

FAIRWEATHER WINDOWS

PART OF THE FAIRWEATHER GROUP
Specialising in Windows, Doors & Conservatories

Are you looking to replace those draughty old windows and doors?
Or create more space by adding a conservatory or extension to your home?



We are your local home improvement specialists, using only the best quality products, sold at very competitive prices. All products can be 'A' rated for extra energy efficiency and come to you with a full **10 year guarantee** from a FENSA registered company

Talk to a tradesman, not a salesman
Save Energy - Save Money!

call us NOW on **01279 813888**

FAIRWEATHER *plastics* Fascias & Soffits, Guttering, UPVC Profiles and Fixings
PART OF THE FAIRWEATHER GROUP
Unit 7 The Links Industrial Estate, Raynham Road, Bishops Stortford, Herts CM23 5NZ
Trade Counter & Showroom NOW OPEN

Conway Chauffeur Drive Stansted

Luxury Private Hire

Latest style Mercedes E-class
Pre-booking required



24/7 Airport Transfers for the discerning Business or Holiday Traveller
Meet and Greet services ~ Competitive Pricing to any Destination
London Nights Out ~ Sporting Events ~ Shopping Trips
Uttlesford Licensed ~ Accounts Welcome

Quotations: **07803 100321** terry-conway@o2.co.uk
www.conwaychauffeurdrivestansted.co.uk

Paul's Lagoon Flowers & Gifts
Flowers and Gifts
01279 812 810 | www.paulslagoon.co.uk | paul@paulslagoon.co.uk
Paul's Lagoon Flowers & Gifts | 27 Emley Street | Stansted | CM24 8LN

"STANSTED'S BIGGEST SECRET"

MILLWAY
OFFICE SUPPLIES

All You Need Under One Roof

FREE
PARKING



OPEN
MONDAY - FRIDAY
8.30am - 5.00pm
SATURDAY
9.00am - 1.00pm

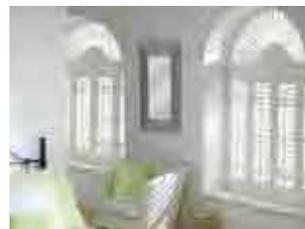
Chapel Hill, Stansted, Essex. CM24 8AP Tel: 01279 812009
www.millwaystationery.co.uk millwaysue@btinternet.com

STORT BLINDS

INDIVIDUAL STYLE

SAVE UP TO 25% OFF NORMAL RETAIL PRICES
WITH OUR STUNNING BLIND RANGE

BLINDS | SHUTTERS | AWNINGS | CURTAINS



CALL FOR A FREE ESTIMATE

www.stortblinds.co.uk | Tel: 01279 504121



ds designs
Innovative Architectural Designs

specialize in residential extensions, conversions,
refurbishments & layout design
contact us for a free initial consultation

www.dsdesigns.eu

mob: 07738375496

Cover photo:
View from
Foresthall Park
by Susan Bone

Editor:

Yvonne Ayres
01279 814706
editor@stanstedlink.org.uk

Advertising:

Mike and Marion Dyer
01279 814059
advert@stanstedlink.org.uk
Or check on website for prices

Distribution Queries:

David Horton
01279 813680
distribution@stanstedlink.org.uk

Treasurer:

Alan Wheeler
01279 813745
accounts@stanstedlink.org.uk

Directors:

Malcolm Lloyd (Chairman)
Susan Bone
Catherine Dean
Sarah Ludlow-Elston
Dick Pollard

Printers:

CZ Design and Print
01279 657769

CIRCULATION:

The Link is delivered free to over 3000 homes and businesses in Stansted Mountfitchet. Further copies may be purchased for £1 each or £11.00 for the year, plus postage.

CONTRIBUTIONS:

by email (*preferred*), up to 300 words in a Word document, please, to:
editor@stanstedlink.org.uk
by **noon** on **11th August** for the September issue
or by hand to:
7 Blythwood Gardens,
Stansted CM24 8HG
by **noon** on **8th August** for the September issue

The Link is produced by Stansted Mountfitchet Magazine Community Interest Company and supported by local churches, businesses and the Parish Council. Each edition is also available online at www.stanstedlink.org.uk.

EDITORIAL



Many families go on holiday in August, and it's all too easy in the last minute rush to get suitcases packed and loaded, arrange 'carers' for pets and gardens etc, to leave home without ensuring your property is secure. Spare a few moments to check that all windows and doors of house, sheds and garage are locked and that friends and/or neighbours are able to keep an eye on the house in your absence. Or maybe you're opting for a staycation this year. For the uninitiated a staycation means staying in the comfort of your own home, making the most of all Stansted has to offer in the way of restaurants/pubs and tea/coffee shops and going out for the day wherever and whenever the mood (and weather) takes you. An ideal opportunity to visit all those places and attractions on our doorstep that you've always meant to go and see, but haven't got round to. Whatever you decide make the most of the holidays and enjoy - Christmas is just around the corner (see pages 20 and 22).

CONTENTS

Thought for the Month	2	Stansted Mountfitchet WI	17
Church News	2-3	Bouncy Picnic	17
In Memoriam - Marion Johnson	4	Stansted network	19-22
Hargrave House	4	Directory of Local Clubs	23
Memory Teaser - Finale	4	Stansted Pubs - Dog & Duck	25
Nature Notes	4	Huw Johnson Club	25
Village Events	5	Volunteer Speed Watch	25
Stort Valley Rotary	7	Gardening Tips	27
Ugley WI	7	Local History Society	27
The Hundred Parishes Society	7	Farnham Primary School	27
Children's Quiz	7	The Place on the Hill	27
The Birchanger Wood Trust	9	Stansted Tennis Club	29
Friends of St James the Great, Thorley	9	Stansted Mountfitchet U3A	29
Children's Quiz - Answers	9	Stansted Stroll	31
Did You Know?	9	Stansted Business Forum	33
Beekeeping	11	Stansted Cricket Club	33
Stansted Mountfitchet Windmill	11	Days Out in Hertford Area	35
Stansted Bowling Club	11	Pets and Hot Weather	35
Stansted Football Club	13	Mountfitchet Garden Club	37
Stansted Supers Handball Club	13	Stansted is Well Read	37
Fire Station Open Day	13	Stansted Flooding	37
Summer Budget 2015	13	Bishop's Stortford and District Footpath Association	37
Stansted Medieval Fayre	14	Citizens Advice Bureau	39
More Magna Carta Events	15	Rainbow Pre-School	39
Forest Hall School	15	Stop Stansted Expansion	39
Village Diary	15	Nature Notes - Contributors	
Scouts	17	Needed	39
Stop Press	17	Index to Advertisers	40

DISCLAIMER Opinions in The Link reflect those of the authors and contributors. Publication (on paper or electronically) of articles, advertisements or product/services information does not constitute endorsement by The Link nor is any culpability accepted for work undertaken by advertisers.

Stansted network is compiled by Stansted Mountfitchet Parish Council.

THOUGHT FOR THE MONTH

Jesus was insulted. (Luke 7: 36-50) He had been invited to a meal by Simon the Pharisee, but on his arrival, Simon deliberately ignored all the traditional acts of welcome. Many people would have walked out at that point. This was clearly not to be a meal of friendship, but a dressing down, a "Let's sort out this upstart Teacher event". But before anything can happen, a woman, a city sinner no less, is so shocked that she dispenses the welcome courtesies herself. She washes Jesus' feet with her tears and dries them with her hair. So the dramatic act of insult by Simon is immediately followed by a dramatic act of appalling intimacy by this woman. Those present must have wondered what on earth would happen next. Jesus turns to Simon and asks who would love most, someone forgiven a little or someone forgiven a lot? Simon says the person forgiven a lot. Jesus replies that she, a city sinner, has been forgiven a lot and loves a lot; you, an upright Pharisee, have been forgiven a little and love only a little. Forgiveness is a form of love, redeeming love. To forgive is to give love; to receive forgiveness is to receive love. How much our society, our world, needs to relearn this truth today. Hatred and revenge can only breed their own kind. You can see this in our own lives and all over the world every day. How about enjoying the experience of forgiveness, both in forgiving others and in being forgiven, and encouraging others to do the same? For just as hatred breeds hatred, so love breeds love.



Rev Stuart Veitch
Stansted Free Church



Food Bank

CTS has been operating a food bank for those in need within the parish of Stansted for nearly three years, thanks entirely to the generosity of the congregations of our five member churches. Sadly, there is a fairly constant need in the village for food parcels and, in order to maintain the necessary stocks to meet the demand, our local Co-op and Tesco stores have kindly and willingly agreed to hold boxes in their stores for the collection of donations. A box is already in place at the Co-op (on one of the shelves just inside the door on the right as you enter), and by the time this article is printed, the box should be in place in Tesco. These boxes will enable customers to make a contribution of any of the requisite items to ensure that we can continue to help those of our neighbours who, for a variety of reasons, find themselves in desperate need. A list of suitable items will be displayed near the boxes. These food parcels are for local residents and are only distributed in accordance with referrals from the CAB, Spangles Children's Centre or other recognised professional bodies. Our grateful thanks go to the Co-op and Tesco for so readily agreeing to this arrangement and, in anticipation, to our local residents for their generosity in responding to our appeal.

Francine Cope
Tel: 814562

Songs of Praise

There is to be a Songs of Praise involving all Churches on Sunday 13th September at 3.30pm in the Memorial Grounds of St John's Church, weather permitting, otherwise inside St John's Church. This will be part of the general Magna Carta Commemorations and all are welcome. There will be a Brass Band from Bishop's Stortford to accompany the hymns chosen and introduced by church members. Please come along for what promises to be a wonderful afternoon of community praise. For further details contact me.

David Morson
Tel: 850209
Email: davidmorson20@gmail.com

ROMAN CATHOLIC St Therese of Lisieux High Lane

Priest Father John Garrett

Office Tel: 816889
Email: stansted@dioceseofbrentwood.org

Masses Saturday 6.00pm
Sunday 10.00am
Holy Days of Obligation 8.00am and 8.00pm
Mon, Tue, Thu, Fri 9.30am

Confessions
Saturday 10.00am
and by appointment

Baptisms By appointment



THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Quaker Meeting House, 71 Chapel Hill
Stansted CM24 8AE

Clerk Jane Mitchell
Tel: 503024
Email: sjane.mitchell@ntlworld.com

Meeting Sunday, 10.30am every week

Light Group 10.30am-11.15am Saturdays
12th September and 14th November



STANSTED FREE CHURCH
Methodist / URC
Chapel Hill, Stansted CM24 8AG
www.stanstedfreechurch.org.uk



Minister Rev'd Roy Fowler
 Tel: 814809
 minister@stanstedfreechurch.org.uk

Lettings Marion and Mike Dyer
 Tel: 814059
 lettings@stanstedfreechurch.org.uk

Preachers for August

2nd 10.30am The Worship Team - New Directions
 9th 10.30am Rev'd Christine Fowler
 16th 10.30am Rev'd Roy Fowler - Communion
 23rd 10.30am Julie Finbow
 30th 10.30am Denis Walker

Welcome to New Member



We were pleased to welcome friends and family of Blanca Stevenson at a recent service when Blanca was received into membership.

As Stansted Free Church is a Local Ecumenical Partnership, Blanca is now a member of both the Methodist and United Reformed Churches. The picture shows Blanca standing next to our Minister, Rev'd Roy Fowler, who conducted the service.

