HEATED FLOODLIT DRIVING RANGE  
 CAFÉ BAR & LOUNGE AREA  
 FULLY EQUIPPED GYM & FITNESS CLASSES  
 CHILDREN'S PARTIES

Function Room for Weddings, Parties, Meetings & Society Days

**Tel: 01279 812865**  
[info@elsenhambgolfandleisure.co.uk](mailto:info@elsenhambgolfandleisure.co.uk)  
[www.elsenhambgolfandleisure.co.uk](http://www.elsenhambgolfandleisure.co.uk)



**BRASSERIE lower st.**

*Refined dining in a relaxed atmosphere*

t: 01279 817177  
[enquiries@thebrasserielowstreet.co.uk](mailto:enquiries@thebrasserielowstreet.co.uk)  
[www.thebrasserielowstreet.co.uk](http://www.thebrasserielowstreet.co.uk)  
 30 Lower Street | Stansted | Essex | CM24 8LP

 TheBrasserieLowerStreet

 Ranked No1 on tripadvisor for restaurants in Stansted Mountfitchet

**Binwash**  
 We clean wheelie bins!  
 Commercial & Domestic



**FREE! First Clean to new Customers**  
 \* Households only - try us before you buy!

Monthly Cleaning from just **£3.50!**

[www.binwash-uk.com](http://www.binwash-uk.com)  
**01799 529899**  
[enquiries@binwash-uk.com](mailto:enquiries@binwash-uk.com)

**absolute travel**  
 explore • dream • discover

Stansted's own independent travel agency

● holidays ● flights ● cruise ● offers

01279 648 900  
 10, Chapel Hill, Stansted Mountfitchet  
[www.absolutetravel.co.uk](http://www.absolutetravel.co.uk)

 @absolutetravel4  absolutetravelagent

 **ABTA**  
 The Travel Association

**CRIMSON** **Finest Oriental Cuisine**  
**RESTAURANT & TAKE AWAY**



**Tel: 01279 812818**  
 Telephone Orders Welcome  
 Open Bank Holidays

**OPENING HOURS**  
 Sun, Mon, & Wed 5.30 pm - 11.30 pm  
 Thur, Fri & Sat 5.30 pm - midnight  
**Tuesday closed**  
 Lunch: Thurs, Fri & Sat 12 noon - 2.00 pm  
 Unit 7, Castle Walk, Lower St, Stansted CM24 8LY

Free Quotations Call us on Tel : 01279 817322



**KEEP CALM**  
 Domestic Goddesses Are Here

Mobile:  
 07747 667319  
[denise@domestic-goddesses.co.uk](mailto:denise@domestic-goddesses.co.uk)  
[www.domestic-goddesses.co.uk](http://www.domestic-goddesses.co.uk)

We don't cut corners, We clean them!

**FINCH & SON**  
**KITCHENS**  
**BATHROOMS · BEDROOMS**  
**PLUMBING · CARPENTRY**  
**SMALL BUILDING WORKS**  
**DECORATING · TILING**

Paul Finch (BEng)  
 07981 907 624 finchandson@gmail.com

**H<sub>2</sub>O PLANTS**

AQUATIC AND ENVIRONMENTAL SERVICES

- |                  |              |                     |
|------------------|--------------|---------------------|
| FIBREGLASSING    | KOI PONDS    | POND CONSTRUCTION   |
| AQUATIC PLANTING | WATERFALLS   | POND MAINTENANCE    |
| WATER FEATURES   | POND LINERS  | FILTRATION SYSTEMS  |
| POND CLEANING    | WEED CONTROL | LAKE MAINTENANCE    |
| WILDLIFE PONDS   | FOUNTAINS    | FISH TRANSPORTATION |

All staff are fully trained, reliable and insured. Commercial & Domestic customers welcome.

Freephone: 0800 135 7343  
 Essex: 01279 216 538  
 Hertfordshire: 01992 666 344  
 h2oplants@hotmail.com

**City & Guilds**  
**NPTC**

Mobile: 07958 304 744  
 Cambridge: 01223 655 385  
 London: 0207 993 2886  
 www.h2oplants.co.uk



**LINO THOMAS**

HAIRDRESSERS

TELEPHONE 01279 812910

LINO THOMAS, THE GREENS BUILDING, CAMBRIDGE ROAD,  
 STANSTED MOUNTFITCHET, ESSEX CM24 8BZ  
 WWW.LINOTHOMASHAIRDRESSING.CO.UK



**Mercer & Hughes**  
*Veterinary Surgery*



**Stansted Mountfitchet**  
**01279 813780**

80 Cambridge Road Stansted  
 Essex CM24 8DA

Saffron Walden 01799 522082/521406  
 Great Dunmow 01371 872 836



**IN-HOUSE 24 HOUR**  
**EMERGENCY SERVICE**



www.mercerandhughes.co.uk



**Heating & Plumbing Ltd**  
 www.harpersplumbing.co.uk

- All Plumbing, Heating & Gas Repairs
- Service & Installation
- Bathroom & Water Softener Installations
- Power Flushing ~ Gas & Oil Specialists
- Air & Ground Source Heat Pumps
- Solar Hot Water Installations



Boiler Finance Available



Tel: 01279 771981 Mob: 07885 597063  
 Email: nharper114@aol.com

**D. Honour & Son**  
 (Landscape) Ltd.  
 Your local Marshalls approved Installer  
**Brickwork Paving Fencing**



**Tel: 01279 813160**  
 email: honourlandscapes@aol.com  
 web: www.honourlandscape.co.uk  
 The Old Brickyard, Elsenham Road, Stansted, Essex CM24 8ST



**HAIR**  
*Style &*

*Nicky Co*

**Opening Hours:**

Tue 9 am - 9 pm  
 Wed - Fri 9 am - 6 pm  
 Sat 9 am - 4.30



1 Lower Street, Stansted CM24 8LN  
 Tel: 01279 817899