Photo: Fran Richards



www.stanstedfamilychurch.com

Contact: Howard and Ros Page
 Tel: 810813
Email: contactstanstedfam@yahoo.com

Our Christian beliefs are conventional, we are just doing church differently. For details of events see the What's On page of our church website, or contact us.

Our @27 meeting this month will be on Wednesday 19th August (contemporary worship and a Bible-based message). Most of our other regular groups and activities are taking a break this month, but look out for the Bouncy Picnic family event on the Rec on Saturday 22nd August (see separate article for details).

All enquiries: The Church Office, St John's Hall,
 St John's Road, Stansted CM24 8JP
 Tel: 815243
 Office hours Mon 9.00am-11.30am, Wed
 9.00am-12 noon, Fri 9.00am-12.30pm
 Email: stjohs.church@btinternet.com
 Website: www.stanstedstjohns.btik.com

Rector: Rev'd Paul Wilkin
 Tel: 812203
 Email: stansted.rector@gmail.com

Director of Music: Anne Brooks
 Email: anne.brooks22@yahoo.co.uk

Church Hall Bookings: Simon Wilson
 Tel or text: 07582 856689
 Email: stjohs.hallbookings@gmail.com

St John's Diary

Sunday
 8.00am Said Holy Communion
 9.30am Worship for All (2nd Sunday)
 9.30am Choral Eucharist (1st, 3rd, 4th Sundays)

Monday-Tuesday, Thursday and Saturday

8.30am Morning Prayer
Tuesday 9.00am St John's Tots
Wednesday 9.00am Morning Prayer
 10.00am Holy Communion
Monday-Thursday and Saturday 5.00pm Evening Prayer
 There are services of Holy Communion on the first Tuesdays and Wednesdays of the month in Norman Court, Hargrave House and Broome End Nursing Homes.

From the Registers

June

Funerals

Gavin Painter
 Sheila Tonkin Burial of Ashes
 Nigel Holland at St John's and Parndon Wood
 Marion Johnson at St John's and Parndon Wood

There were no baptisms or weddings in June

ST JOHN'S 300 CLUB

Many congratulations to the winners of the June draws:

£100 No 72 Tom Johnson
 £ 50 No 69 Kathleen Clark
 £ 25 No 182 John Elliott

Look out for the results next month of the draws for July carried out on Sunday 26th July as these will include the first of the year's **extra** draws of £200! The draws for August will be held on Sunday 30th August in St John's Church following the 9.30am service. Numbers are available at £2 per month per number. Please contact me for an application form if you would like to be in with a chance of winning whilst helping to support the work of St John's Church.

Francine Cope
 Tel: 814562

IN MEMORIAM

MARION GERMAINE JOHNSON

15th July 1930-28th May 2015

In the July issue of The Link, Katherine Collis and Stella Skingle wrote comprehensively of Marion's service to the community through the Huw Johnson Club and the Good Friday Projects. Whilst these remain the lasting memorials to her, her service to the village through the Church and village school should also be recorded.

Marion came to Stansted from Cardiff where her father was a loyal member of St Germain's Church. After training as a teacher at Hockerill College she was persuaded by Stansted's then curate, Rev'd Graham Leonard (later Bishop of London) to take a teaching post at St Mary's School in



Stansted, one that she held for 36 years, making her one of the school's longest serving members of staff. Many of the older people in the village will remember being taught by Miss Perkins, as she then was, before she met and married Tom. She went on to teach a further two generations of Stansted children. Marion's faith was always unwavering and she

often said "Christ is my cornerstone." She worshipped every Sunday and for many years until recently she and Tom attended weekday services too. For over 30 years, Marion was an enthusiastic leader of the Church Sunday school, a role she held well into retirement. Her abiding concern was, however, the welfare of disabled young people and, through the work of The Huw Johnson Club, this became the theme for her life; something that many young, and not-so-young people from Stansted to Saffron Walden can attest.

The affection in which she was held was clearly demonstrated by the number of people who attended Marion's funeral. In a packed St John's Church were friends going back many years from all over the country, including many former teaching colleagues, a past vicar from St Germain's in Cardiff and a friend and former Stansted curate, Tony Bundock (now Rev'd Canon). The Rector was assisted in the service by Rev'd Brenda Wallace and Rev'd Jane Freeman. Marion, Tom and Ann became among the most regular worshippers at St John's Church for over six decades. Thankfully Tom and Ann are continuing to attend so a fine family tradition lives on.

Thank you, Marion, for everything.

Derek Honour

HARGRAVE HOUSE

A reminder of our fundraising fête and boot sale on Saturday 15th August 2.00pm, with donkey rides, tombola, raffle, hot donuts, cream teas, BBQ, bouncy castle, and a licensed bar. Entrance is only 30p. If you are interested in either a boot sale pitch or a pitch to sell goods, please contact myself or Hayley. Boot sale pitches £7.00 per car.

Julie Cooke
Activities Co-ordinator
Tel: 817272

MEMORY TEASER – Finale

The photograph printed in the last two issues of The Link has caused much discussion and speculation. Thanks to everyone who contacted us we've now received quite a comprehensive list of names of those pictured including:

Fanny Blair, Mrs Boyd, Molly Brown, Mrs Cox, Mrs Crouch, Mrs Cubbit, Dorrie Davis, Annette Dawson, Mrs DeBoodt, Mrs Dewdney, Mrs Dodson, Mary Ecclestone, Mrs Eddington, Betty Francis, Ivy Francis, Mrs Goods, Ethel Gray, Kay Grubb, Elsie Herrington, Phyllis Hickman, Mrs Hill (President), Barbara Hoffman, Mrs Horner, Mabel Johnson, Mrs Jones, May Jordan, Edna Laird, Mary Markwell, Isabel Mitchell, Mrs Morton, Marjorie Roger (Hogg), Shirley Pearce, Doris Player, Sally Prior, Mrs Sweet, Lily Tant, Georgie Taylor, Miss Tunbridge, Miss Turner, Mrs Vaughan, Fan Watson, Mrs White.

The general consensus is that the event was the 60th anniversary celebration of the Women's Own in 1978. Women's Own (later known as Women's Guild) was a group initially set up after WW1 by members of the Stansted Congregational Church, which was open to all women of any denomination. In the early days Women's Own held its afternoon meetings in the Central Hall (now The Old Court-house) on Chapel Hill. Sadly, a few years after it celebrated its 60th anniversary the organisation folded.

Yvonne Ayres with help from Betty Francis, Carole Lambert, Marion Pretty and Janet Townsend

Nature Notes



We are so lucky to live on our little island with its diversity of wonderful countryside, most of which can be reached in a day's journey from Stansted. I have recently had occasion to visit a huge island on the far side of the world which also has stunning geographical features, but one could travel all day along mostly straight roads and end up looking at what could just as well be the same gum trees as when you set out. A further blessing for us is that we have our ancient network of paths and country lanes which give us access to the countryside around Stansted. One does not need to be a naturalist to enjoy the great variety of wildlife on our doorstep, and regular walkers soon get to recognise and appreciate the different flowers, trees and birds without needing to know all their names. On a warm summer's day take time on a walk to sit for a while on a log or grassy bank in a likely spot. More often than not patience will be rewarded because you may spot little flowers which you had not noticed before, or a stoat or hare may pop out of the hedge, a fox or deer may come trotting round the corner, a bird of prey may be circling overhead, and all around the insects and other small creatures will be pursuing their various roles in life. Try it - you will feel better for it, and not just because it is free.



Felix



Stansted Windmill

MILL OPEN

1.30 - 5.30 pm
Sun 2nd & 30th Aug
Mon 31st Aug

ANNUAL FÊTE

1.30 - 5 pm 31st August
(Bank Holiday Monday)



Green Waste Skip Dates

Lower Street Car Park
Sundays 9 am - 1 pm
Aug 2nd, 16th & 30th
Sep 13th & 27th
Oct 11th & 25th



Essex County Fire & Rescue Service

Fire Station Open Day

10 am - 4 pm Sat 8th Aug

- ◆ Have Fun
- ◆ Meet the Crew
- ◆ See the Fire Engines

Free entry - all welcome

WHAT'S ON IN AUGUST

2, 16 & 30 Sun	Skips	Lower Street Car Pk 9 am - 1 pm
2 Sun	Windmill Open	1.30 - 5.30 pm
5 Wed	Mountfitchet Seniors	Day Centre 2 - 4 pm
	Mountfitchet Garden Club	Buntingford 7.15 pm
7 Fri	Stansted Business Forum	Linden House 7 for 7.30 am
8 Sat	Open Day	Fire Station 10 am - 4 pm
9 Sun	Grand Opening	Skatepark 11 am
10 Mon	Ladies' Night	Tennis Club 7 pm
11 Tue	Link copy in due today	before 12 noon
	Dementia Café	Quaker Meeting Hse 10 am - noon
13 Thu	WI	Day Centre 7.45 pm
15 Sat	Farmers' Market	Ugley Village Hall 10 am - noon
	Fête and Boot Sale	Hargrave House 2 pm
16 Sun	Open Day	Easton Lodge 11.30 am - 4 pm
20 Thu	Stansted U3A	St John's Hall 1.30 for 2 pm
22 Sat	Bouncy Picnic	Recreation Ground 1 - 4 pm
25 Tue	Stansted is Well Read	Dog & Duck 8 pm
29 Sat - 31 Mon	Flower Festival & Crafts	St James' Thorley noon - 5 pm
30 Sun & 31 Mon	Windmill Open	1.30 - 5.30 pm
31 Mon	Windmill Fête	1.30 - 5 pm

STANSTED SKATEPARK

Grand Opening

11 am Sun 9th August
Lower Street



Demonstrations from
Matt King & Zach Shaw

All Welcome
Come & have a try!

UGLEY FARMERS' MARKET

10 am - noon Sat 15th August
Ugley Village Hall

Meat ~ Poultry ~ Fish ~ Eggs ~ Bread
Home Baking ~ Knitting & Needlework
Fruit & Veg ~ Oil & Vinegar ~ Crafts

Refreshments with cake and bacon rolls



Magna Carta 800

September Events

7.30 pm Friday 11th
St Teresa's Church

Medieval Music and Drama
by Trouvère

3.30 pm Sunday 13th

Memorial Gardens, Chapel Hill
(in St John's Church if wet)

Songs of Praise

All Welcome - Tickets not required

7.30 pm Wednesday 16th
St Teresa's Hall

Talk on The Early Montfitchets
by Peter Sanders

7.30 pm Friday 25th
St Mary's Church

Celebration of Liberty
by Local Singers and Actors

Tickets for all events (except Songs of Praise) from Sheila on 814973 or Steve Golding Greengrocer, Chapel Hill



Centenary Celebrations

Stansted WI

STRAWBERRY CREAM TEA

2.30 - 4.30 pm Wed 30th Sept
Day Centre

Part of the National WI
'World's Biggest Tea Party'

Proceeds to Day Centre Refurbishment
Entry £3.50 ~ All welcome

St James Church, Thorley

12 - 5 pm

Sat 29th - Mon 31st Aug

Flower & Music Festival
'A Good Read'
and Craft Festival

Refreshments & Raffle
All welcome ~ Entry free

FÊTE & BOOT SALE

2 pm Sat 15th August
Hargrave House

BBQ ~ Raffle ~ Tombola
Cream Teas ~ Donkey Rides
Hot Donuts ~ Bar ~ Raffle
Bouncy Castle and more ..

Entry 30p ~ Boot Pitches £7
Licensed Bar ~ Tel 817272



Stansted Family Café

Bouncy Picnic

1 - 4 pm Sat 22nd Aug
Recreation Ground

FREE inflatables for under 12s
Drinks & Hot Dogs
Bring your own picnic

Everyone Welcome ~ Just Turn Up!

CHIROPODIST & PODIATRIST Stansted

and Bishop's Stortford

- ◆ Orthotics
- ◆ Diabetic Foot Care
- ◆ Evening & Saturday Clinics
- ◆ Routine Treatment

R Handford & Colleagues
H.P.C. Registered

36 Lower Street, Stansted
Also at 16 Hockerill Street, Bishop's Stortford

01279 652249 info@feet.org.uk
www.feet.org.uk



George Cooper

Physiotherapy & Sports Injury Clinic
27 Cambridge Road, Stansted CM24 8BX
Free parking at rear

Chartered Physiotherapist
MCSP, SRP, HPC, MSC,
BSC (HONS)

*** Sports Rehab Gym ***



15 yrs experience in professional football treating the following:

Neck Pain ~ Back Pain ~ Pelvic Pain ~ Sciatica
Tennis/Golfers Elbow ~ Osgoods Schlatters
Shin Splints ~ Severs Disease ~ Sprains ~ Strains
Tendinitis ~ Arthritis ~ Whiplash ~ Carpal Tunnel

Tel: 01279 813253
Mob: 07972 375956
Email: info@gcphysiotherapy.co.uk

www.gcphysiotherapy.co.uk



Why live with your aches and pains?

Hazel Williams is one of the few practitioners who specialises in both structural and cranial osteopathy to treat a wide range of patients from babies to the elderly, from the immobile to athletes.

Her treatment can help with: back, neck, joint, arthritic and muscle pain, trapped nerves, sports injuries, headaches and migraine. She also incorporates acupuncture to aid pain relief and provides specially formulated pilates classes to help with rehabilitation.

Her aim is simple... **to give you continual relief from pain wherever possible.**

To claim your **free assessment consultation*** please call Hazel at her surgery on:

01279 813371

61 Blythwood Gardens, Stansted, Essex.
osteopathy@hazel-williams.co.uk
www.hazel-williams.co.uk

*Hazel Williams reserves the right to remove or change this offer at any time without prior notification.

0
the osteopath

Lower Street Clinic
36 LOWER STREET, STANSTED, ESSEX
ESTABLISHED 1989

Osteopathy, Cranial Osteopathy
Aromatherapy, Homeopathy
Chiropody/Podiatry
Infant Massage Instruction
Pilates Instruction
We have a specialist clinic for pregnant mothers, infants and children.

FOR FURTHER INFORMATION OR
TO MAKE AN APPOINTMENT, PLEASE TELEPHONE

01279 815907

Chiropractic & Physiotherapy Clinic

How are **YOU** feeling today?

We offer Chiropractic, Acupuncture, Massage and Rehabilitation Exercise for the treatment of:
Back Pain, Neck Pain, Minor Sports Injuries, Migraine and other Joint and Muscle Problems

"Our clinics have been awarded quality awards for patient care and clinical management by the Royal College of Chiropractors"

****Saturday morning appointments available** Immediate Access No GP Referral required**
Guidelines published by the National Institute for Health and Clinical Excellence (NICE) recommend the option of spinal manipulation, acupuncture and exercise for the management of certain types of low back pain www.nice.org.uk/cg88

We are offering an initial consultation with a **Chiropractor** or **Physiotherapist** which includes a thorough physical and spinal examination for **£25** (normal fee £50) on production of this advert.

* MRI on referral * Digital X-ray available on site *

* Dexa Scanning for Osteoporosis available *

Stansted Chiropractic & Back Pain Clinic

01279 815336 BUPA and AXA/PPP

Members of the British
Chiropractic Association

Mark Gurden MSc (Chiro), DC, PhD
Marcel Morelli MSc (Chiro), DC.
And Associates

Registered Doctors of Chiropractic

20 Cambridge Road, Stansted CM24 8BZ
Registered with the General Chiropractic Council

www.greatback.co.uk



STORT VALLEY ROTARY

www.stortvalleyrotary.com

Bishop's Stortford and Stansted are usually perceived as prosperous areas but, within this area, there are pockets of deprivation which can have a negative impact on the lives of the young people who live there. Angeline Lee and Pete Williams came to talk to us about Thirst Café – which aims to act as a meeting place for young people and to develop, in a positive way, the youth culture of this area. You may have noticed Thirst Café on the corner of Newtown Road and South Street in Bishop's Stortford and perhaps thought it was just another coffee shop; but Angeline explained that the café is specifically aimed at the 11-17 age group and is intended to provide them with a safe place that they can call their own while at the same time providing a place where they can receive support and advice and build relationships with positive role models. The café has free Wi-Fi, a pool table, computers - and soft drinks priced at a level that young people can afford. It is particularly attractive to young people living in poor and overcrowded housing as they may have very little space at home and little opportunity to express themselves. One of their aims is to help reduce crime; certainly this is the hope of the local police who very much support the project.

We always welcome new members so please visit our website where you can read our newsletter and get further information on the above and our other activities. We meet on Tuesdays, 7.00pm for 7.30pm, at The Lemon Tree Restaurant, Water Lane, Bishop's Stortford CM23 2JZ

Jan Durkin



UGLEY WOMEN'S INSTITUTE

'From Russia with love' was the title of last month's talk - a title conjuring up images of James Bond and his associates; and although he wasn't there to entertain us, Margaret Rogers was, and what an entertaining afternoon she gave us! In the space of just 45 minutes she took us on a virtual guided tour of St Petersburg and Moscow and with the aid of some beautiful slides guided us around the Peterhoff Palace with its 60 fountains and numerous statues, the Winter Palace, and the Hermitage with its collection of objects acquired by Catherine the Great. The Summer Palace, completely restored by Stalin after the war, was also on the itinerary. We were shown views of everyday Moscow, including the underground used by around eight million people a day, and a view of the world's largest bell. We learnt that Red Square takes its name from the Russian for beautiful, and how to say "I love you" - 'Tebya Lyublyu'. Our members certainly loved the talk! So ended another entertaining afternoon for our members. Other subjects on the horizon include: 'Treasures beneath your Feet' in August, porcelain jewellery in October, the landscape and wildlife of Scotland in November and 'The sound of Instruments' for our festive finale in December! So a lot to look forward to for our members. If this sounds appealing why not come and join us? Visitors are most welcome! We meet in Ugley Village Hall on the 3rd Wednesday of the month at 2.15pm.

Andrea Fitt
Tel: 815922



THE HUNDRED PARISHES SOCIETY

The very last parish introduction to go onto our website was Barkway. This parish lies in the far northwest of the Hundred Parishes area, one of just three (with Barley and Nuthampstead) in the district of North Hertfordshire. Our introductions always include a few photos, usually recent images, but Barkway's also has a wonderful photo that had been published as a postcard in 1904.



When I first saw the picture, I knew I had to go and find where it was taken and perhaps take an equivalent photo of today's scene. I hope it may inspire you to do the same. I was not disappointed. The view down the main street had hardly changed – except that there were now pavements and the once-empty main road now had parked cars – including mine. Nearly all buildings are still recognisable, although their uses may have changed. Today there is just one pub, where once there were many to service the horse-drawn coaches on this once-popular route between London and Cambridge. The local lasses did not all come out to marvel at my pocket camera, nor did they wear long posh frocks and bonnets. I also did not see any lads in flat caps, but it was not difficult to find the spot where the photographer had stood. Besides, the stroll through the village was a most pleasant experience, with little passing traffic and lots of lovely old buildings. I hope this old photo may inspire you to explore Barkway.

Ken McDonald
Secretary
Tel: 813226

Email: hundredparishes@btinternet.com

CHILDREN'S QUIZ

The answers to these clues are all parts of the body:

1. These tell you the wind direction
2. Food for the birds
3. Twelve inches
4. A coat for all seasons
5. Two trees
6. Cockles and -----
7. A flower
8. Ten Spanish gentlemen
9. Students
10. Two churches

Answers on page 9

Mitchell School of Dance

Mrs Mitchell LISTD Dip AISTD AES Dip

Fully qualified and registered teacher

Email: wmitchelldance@gmail.com

Dancing Displays Examinations

Choreography National Competitions

St. John's Church Hall, Stansted

Birchanger Church Hall



Tel: 01992 812781



Graham School
of Dance
& Theatre Arts



Outstanding tuition for children in **BALLET** (RAD) and **MODERN DANCE** on Mondays after school during term time at the **QUAKER HALL, STANSTED** plus **MELODY BEAR** classes for **pre-school children** to introduce children to **dance & movement** in **Takeley, Felsted & Bishop's Stortford**



Classes at our **OWN STUDIOS** in **Bishop's Stortford** including **Tap, Street Dance, Jazz, Drama and Musical Theatre + Adult Ballet and Adult Tap**

For further details and a **Free Prospectus:**

Telephone: **01279 654423**

Email: info@grahamschoolofdance.co.uk

www.grahamschoolofdance.co.uk

Back to Basics Pilates Class

with **Hazel Williams** Registered Osteopath

7-8pm every Friday

9-10am every Saturday

8-9pm every Monday



At the Quaker Hall, Chapel Hill, Stansted Mountfitchet. To book one of the limited places available please call Hazel on: **01279 813371** or **07973 409675** or to find out more go to www.hazel-williams.co.uk

Please wear loose clothing and bring an exercise mat.

50% introductory class on Fridays only (subject to availability)



A Pilates & Yoga studio at
Wickham Hall, Bishop's
Stortford

Use Pilates reformer beds to gain core strength, fitness and flexibility in a way that is gentle on the body regardless of age, weight or fitness level.



Book your first
Class for only £5

Tel: **01279 757633**

www.akashawellness.co.uk

Pilates



1:1 Studio Lessons
- latest equipment
Group Matwork Classes
- up to 10 per class

- Strength without bulk
- Longer, leaner muscles
- Improved posture & mobility
- Coordination & balance
- Well-being & confidence
- Rehabilitation after injury

Tony Boardman

Mobile: **07964 325783**

Studio: **01279 813254**

Email: tonepilates@btinternet.com

Web: www.tonepilates.co.uk



SimplyTeeth

Leading Dentists in
Stansted & Bishop's Stortford

Smile with confidence

0% FINANCE AVAILABLE

Want to improve your smile? We provide all treatments and have a wealth of experience in all aspects of dentistry.

- *Cosmetic Dentistry* • *Implants* • *Tooth Whitening* •
- *Invisible Braces* • *Anti-Wrinkle Treatments* •

Accepting New Patients

Open Saturdays and Evenings

Member of British Association of Cosmetic Dentists

Call **01279 815041**

Email: info@simply-teeth.co.uk

www.simply-teeth.co.uk

SimplyTeeth

THE BIRCHANGER WOOD TRUST

Ancient semi-natural woods are woods that developed naturally. They may have existed since woodland first colonised the British Isles after the last period of glaciation, but in many cases they have grown up on land that was previously cleared, but many hundreds of years ago. Most ancient woods are not touched by man and, as with Birchanger Wood, have been managed for timber and other products over centuries – but they have always had woodland cover. Remaining ancient woodland is therefore irreplaceable; if we lose what little remains then it is gone forever. We also need to protect vulnerable ancient woodland wildlife by creating new woodland and other habitats around the remaining fragments of ancient woodland to shield them from the effects of neighbouring land use including development; and we need to create more spaces for wildlife in the wider landscape to link between the remaining fragments of ancient woodland.

Living on the borders of Essex and Hertfordshire we are so fortunate to have Birchanger Wood on our doorstep. 69 acres of beautiful trees and 5.5 kilometres of great all-weather winding woodland paths through the wood so it may be enjoyed throughout all seasons. A habitat enjoyed by us for healthy exercise and for solace; enjoyed by birds and mammals; a comfortable environment for ancient flora and fauna. Birchanger Wood is noted for its wood anemones, golden saxifrage and the beautiful, scented, deep blue native English bluebell, not the Spanish bluebell; and although the latter look very pretty, this plant is a foreign import, it has virulent growth and is a major threat to the survival of our own native species. To keep our Birchanger Wood in good condition, we would encourage volunteers to come up on a Saturday to saw, chop and stack wood, and to go out into the woods with our warden, Pat Forrest, to assist in our maintenance programme. Please come to the Compound off Heath Row (access is via the wide footpath/track approximately opposite 124 Heath Row) any Saturday 9.00am-10.00am and 2.00pm-3.00pm.



Daphne Wallace-Jarvis
Secretary

Email: secretary@birchangerwoodtrust.org

FRIENDS OF ST JAMES THE GREAT THORLEY

Craft Fair and Festival of Flowers and Music on Saturday 29th August to Monday 31st noon–5.00pm. Lovely event with lots to see. Free entry. All welcome.

Sandra Ayres
Tel: 814471

CHILDREN'S QUIZ – ANSWERS

- | | | |
|-----------|-----------------------|------------|
| 1. Veins | 2. Hips | 3. Foot |
| 4. Skin | 5. Palms | 6. Muscles |
| 7. Iris | 8. Tendons (ten Dons) | |
| 9. Pupils | 10. Temples | |

DID YOU KNOW?

King Charles II devised a rather curious and controversial Act for burial in woollen, 32 Charles II, c. L (1680); repealed 54 Geo III, c. 108 (1814). 'The Act was ordained for the encouragement of the woollen manufacturers and preventing the exportation of money for the importation of linen, and thereby no corpse shall be buried but in woollen after the first of August, and not in any shirt, sheet, shift, or shroud, or anything whatsoever made or mingled with flax, hemp, hair, gold, or silver, or any stuff or thing other than what is made of sheep's wool only, under a penalty of £5. An affidavit was required within eight days of burial that the corpse had been duly clad according to the law, also the Act was to be read in church on the first Sunday after St Bartholomew's Day every year for seven years after the passing of the Act'.



Charles II. and his Queen, from Heath's Chronicle, 1662.

The Independent Burial ground for Stansted and Farnham was at The Orchard, Hazel End, Farnham (as mentioned in an earlier article in The Link). Burials there had to be recorded in the Farnham Parish Registers, and you can almost feel the displeasure of the rectors/curates, in having to do so. First by Lilly Butler in 1706 who later became Chaplain to George I, then Henry Yardley who successfully raised the Tithe Tax with the comment, "I was forced to do ye best that I could with perverse people." He obviously wanted any taxes raised to go to the church and not the national exchequer. Thirteen burials are recorded at the Orchard between 1711 and 1793 including John Nicholl's first wife Elizabeth and second wife Deborah. Five of those are registered as being 'buried in woollen', with the caveat, 'as I'm informed/told' or, 'as it is said'. The others were buried there, without mention of wool. Another eight people are also buried but not mentioned in the Farnham Parish Registers, including the Stansted Independent Minister, the Rev'd Thomas Impey and his wife and daughter, Eunice aged 21 years, Zachariah Nicholls and his wife of Old Barrington Hall, Hatfield Broad Oak. For those too poor to be able to afford wool the records were endorsed 'Naked' but not in Farnham.

Ralph Phillips

Sources: *Farnham Past & Present*, J G Geare, Rector, the *Ancient Parish Registers of England and Wales*, Arthur Meredyth Burke.

FAMILY NEWS (LONDIS)

13 Chapel Hill, Stansted CM24 8AB

Wide range of NEWSPAPERS and MAGAZINES
GET IT DELIVERED TO YOUR DOOR STEP

Foreign Language Newspapers and Magazines
(Irish, Spanish, Polish, German, Italian etc) also available
Wide variety of greeting cards, sweets, drinks & confectionary

We deliver 7 days a week

Tel 813485 Email: orders.familynews@gmail.com

OPEN: Mon - Sat 5.30am - 5.30pm; Sun 5.30am - 1.30pm

Are you thinking about making your will?

Herts & Essex Wills

offers clients a Will drafting service at a FIXED FEE
with appointments in your home at a time to suit you

To arrange an appointment or for a brochure

Please call 01279 505234

www.hertsandessexwills.co.uk

Member of the Institute of Professional Willwriters

www.naturalfamilyhealth.org.uk

Jan Rickwood



Lower Street Clinic 36 Lower St
Stansted Essex CM24 8LP

01279 815907

07889 375200

jan.rickwood@btinternet.com

**Homeopathy
Aromatherapy
Baby Massage**

Taylor Computer Services (Stansted)

On-site Computer Maintenance/Repairs for Home or Business

**DON'T BE RESTRICTED TO OFFICE HOURS, I CAN VISIT
YOUR HOME OR OFFICE DURING THE DAY, EVENINGS
OR WEEKENDS AT A TIME TO SUIT YOU.**

Wireless Networking and Broadband Setup, Data Transfers,
Hardware & Software Installation, Virus & Spyware Removal &
Protection, New PC Setup & Training

Call Derrick on 01279 816418 ~ 07926 289749

Email: deltaylor61@btinternet.com

CHIROPODIST

Mrs Julie Golden

HPC Registered
State Registered

Home Visiting Practice
Est. 1994

01279 873492

07916 075451

A professional service...

...at a competitive price

TUITION

Reading ♦ Writing ♦ Maths ♦ Science

I have many years of experience,
teaching throughout the primary
age range (4-11 years) and as a
school SENCO. Give me a call
to discuss your child's needs.

Katy Dockerill

☎ 01279 812997



Repairs - Upgrades - Virus removal

NO CALL OUT FEE

OnSite - £30 1st hr, £20 per hr thereafter

NO FIX NO FEE

Fixed price on collection & return repairs

For a friendly and reliable service call
Mark on 01279 897243 / 07815 011925

MONIQUE'S CHILDMINDING

- ♦ Very good Ofsted Report
- ♦ CRB checked, Paediatric First Aid trained
- ♦ Food Hygiene trained
- ♦ Complete childcare service for children 0 - 16 years
- ♦ Provide a Fun, Safe, Warm and Loving Home
- ♦ Free Funding for 3 & 4 year olds



Please visit my website for more information

www.moniqueschildminding.co.uk

or call 01763 837233 or 0788 3088 555

VIOLIN, PIANO (Classical & Jazz) and SINGING LESSONS



All ages & abilities welcome ABRSM Exams

Tuition outside school hours so no vital core
curriculum school lessons missed

JAMES PRIEST BMus, MMus in Performance TCML

Singing Coach to Saffron Walden Choral Society

To discuss individual requirements tel 01279 647050

BISHOP'S STORTFORD DOG TRAINING CLUB

For all your Dog Training needs including Puppy Classes
Kennel Club Registered

Tuesday 7 pm Village Hall, Church Road, Gt Hallingbury CM22 9TY



- ♦ Reward Based Training
- ♦ Learn to teach Basic Obedience
- ♦ Affordable
- ♦ Experienced Instructors
- ♦ Good Citizen Scheme
- ♦ All Breeds & Ages Welcome

Contact Sue 01279 812785 or Jen 01279 815612

Horse Riding Lessons

Nichola

Private, Shared and Group lessons

Total Beginner to Advanced

Visit you and your horse at your arena

Or lessons at local equestrian centre

Nichola Smith

Freelance Instructor

07590 411358

Nichola@LearnToRide.Horse

www.LearnToRide.Horse



BEEKEEPING

People often ask me "Is manuka honey worth the extra money?" It certainly is to New Zealand where exports are worth c\$1billion a year! Honey was first introduced into New Zealand by Mary Bumby, who arrived there in 1839, having nurtured two skeps of bees for the six months journey from Gravesend on the good ship *James*. Her first honey harvest was almost certainly manuka, and by the following year the Governor (William Hobson) had his own hives. During the next 100 years honey grew as a cash crop, but developed from bush varieties like manuka, to the more common clover honey, which was already known in Europe and therefore easier to export. As a result manuka honey declined as an export product. It also came under government export controls. The tide did not turn until the 1980s, when exporters found that clover honey was seen as a 'commodity' product and therefore subject to market pricing. Exporters persuaded the government to decontrol honey and allow them to innovate. There then occurred one of the most remarkable turn rounds in history. In 1980 a young lecturer who had only just arrived from Wales, got together with a school friend who was head of science at a local school. They took several honeys and took the bacteria fighting hydrogen peroxide out of all of them; they discovered that only the manuka honey retained antibacterial properties without the hydrogen peroxide. This has now been developed to such a stage that manuka honey, with its high level of non-hydrogen peroxide antibacterial properties, is used where bacteria are resistant to traditional antibiotics on clinical dressings around the world to treat burns and chronic wounds. This was seen by exporters as the key USP of manuka honey and has been used to great effect, virtually doubling the market price of the product.

So what is the answer to the question "Is manuka honey worth double the price?" To be honest, unless you require the unique medicinal properties of manuka honey, I would go with whatever your taste is for the honey on your toast. I find manuka a little strong, and prefer the more delicate flavours of a locally produced lavender honey or heather honey from the Yorkshire moors – but I would say that wouldn't I!



John Dockerill
Chairman, Bishop's Stortford
Beekeepers Association
Email: training@stortfordbees.org.uk

STANSTED MOUNTFITCHET WINDMILL



At the end of June we took a table and our windmill souvenirs to Mountfitchet House Open Day where, with other stall holders in the car-park, we hoped to sell our goods. Unfortunately the weather was not on our side and we only made a few sales before being 'rained off'! Also in June we had students from Forest Hall School helping in tidying and cleaning the Mill as part of their Community Day and we thank them for their help. We attended the Summer Fayre in July with our table and Mill goods where we did reasonably well. At the time of writing we are expecting a visit from members of SPAB (Society for the Preservation of Ancient Buildings). These are members from their Mills Section who will be visiting Essex Windmills and ours will be

their first port of call. By the time you read this our Afternoon Tea at the Mill will be very close (29th July 2.00pm-4.30pm) and we hope some of you will be able to attend. When passing the Mill it can be seen that the work has begun on the boxes that house our floodlights, thanks to the efforts from Ted Pretty and Richard Thomas. Turning now to our main event of the season the Fête, on Bank Holiday Monday 31st August 1.30pm-5.00pm. If you would like to have a stall there please contact me. Please do not bring bric-à-brac or any goods to the Mill before the Fête as we have no storage space, but if you call me I can arrange storage for you. **The Mill is open Sunday 2nd, Sunday 30th and Bank Holiday Monday 31st August 1.30pm-5.30pm.**



Molly Clark
Co-Trustee
Tel: 816768
Email: gc.clark1@btinternet.com



Havers Park - Kent Cup Retained the cup again this year after drawing in the away leg and a decisive win in the return.

Bert Grubb Club competition, won this year by Mike Thompson, well done Mike.

Emerson Cup Very competitive game, close results and won by Doug Stephenson, with a little help from his friends!! All rounded off with a fish and chip supper.

Mayhew Cup (Bishop's Stortford) Well done to all the men who took part in this game and claimed a resounding victory over Bishop's Stortford to win the cup.

During August we have six friendly home games:

2 nd	2.30pm	St Chads (Cowan Cup)
9 th	2.30pm	Dunmow
15 th	2.30pm	Presidents Day
17 th	6.00pm	Bishop's Stortford (Cooper Cup)
19 th	5.30pm	Clavering
29 th	2.30pm	Griffin

Please feel free to come and watch any of these games; you will be made more than welcome.

Bernard Simpson: On a sad note we have said farewell to one of our popular members who passed away on 22nd June. Bernard, you will always be remembered with great affection by all who knew you. For further information please contact me.

Doreen Scraggs
Hon Secretary
Tel: 815036 or 07812 483178
Email: doreenscraggs@talktalk.net





Cammass Hall
Fruit Farm * Tea Barn * Farm Shop

A great day out for all the family!

- Pick-your-own & freshly ready-picked produce
- Tea Barn - great coffee and homemade food
- Children's play area • Seasonal farm shop

High quality produce at competitive prices

Tel: 01279 718777 www.chff.co.uk
Hatfield Broad Oak CM22 7JT

Get the Most out of Life

One session help with
smoking therapy
(plus support)
Weight ~ Gastric Band
Confidence ~ Exams
Phobias ~ Anxiety
OCDs ~ School
Hypnobirthing
Irritable Bowel Syndrome
Past Lives
and much more

Glynis Cheers

MA, CIPD, DPM, BSCH,
Diploma Clinical Hypnosis
01279 812165
threecheers@btinternet.com



Family & House History Research Service

by Qualified Professional Genealogist
Lisa Dunbar DipGen

- All types of genealogical research from brief look-ups to full family histories and family trees
- Brick-walls solved in your own research
- Bespoke family history books ideal Birthday & Christmas presents
- House Histories in Herts, Essex, Suffolk and Cambridgeshire

Tel: 01279 817073

Mob: 07966 501874

www.pastdiscoveries.co.uk
enquiries@pastdiscoveries.co.uk

Stansted Psychotherapy

Emotional Relief

Behavioural Change

Mindfulness & Relaxation

Psychotherapy, Counselling
& Coaching

Sian Lloyd

UKCP Registered Psychotherapist

Experienced, Local, Confidential

Why wait any longer?

Tel: 01279 817976

sian@stanstedpsychotherapy.com

HEARING HELP ESSEX

FREE HELP
for problems with
NHS Hearing Aids
at
Stansted Day Centre
2 - 4 pm
on the last Tuesday
of every month

For more information ring
01245 348440
(10 am - 3 pm)

Registered Charity No. 1113498

ESSENTIAL GEM

Head to Toe in Beauty

Mobile beauty therapy by Gemma Wright

All your beauty needs in the
comfort of your own home:

- ✓ Waxing
- ✓ Tinting
- ✓ Manicures and Pedicures
- ✓ GelColor by O.P.I.
- ✓ Massage
- ✓ Facials
- ✓ St Tropez Spray Tans

Fully Qualified & Insured

Gift Vouchers Available

For appointment please call
07921 522380

gemma@essentialgem.co.uk
www.essentialgem.co.uk

BARNET FAYRE VANITY FAYRE

Hair & Beauty

32A Lower Street,
Stansted

**Your friendly
Local Salon**

Est 20 years!

Please telephone:

Hair 01279 813087

Beauty 01279 813180



SAINT NICHOLAS SCHOOL

New Pre-School
for 3 & 4 year olds
NOW OPEN

Saint Nicholas School is committed to
providing affordable, quality care to
children in the community.

The Pre-school is open term time and
we are offering full and part time
places. Morning and afternoon
sessions are offered separately and
there is a breakfast club from 7:30 am
and after-school club until 6:00 pm.

www.saintnicholasschool.net
admissions@saintnicholasschool.net

Hobbs Cross Road, Old Harlow, Essex, CM17 0NJ
01279 429910

***“I am really excited about this development
which will enable young children to benefit
from the quality education we provide.”***

Keith Knight - Headmaster





STANSTED FOOTBALL CLUB

August sees the start of the new 2015-16 season, and although the summer break for some clubs is an opportunity to sit back and enjoy the rest, for us at Stansted FC the close season has brought about changes across our team management structure for both the first and reserve teams. It is with great pleasure that the Club welcomes Paul Halls as our new first team manager. Paul was previously head coach at Hertford Town FC and has experience of coaching at Bishop Stortford FC. Working alongside Paul will now be two coaches, Dave Roach, who of course gives the Club stability as he has worked with the majority of the players over the past three seasons, and Andy Pearce, who holds various FA and UEFA Coaching Qualifications and has previously played in the Essex Senior League. Finally our Reserve Team will now be managed by Carl Blackman; this is Carl's first step into football management having decided to hang up his goalkeeping gloves at the end of last season. Carl is keen to learn from our new manager as he is ambitious and one day hopes to manage our first team.

Having started with a number of pre-season friendlies we now not only commence our league campaign but also have an exciting FA Cup home tie to play against Takeley on 15th August. Please note that this fixture will not be played at Hargrave Park; for more information on the venue and kick off time of the game please either contact me, see our social media websites or look out for details in the local paper. Finally ahead of our Reserve League Fixtures the Club is looking for a willing volunteer to act as a referee assistant on match days. Ideally for any football referees (or thinking of becoming a referee) who are starting out their career, this opportunity to assist a higher level referee will give them invaluable experience and getting compensated at the same time. If interested then please contact me.



Tom Williams
Secretary
Tel: 07921 403842
Email: tom.williams16@btinternet.com

STANSTED SUPERS HANDBALL CLUB

On 4th July Stansted Supers Handball Club held a fundraising quiz night at St John's Hall to raise money for the upcoming season. The Quiz Master, Olly Pocknell, provided an eclectic mix of questions and although they were competing with Music in the Park and the good weather, there was a good turn out with six teams battling it out, with the title going to the Star Spangled Quizzers. Along with a free flowing bar, Churchill's supplied a sausage and chip supper. A raffle was also held with prizes donated by Yeoman's Café, The Dog and Duck, Churchill's and The Romeera Leisure Centre. A good night was had by all and £250 raised towards hall hire and kit for the club. Unlike most handball clubs, the Supers have carried on training throughout the summer months and Friday night sessions are well attended by people of all standards. It is a great form of fitness with everyone involved in the game throughout. The club is not too serious and we play for fun so if you fancy giving it a try, the first session is free; after that it is £5 a session adults, £1.50 under 18s. We meet at the Romeera Leisure Centre on

Fridays 7.00pm-8.00pm. For more information please email: stuartjthomas@hotmail.co.uk or telephone 07789 555843.

Ali Bell



FIRE STATION OPEN DAY

Saturday 8th August 10.00am-4.00pm.

The station will be open to the public for family fun and an opportunity to look at the fire engines, meet the local crew and find what they are all about. Entry is *free*.

SUMMER BUDGET 2015

Dividends and Owner-Managed Companies

One of the lesser reported changes in the July 2015 Budget is that shareholders receiving dividends from companies will be subject to tax if the value of these dividends exceeds £5,000 each tax year. Above this amount dividend income will be taxed at 7.5% and if total income from all sources exceeds the 40% tax threshold of about £43,000pa then the tax rate on the excess dividends also increases, to a maximum of 38.1%. This is unwelcome news for the large number of owner/managers who have historically withdrawn income from their limited companies as a mixture of a relatively modest PAYE salary and a larger amount as a dividend distribution of their company profits, having already paid corporation tax of 20% on those profits. This new measure is effective from April 2016 and it is vital that shareholder/owners consider, subject to their 2014/15 tax position, paying as much dividend income as possible before then to avoid the new tax being charged on retained profits otherwise distributed in later years.

Another issue that may not have been relevant previously to shareholders is that if 2016-17 dividends create a self-assessment liability greater than £1,000 then not only will this liability need to be paid by 31st January 2018 but also a 'payment on account' of 50% of the previous year's tax liability will be due at the same time. As an example, with a PAYE salary of £10,000 and dividends of £25,000 the tax payment in January 2018 could be as much as £2,250 with a further payment of £750 being due by 31st July 2018. Thereafter, if income levels stayed consistent, six-monthly tax payments of £750 will be payable on each 31st January and 31st July. This tax would not have been payable previously.

Mark Mansell
Mansell & Co Chartered Certified Accountants
Tel: 658499
Email: info@mansellandco.org

Logs Logs Logs

Seasoned hard wood
Bulk builders bag or
by large truck load
Also available kiln dry logs



**Please contact John on
01279 718555 Mob: 07930 188920**



STANSTED MEDIEVAL FAYRE



Photos by Derek Blethyn

Thousands of people packed into the grounds of the Arthur Findlay College, Stansted Hall to experience a medieval fayre to mark the 800th anniversary of the sealing of the Magna Carta. The sound of St Mary's Church bells filled the village air as the crowds arrived. The lawns and meadows were dressed with brightly coloured banners and procession flags. There was a wide range of medieval-style crafts including beekeeping, spinning, weaving and dyeing, herbalists and more. The 1st Stansted Scout Group built and demonstrated a solid wooden trebuchet, hurling slingshots into the meadows, and children and families played ancient games. Thaxted Morris Dancers entertained the crowd, while Bishop's Stortford Archery Club demonstrated their longbow and encouraged the crowd to have a go. Bishop's Stortford Wind Band played delightful tunes on the lawn to entertain all fayre goers whilst Falcons swooped around the tall chimneys of Stansted Hall, in a fabulous flying display.

Report by Tanya Smith



The afternoon included two thrilling jousts between knights on horses who delighted the crowd with their exciting Magna Carta Medieval Show with equine stunts, jousting on horseback, archery, sword fights and spear throwing. Historically, the Findlay Family of Stansted Hall hosted fayres which many locals remember. Stansted Hall was delighted to host the fayre; it was so successful that they may do a similar event in the future. The event was aimed at families, both educating and involving and lifting the spirits of the local community. The fayre was organised by the committee of the Stansted Mountfichet Barons Association (SMBA) which was formed to acknowledge our very own Baron Richard de Montfichet, one of the twenty Five barons at the forefront of the opposition to King John who were entrusted by the terms of clause 61 of Magna Carta to ensure the king's compliance with its terms.

Photos by Mike Bullot



MORE MAGNA CARTA EVENTS



MAGNA CARTA 800

Cyclist's Arrival



Lance Allan's arrival, exactly to time on 22nd June, accompanied by two outriders from Walkern and myself brought the 1215 Facsimile. Lance travelled on to Little Dunmow then Pleshey and Castle Hedingham, the four Essex strongholds of the Rebel Barons, all part of an eight day 800-mile cycle ride. Thanks to the Arthur Findlay College we enjoyed a fabulous day for our Medieval Fayre at Stansted Hall. Our sincere thanks to all volunteers and helpers for

their part in enriching and uplifting our fabulous heritage. The event outlived our best expectations and hopefully secured a wider interest.

Nigel Collingwood, Chair
Stansted Mountfitchet Barons Association

Embroidery Unveiling and Photographic Exhibition



Photo: Alan Bowles

On 23rd June the embroidery was unveiled at Forest Hall School. Sadly the Duchess of Gloucester was not well and unable to attend but the Lord Lieutenant of Essex stepped in and impressed us with his uniform, sword and spurs. He took great interest in the students' displays of art, craft and textile work, the choir and the embroidery. Many visitors have seen the embroidery up close in St Mary's Church together with the display of old photographs of the village.

Events in September

Friday 11th at 7.30pm in St Theresa's Church. Music and Drama by **Trouvere**, a group of medieval musicians who enjoy rediscovering, recreating and re-interpreting the music of the medieval times

Sunday 13th at 3.30pm in the Memorial Grounds of St John's Church. **Songs of Praise** (tickets not required).

Wednesday 16th at 7.30pm in St Theresa's Church. Talk by Peter Sanders on **The Early Montfichets**

Friday 25th at 7.30pm in St Mary's Church. **Celebration of Liberty**, an evening of our local talent, singers and actors. Tickets for these events (except Songs of Praise) from Sheila on 814973 or Steve Golding Greengrocer, Chapel Hill.

Liz Hedge
Tel: 812509
Email: echedge52@gmail.com

FOREST HALL SCHOOL

Medieval Games

Years 8, 9 and 11 students volunteered to learn all about historical games ahead of the Stansted Medieval Fayre. Leila Riddell, who helped to organise the Fayre, spent time with the students, giving them an insight into what people their age would have done for fun in medieval times. They learnt how to play shuffleboard, boules, pick-up sticks, skittles and quoits, and shared their knowledge with fellow children at the community event, at Stansted Hall.



Community Day

Year 10 students took part in the school's annual Community Day. They spent the whole school day carrying out selfless tasks in support of the community they live in.



The students prepared the grounds at Stansted Hall for the Stansted Medieval Fayre, picked litter around the village, sang at Stansted Airport to raise money for the Air Ambulance and helped pupils at St Mary's School make fairy-tale books. Tanya Smith, general manager at Stansted Hall, was so impressed with the students' work at her venue, she has offered them work experience in future.

Kelly Clark
Copywriter, Editor and PR Manager
Tel: 01245 237751 Mob: 07979 811580

VILLAGE DIARY

For those not aware the Village Diary is kept in Stansted Library (opening times on page 21). It's there for local organisations to record future events/meetings. This is a very simple system to help avoid clashing dates; particularly useful for the upcoming quiz season. But it only works if **everyone** uses it.

ECATERINA LTD

Domestic Cleaning Services

- ◆ Competitive rates
- ◆ Excellent References
- ◆ 8 Years Experience

Tel: 01279 899668 Mob: 07789 732009

Email: lia2006london@yahoo.com

www.ecaterinalimited.com

GO-JO Quality Cleaning

Scrub, Polish & Buffing Services

Domestic ~ Commercial
Office ~ Schools

01279 812524

07828 425944

j.freeman195@yahoo.com

Jo Freeman
25 Years Experience



CARPET & UPHOLSTERY

Professional Cleaning

Freshen up your home using a local competitive company

*Everyday dirt and grime reduces your
Carpet and Upholstery life and it simply
LOOKS and feels FRESHER*

Call Nick: 01279 276 018

For your **FREE** Quotation

Herts and Essex Carpet & Upholstery Cleaning



CLEAR OVENS

Oven Cleaning Specialists

Make your oven look showroom-fresh with a professional
clean from Clear Ovens

For a **FREE**, no-obligation estimate call us now,
on 01279 89 89 96
Or visit us online at www.clearovens.co.uk

The difference is clear

MEMORIALS

Direct From Stonemason

J. Day & Son

Station Road, Bishop's Stortford
FOR BROCHURE & PRICES
OR A HOME VISIT CALL

0800 7837521

Bishop's Stortford 01279 654555

Edmonton 0208 807 3712

HELPLINE

07704 553727

If you have a **PROBLEM**
or are in need of
ASSISTANCE

Monday - Friday
9.00 am - 4.00 pm

Stansted's voluntary community care service



Domestic Oven Cleaning

Ovens Ranges* AGAs* Hobs*
Extractors Microwaves*

Fully insured, CRB checked and
Trading Standards Approved



01279 432444



www.ovenbright.co.uk

CHIMNEY SWEEP & STOVES

www.chimneysweepandstoves.co.uk

Have your Woodburning Stove repaired and renovated:

- Replacement of fire rope, firebricks and cement
- Glass cleaning and replacement if damaged
- Exterior re-blackening
- General inspection for safety

Call **Bob Gliddon** on 07552 238536

Email: bobgliddon@hotmail.com

Facebook: Bob the sweep

Member of the Guild of Master Chimney Sweeps



saffron walden's

No.1 female
village

chimney sweep

Office: 01799 540232
Mobile 07930 341750

villagechimneysweep.co.uk



JOHN WILSON

Still Manufacturing &
Remodelling

Bespoke Jewellery

Old Gold Bought for Cash

Mobile: **07900 931 910**

Workshop: **01279 647 878**



Native American & Cavalry League

Non profit-making Essex based group willing to
appear at Fêtes and Charity Events with our
Living History Encampment

For more details of shows and enlistment please
contact **Gary Pavitt** on **01799 528315**



STANSTED MOUNTFITCHET EVENING WOMEN'S INSTITUTE



Chief Scout's Gold Award

Very well done to Merlin Owen and Freddie Jonas who gained their Golds - wear them with pride! As Leaders, we also feel a sense of achievement when a Scout gains their Gold Award, the highest award in the Scout Section; it is, after all, our guidance that brings them to the required level.

Raft win

Stansted Scouts took their raft to the District Raft Race expecting to just take part - we did, and we won the competition. Our combined times over three runs on Skreens Park lake had us winners by a huge four seconds! Well done.



Archery

A new District Archery competition was held in Dunmow for the first time. Three rounds took place over the morning and when the scores were combined we were in first place, so we won this as well.

Orienteering

We had three teams enter this year's District orienteering competition at Hatfield Forest, again expecting to do well but not as well as we did. We won this too. Very well done Scouts, especially the two Olivers.

Fishing

Three of our Scouts took part in the annual District fishing competition. We arrived at 6.30am on a lovely sunny July morning at the lake in Little Canfield. The fishing began at 7.00am and finished at noon. The catches were weighed and we had won the Team of Three event for the third year running. The shooting competition is next up and as we're the holders ... We will have been to camp in Thetford Forest by the time you read this; report to follow in next issue of The Link

Mike Byrne
Scout Leader

STOP PRESS

Latest on Airport Express Set Down Scheme

The discount is back to 50p for those within a five mile radius of the airport (within 10 miles is still £1), so a 75% discount for Stansted residents! If you currently have a discount card you need to apply for a new one for the new scheme but you do NOT need to send proof of address. The turn-around time is quick - about one week.

Brian Carline came to give hope to all gardeners, with his talk 'Soil, Sweat & Tears' and as it turned out, lots of laughter too. We were all intrigued with the collection of implements which he displayed on a table and invited members to name during his talk. Those knowledgeable ones amongst us received a prize for the correct name. For him the hoe is the most wonderful tool. I never knew there were so many different types, but apparently the Chillington hoe is the most widely used tool in the world! Father Christmas of course has three. Sadly Brian declared himself not to be very keen on TV gardeners, except for Jeff Hamilton, whom he regards as a real one. He had some unusual gardening tips, one of which being the testing of soil temperature for sowing seeds - sit on it bare-bottomed! Only, I think, if your garden is very private. A wonderful tool is the power washer, but not for use on greenhouses; and beware the use of a strimmer when wearing open-toed sandals. Question from a tool borrower - "Can I use your lawn-mower?" "Yes! - use it to cut my grass!"

Brenda Ryan brought some good photos of Denman College in Oxford where she had enjoyed a photography course, and Pat Somerfield told us of her unforgettable visit to Buckingham Palace for the garden party to celebrate the Centenary of the WI. Despite rather windy weather they had a lovely day, a wonderful tea and saw the Royal party which included the Duchesses of Cornwall and Wessex and Princess Alexandra.

Don't forget our fundraising strawberry cream tea party on **Wednesday 30th September 2.30pm-4.30pm in the Day Centre** for their refurbishment fund. This is part of our WI 'biggest tea-party' centenary celebrations. Entry £3.50. **Next meeting:** Thursday 13th August 7.45pm in the Day Centre - Tracey Mackness from the Giggly Pig Co. Visitors always welcome.



Judy Colliver
President
Tel: 812470



BOUNCY PICNIC

This year's Bouncy Picnic (picnic and inflatables on the Recreation Ground) is on Saturday 22nd August 1.00pm-4.00pm. You are invited! Please bring your own picnic; some drinks and hotdogs will be available, along with a selection of inflatables for children of different ages (from toddlers up to and including Year 6s, age 11). This is a special event for the whole community, organised by Stansted Family Café, so feel free to invite friends, neighbours, family etc. There is no charge for entry, inflatables or refreshments but an optional donation can be made at the hotdog tent, if you wish. Please note there is no parking at the Recreation Ground, so please plan to walk to the Rec or alternatively park at Crafton Green behind the library, and walk through Spencer Close. (Limited disabled parking can be reserved by prior arrangement only.)



Ros Page
Tel: 810813
Email: contactstanfam@yahoo.com

DANIEL ROBINSON & SONS



*Independent Family Funeral Directors
& Monumental Masons*

- 24 hour careline manned by local qualified managers offering free advice & support
- Lady & gentleman funeral directors
- Competitive pricing policy
- National award winning & IIP Gold standard company

79/81 South Street
BISHOP'S STORTFORD
(01279) 655477

please visit our website www.drobinson.co.uk



D.C. POULTON & SONS

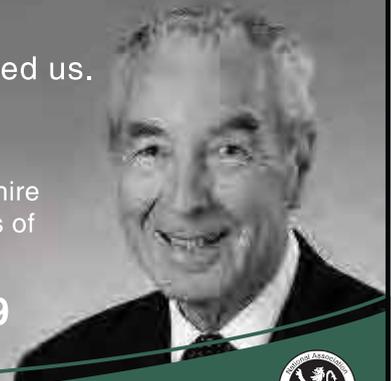
Funeral Directors & Memorial Masons

Serving the local community for over 100 years

Here for you,
whenever you need us.
24 hours a day

We have branches
throughout Hertfordshire
and Essex, for details of
your nearest call

01279 813219



www.dcpoulton.co.uk

Responsive | Respectful | Trustworthy | Accessible | Progressive

**WE BUY ANY MOTORCYCLES
ANY MAKE, YEAR, CONDITION**

- BARN FINDS
- UNWANTED
- NON-RUNNERS
- DAMAGED
- MOT FAILURE
- PARTS
- MOTORCYCLES
- MOPEDS
- SCOOTERS
- QUAD BIKES
- TRICYCLES - THREE WHEELERS
- MOTORCYCLE TRAILERS



Call Darren on 07831 589763

Email: dbkiddle@hotmail.co.uk

We also buy Toyota Hilux Pick-ups

LEVER & Co.

Solicitors & Notary Public



A firm of Christian lawyers
providing legal services in a
professional, ethical, personal,
caring & sensitive manner.

- ◆ Wills & Probate
- ◆ Trusts & Tax
- ◆ Care Fees
- ◆ Powers of Attorney
- ◆ Property
- ◆ Notarial Services

*Angela Lever
welcomes your enquiries*

Offices located in
North Street, Bishop's Stortford
(behind Pizza Express)
Parking Available)
Tel: 01279 758 760

Email: alever@leverandco.com

www.leverandco.com



Adult Community Learning Centre
St John's Road
Stansted CM24 8JP
www.rainbowpreschool-standsted.co.uk

**Welcome Children
Aged 2½ to rising 5's**

Experienced Friendly Staff

'Children are eager to attend and
clearly demonstrate that they are
successfully developing the skills that
will help them in the future' (OFSTED)



**For further information
please call 01279 814242**

Arthur Findlay College

Stansted

**The World's Foremost College for the Advancement
of Spiritualism and Psychic Science**

Public Services with Demonstrations of Mediumship

from World Renowned College Tutors: **Sundays and Wednesdays 7.30pm – 9pm***

We invite you to come along to our public events and activities to further your understanding of the Spirit World, the Science, Religion and Philosophy of Spiritualism.

College Book & Gift Shop - Private Sittings Available - Call us to book an appointment: 01279 813636

Spiritual Healing Centre

Open to the public for Spiritual Healing on: **Tuesdays 10am–3.30pm and Saturdays 9.30am–11.15am***

One Day Workshops

Available at: www.stanstedhallpioneercentre.co.uk Stansted Hall, Stansted, CM24 8UD Tel: 01279 813636

Full College Programme available FREE online at: www.arthurfindlaycollege.org

Here For You On Your Doorstep In Stansted, The Arthur Findlay College, Stansted Hall.

We Welcome Absolute Beginners Up To Advanced Students.

* please check for seasonal variations



Stansted Network

NEWS FROM YOUR LOCAL COUNCILS

NEIGHBOURHOOD DEVELOPMENT PLAN

Over the next few months, we will be highlighting the themes that we are covering as we prepare our Neighbourhood Development Plan. We can't stress enough that input from as many residents and businesses as possible is vital to the success of the Plan – it must be a genuine community document if it is to be adopted and used by Uttlesford District Council to determine how Stansted develops.

HIGHWAYS

What a place to start and where do we start? This is the one topic that comes up time and again, usually in the form of complaints about car parking and pot-holes. Let us start straightaway by saying that we are **NOT** the Highway authority and we have very little influence over what happens or the timing. When we receive complaints about these matters, we pass them on to Essex Highways. However, we hope that with fair and reasoned discussion, not to mention a huge amount of patience, we can bring about some improvements.

Parish councillors have been given sections of the village to look at with regard to street-lighting, pavements, street signs/furniture and road surface. However, it does no harm if parishioners could report these things to us as well so that we can build an accurate database from which to start considering what improvements need to be made. The following pointers might help:

- Street-lights – Numbered? Obscured by foliage? Not working? Poor lighting?
- Pavements – adequate width? Obstructed by trees/hedges? Surface in good condition?
- Signs/furniture – any missing, leaning or fallen down? Obscured by foliage? Filthy dirty? Improvements required?
- Road surface – look at the general condition of the surface and highlight any pot-holes.
- Car parking – we are very aware of this issue – both on-street and off-street, Lower Street car park and Cambridge Road problems. What we are seeking now is SOLUTIONS! Any suggestions will be considered.

This group is being led by Cllr Peter Jones who will be happy to hear from you with ideas and suggestions.

Letters can be sent to the Council Offices or email: peter@lowerstreet.com Thank you.

MAGNA CARTA 800 CELEBRATIONS

The Parish Council hosted a LiberTea to celebrate the unveiling and dedication of a stained glass window marking the Magna Carta 800 anniversary.



Our picture shows Parish Chairman, Maureen Caton, with Rev'd Paul Wilkin, Derek Honour who generously funded the window and Mary Hayman who designed and made it. The window was dedicated by the Rector and following the unveiling, the Chairman of the History Society, Peter Sanders, gave an interesting and informative talk on the part Richard de Montfichet played in drafting and enforcing the Magna Carta. Cllr Caton thanked Derek on behalf of the village for his fantastic gesture in donating the magnificent window which will be enjoyed by future generations.

After the formalities were over the invited guests enjoyed a splendid celebratory tea prepared by Day Centre Manager, Julie Beck and her team.

MAGNA CARTA EMBROIDERY - MERCHANDISE

We hope that many of you will have seen the amazing embroidery which has been lovingly stitched to commemorate this event. It is truly stunning. What you may not know is that there is merchandise available, depicting the embroidery or panels from it, which would make super gifts.

Postcards - £2 for set of four

Colouring books - £2.50

Small bag - £7 (short handle, gusseted, ideal size for carrying lunch or child's shopping bag)

Large bag - £10 (long handle shopping bag)

500-piece jigsaw - £9 (central panel)

1000-piece jigsaw - £11 (side panel, price for each)

Please contact : Shelia Bowles on 814973

SKATEPARK OPENING EVENT

Construction work on the new skatepark is progressing well and we are planning the official opening to take place on Sunday 9 August at 11.00 am. Matt King, one of the UK's top rollerbladers and star of Starlight Express, and Zach Shaw who is a top BMX rider will be present to take part in the official opening ceremony and to demonstrate their skills. We aim to have ice creams and music but what we really want is for as many villagers as possible to try out the park and join in the celebration party. We are hoping to organise some lessons for skaters and BMX riders of all ages and abilities so watch out for details of these. As always, we are writing this three weeks ahead of you reading it and a lot can happen in that time, but if you want the most up-to-date information please refer to the skatepark Facebook page.

ROAD SAFETY

The Speed Watch team are very concerned about the increasing number of motorists they catch breaking the speed limits on our village roads. The presence of the Speed Watch volunteers at the roadside obviously serves as a deterrent and makes people check their speed. However, they can only be on the roads for a few hours a week so we all need to take our responsibilities as drivers seriously and remember the speed limits are there for safety. We have had one youngster killed by a driver over the speed limit in recent years and we want to make sure it never happens again. The Speed Watch Team are always looking for volunteers so they can increase their activities. For more information see the article in the main section of this month's Link. Please contact our local organiser, Ray Woodcock, at raymondwoodcock@btopenworld.com.

DOG FOULING

Dog fouling continues to be a big issue which has a significant impact on the quality of life of all of us who like to enjoy the open spaces in the village. The vast majority of dog owners take their responsibilities seriously and are prepared to clear up after their dogs. We would like to appeal to the small minority who put the health of our children at risk, by neglecting to clear up after their dogs, to do the right thing and make sure they have dog poo bags with them when they go out for a walk and use the dog waste bins that are located around the village.

DAY CENTRE

The Day Centre was successful in a bid to the Airport Community Fund and were able to purchase a laptop and projector which is available to anyone who hires the Day Centre. For further details please contact Julie Beck the Day Centre Manager on 815091.

The Day Centre is about to undergo a 'Changing Rooms' style makeover and the folding fire doors that make up the room partition are surplus to requirements. There are six large (215cm x 82cm), fairly hefty doors in total and we are prepared to let them go for free if anybody is willing to dismantle them and take them away; however any donations to Day Centre funds are always appreciated. Please contact Trevor at the Parish Council on 813214 email: trevor.lloyd@stansted.net

CHRISTMAS MARKET

This year's event will take the form of a traditional Christmas market. We have decided to drop the Friday evening slot and focus on an extended day on Saturday 5 December. Market stalls will be located outside on the Crafton Green car park to the rear of our offices at Crafton Green (top of Chapel Hill). The theme of this year's market is quality crafts, gifts and food from around the world.

A number of stall holders have already booked their pitches but there are still places available for any traders or organisations who are interested in having a presence on the day. The market stalls are 7' long x 3' wide and come in pairs. Each pair has a fixed canopy to protect from any inclement weather. Charity stalls, for registered charities, will be located in the Day Centre, Crafton Green.

CAMBRIDGE ROAD PLANTERS

Hopefully many of you will have admired the new flower containers on Cambridge Road as you have waited to cross over. We are very grateful to the staff and residents of Hft (Home farm Trust) who made such a good job of the planting.

NEWS FROM UTTLESFORD DISTRICT COUNCIL

Cllr Terry Farthing writes

It has now been nearly two months since I was elected as district councillor for Stansted South and Birchanger and I must say I feel quite honoured to have won my seat along with Thom Goddard. I have been very busy attending training sessions to ensure I can carry out my duties to the best of my abilities and I would like to thank both my fellow district councillors and parish councillors for helping to keep me right and getting me up to speed swiftly, in particular Ray Gooding our local County Councillor has been a good mentor. One of the main areas of concern for all of us is Cambridge Road and how best to handle both the proposed development and traffic issues which seem to be going from bad to worse. Hopefully we can all work together to ensure a safe and sensible solution that is acceptable to the whole community.

I was pleasantly surprised to learn that each District Councillor is given a fund of £3000 to donate to good causes and deserving projects within the district. This means that Alan, Geoffrey, Thom and myself have £12000 between us this year to put towards projects. I would urge people to contact us if they can think of a local organisation or project that may be in need and would benefit from a donation swiftly, as once the money is gone it's gone.

DATES OF POLICE COMMUNITY MEETINGS

Tuesday 22 September - a senior police officer will be available in the Day Centre between 4.00 and 5.00 pm if you have any issues you want to raise.

DATES OF PARISH COUNCIL MEETINGS

August No meetings

September

2nd Open Spaces

16th Full Council

CONTACT DETAILS

Clerk - Ruth Clifford. Admin Assist - Anne Court

Assistant to the Parish Clerk-Trevor Lloyd

Email: parishcouncil@stansted.net

Phone/fax: 01279 813214 10.00am - 1.00pm

www.stansted.net

PARISH COUNCIL MEMBERS

Maureen Caton	813914
(Chairman)	m.caton@hotmail.co.uk
Mark Capell-Helm	815157
	mawihotec@live.co.uk
Catherine Dean	813579
	catherinemarydean@btinternet.com
Samantha Dunn	810859
	cllrsamanthadunn@stansted.net
John Hudson	814489
	john@hudson8889.fsnet.co.uk

Matthew Jessup	816591
	matthew@in2it.biz
Peter Jones	813252
	peter@lowerstreet.com
Jo Kavanagh	815157
	jo.kavanagh1@virgin.net
John O'Brien	816772
	johnedobrien@gmail.com
Rachel Rands	817413
	rachelrands@btinternet.com
Frances Richards	812748
(Vice Chairman)	frannie.richards@gmail.com
Juliet Richards	496531
	julz_dot_com@yahoo.co.uk
John Salmon	814789
	dandjsalmon@gmail.com
Geoffrey Sell	815925
	sellgeoffrey@yahoo.co.uk
Daphne Wallace-Jarvis	812259
	dwjwj_44@yahoo.co.uk

UTTLESFORD DISTRICT COUNCIL MEMBERS

Alan Dean	813579
	cllrdean@uttlesford.gov.uk
Terry Farthing	661555
	cllrfarthing@uttlesford.gov.uk
Thom Goddard	01371 879122
	cllrgoddard@uttlesford.gov.uk
Geoffrey Sell	815925
	cllrsell@uttlesford.gov.uk

ESSEX COUNTY COUNCIL MEMBER

Ray Gooding	813103
	cllr.ray.gooding@essexcc.gov.uk

MEMBER OF PARLIAMENT

The Rt Hon Sir Alan Haselhurst MP

0207 219 5214 Fax 0207 219 5600
alan.haselhurst.mp@parliament.uk

Police PC Hannah Griffiths

Non-emergency 101

NEIGHBOURHOOD WATCH

www.stanstednhw.org.uk

PARISH PUBLIC TRANSPORT REPRESENTATIVES

Valerie Trundle	813433
Joy Thomas	813871

STANSTED LIBRARY OPENING HOURS

Tue	9.00am - 1.00pm	Wed	2.00pm - 5.00pm
Thur	2.00pm - 6.00pm	Sat	9.30am - 5.00pm

Baby and Toddler Time (term time only)

Tuesdays 11.00am – 11.30am

For Renewals and Enquiries tel: 0845 6037628

Email: stansted.library@essex.gov.uk

STANSTED MOUNTFITCHET CHRISTMAS MARKET 2015

SATURDAY 5 DECEMBER, 10AM – 8PM

STALL BOOKING FORM

NAME

ADDRESS

.....

TEL.NO. MOBILE NO.....

EMAIL ADDRESS (please print clearly)

GOODS TO BE SOLD

.....

STALL REQUIRED: Single £45 Delete as appropriate

Double £70 Delete as appropriate

Charity £20 in Day Centre – Reg. Charity No

ELECTRICITY REQUIRED? YES/NO £5 single stall
£10 double stall

If YES, please state what you will be connecting to the electricity supply.

.....

.....

DO YOU REQUIRE A CAR PARKING SPACE TO BE ALLOCATED FOR YOU? YES/NO

(Passes will be issued nearer the time)

All food items for sale must be clearly labelled with all ingredients.

All food hygiene certificates for food prepared by stallholder must be copied and attached to the booking form.

RETURN YOUR FORM, BY 31 AUGUST 2015, TO:

Stansted Parish Council, Council Offices, 72 Chapel Hill, STANSTED, Essex CM24 8AQ or email:
annecourt@stansted.net

PAYMENT By cheque/cash with booking form
BACS: account number 20147168
sort code 20-36-98
quote reference Xmas 2015

DIRECTORY OF LOCAL CLUBS AND ORGANISATIONS

Alzheimers Society	Tel: 01371 872519	Neighbourhood Watch	Valerie Trundle Tel: 813433
Air Training Corps 494 Squadron	Tel: 681559/661929 Email: 494@aircadets.org	Parkinson's UK	Vivian Falk, Chairman Tel: 01799 513128 Email: vivian@brackendalehouse.co.uk
Beavers Age 6-8	Wayne Browning Tel: 079764 41468 Email: mrwbrowning@googlemail.com	Rainbow Pre-School	Gill Pursglove (Administrator) Tel: 814242/07966 506997 Email: admin@rainbowpreschool.net
Bowls Club	Doreen Scraggs, Hon Secretary Tel: 815036 Email: doreenscraggs@talktalk.net	Rainbow Tots (age 1½-rising 3)	Tina South Tel: 814371
Brownies/Guides	Glynis Prothero District Administrator Tel: 814145	Rainbows	Sue Pollard Tel: 813734
CAB	Tel: 08444 775986	Rotary Club	Peter Latham Tel: 507294 Email: yp.latham@uwclub.net
Corkers Netball	Lisa Menzella Tel: 07827 988732	Royal British Legion	John Segar Tel: 813289
Craft Club	Sam Debbah Tel: 07866 185704 Email: tuftydawn@googlemail.com	Scouts (age 10½ -14)	Mike Byrne Tel: 812780
Cricket Club (adults) (juniors)	David Hedge Tel: 812509 Keith Ayres Tel: 814471	Shotokan Karate Ryu	Donna Ring Tel: 731752 Email: skr@skr.org.uk Tel: 812348
Cub Scouts Age 8-10½	Roger Musgrove Tel: 07736 616665/01799 543466	Stansted Family Café	Ros Page Tel: 810813 Email: contactstanfam@yahoo.com
Day Centre	Tel: 815091	Stansted Football Club	Tom Williams Tel: 07921 403842
Explorer Scouts	Fintan Lambe Tel: 817937	Stansted Hall and Elsenham Cricket Club	David Brown Tel: 831011/07788 999663 Email: david.r.brown1@btinternet.com
Friends of St Mary's Church	Audrey Rodgers Tel: 812162	Stansted Sparks Netball	Gemma Snelling Tel: 07894 944242 Email: gemmasnelling@me.com
Garden Club	Maralyn Harris, Chairman Tel: 07919 478144	Stansted Supers Handball Club	Olly Pocknell Tel: 07875 391701
Grove Cottage	David Scott Tel: 656085	Tennis Club	Daphne Lunnon Tel: 817574 Email: drlunnon@gmail.com
Helpline	Tel: 07704 553727	Thornbury Badminton Club	Marion or Shirley Tel: 869896 or 815871
History Society	Peter Brown, Chairman Tel: 812816	U3A	Helen, Chair Tel: 812946
Huw Johnson Club	Katharine Collis Tel: 461270 Email: kat_collis@hotmail.com	Women's Institute (Stansted)	Judy Colliver, President Tel: 812470
Inner Wheel Club	Brenda Cox, President Tel: 812191 Email: brenda@coxco.demon.co.uk	Women's Institute (Ugley)	Dorothy Wallace, President Tel: 850215
Investigators	Ros Page Tel 810813 Email: contactstanfam@yahoo.com	Whoosh Explore Canoe Club	Helen and Peter Nash Tel: 817453
Little Scrummers	Andrew Poyser Tel: 07738 591232	Youth Centre	Linda Barnes Tel: 07947 548051
Magna Carta 800th Celebrations	Nigel Collingwood Tel: 813428		
Millers (Windmill)	Derek Honour Tel: 647213		
Mountfitchet Club	John Robinson Tel: 812755		
music@stansted - classical concerts	Sonia Levy Tel: 815282 Email: contactus@music@stansted.co.uk		
NCT	Anna Sedgbeer Tel: 812257		

Note: This list will be updated as and when we learn of any changes. If you would like the details of your organisation to be added please let us know. (Contact details on page 1.)

BIRTHDAYS, ANNIVERSARIES or SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or someone you know, by announcing it in 'The Link', please email a short message together with your name address and telephone number to: announcements@stanstedlink.org.uk or send the details to 7 Blythwood Gardens, Stansted CM24 8HG. Details must be submitted by the 8th of the month for publication the following month.

Sonargow

Fine Indian & Bangladeshi Cuisine
RESTAURANT & TAKE AWAY



OPENING HOURS

6 days a week including Bank Holidays
Sun, Mon, Wed & Thurs 5.30 pm - 11.30 pm
Fri & Sat 5.30 pm - midnight

Tuesday closed

Lunch: Thurs, Sat & Sun 12 noon - 2 pm
Other days booking only

Home delivery service available

Tel: 01279 815706 / 815797

Unit 2, Castle Walk, Lower St, Stansted CM24 8LY

DOG AND DUCK

TRADITIONAL VILLAGE PUB & RESTAURANT



FOOD SERVED

Tue - Sat
12.00 - 2.30 pm
6.00 - 8.30 pm
Sun
12.00 - 5.00 pm

Tel: 01279 812047 [f /stansteddogandduck](https://www.facebook.com/stansteddogandduck)

- ◆ Choice of cask & guest beers
- ◆ Good selection of wines
- ◆ Beer Garden & Decking at Front
- ◆ Regular Live Music & Entertainment
- ◆ SKY & BT Sports

So come down for a friendly drink
A warm welcome awaits you from Griff and the team!

58 Lower Street Stansted www.dogandduckstansted.co.uk

LINDEN HOUSE

Families welcome



- Real ales & cider
- Champagne & Pimms tent
- Indian BBQ with Saira Hamilton (Masterchef Finalist) on Sunday
- Cookery demonstrations with Saira
- Live music in the bar Sunday eve

1-3 Silver Street, Stansted Tel 01279 813003
www.lindenhousestansted.co.uk

Pino Pizzeria & Grill

Fresh Pizza Dough made on the premises

Italian & American Style Pizzas
delivered to your door!



Tel: 01279 817822

Open 7 days a week 3 pm - 10.30 pm

Station House, Station Rd, Stansted CM24 8BE

J & R Cars

Friendly & Reliable Service
Executive Cars at competitive rates

AIRPORTS - STATIONS - WEDDINGS - PARCEL SERVICE
ANY DISTANCE - ANY TIME

VISA & MASTERCARD ACCEPTED

Email: j.and.r.cars@btinternet.com

Tel: 01279 870231

Mob: 07760 754935

or 07802 734518



01279 710868 **hiltonrental**

Car & Van hire

from only
£19.99
PER DAY!

Unit 1
M11 Business Link
Parsonage Lane
Stansted
CM24 8GF

www.hiltonrental.co.uk



Mountfitchet House Care Home

Corner Coltsfield/High Lane, Stansted CM24 8LQ

Tel: 03331 225 548

www.careuk.com/mountfitchet-house

Luxury and comfort at the new Mountfitchet House care home

On your first visit to Mountfitchet House you'd be forgiven for thinking you've entered a hotel. You'll be greeted by friendly staff on reception, and there's a coffee shop, a cinema, and even a hair salon. Each of the bedrooms has an en-suite wet room plus a flat-screen television, adjustable profile bed, phone and internet connections and a 24-hour nurse call system.

The newly opened home offers residential, dementia, nursing, permanent and respite care for your loved one with care teams dedicated to supporting you, your family and your loved one every step of the way, from your first visit to the care home to the day your loved one moves in and throughout their time at Mountfitchet House.

Care UK homes are operated by highly qualified and caring professionals who are focused on ensuring your loved one continues to lead a fulfilling and enjoyable life.



STANSTED PUBS



The Dog & Duck is located in Lower Street near the Youth Centre. Mine host is Griff Evans who has run the pub for three years. Although Griff has been involved in the pub trade for many years, most recently with a Social Club in Old Harlow before coming to Stansted, this is his first experience as landlord.

With an attractive wooden exterior the Dog & Duck is a traditional pub with two separate bars and an unusual addition to the normal pub sign outside; a dog chasing a duck across a wooden beam, which is attached to the sign at one end and the eaves of the pub roof at the other. (Not a real dog and duck – but they do look very lifelike.) Griff has an old photo showing a row of cottages next to the pub with the same wooden cladding. These were obviously replaced at a later stage by the terraced red brick Victorian houses now occupying the site.



Part of the building dates back to the 17th century, and it is thought that it was once a coaching inn where people stopped over when travelling between London and Cambridge, before the main road was re-routed (probably because of the flooding that part of the village has always been prone to). John Haggerwood who with his wife Eliza, son and daughter ran the pub for 31 years named it the Dog & Duck in 1881. John brewed his own beer on the premises.



During the war the landlord was William Charles Ellis Woodman who they reckon still frequents the place! When the Americans were in Stansted building the runway at the airport in 1942-45, the Dog & Duck was one of their favourites, I am told, as a typical traditional British inn.

Richard Pollard



The Club finished for the Summer in mid-July, with our annual Sports Night, kindly hosted by the Lentons. In teams, the members had to complete a number of different activities around the garden, for the coveted prize of being first at the buffet table! We were very fortunate with the weather – we have, in the past, spent the evening huddled inside as rain poured down outside, but this year we were blessed with perfectly blue skies to finish the term. We have also had a Treasure Hunt, where teams had to solve clues around the Churchyard to complete a crossword and win prizes, and another night we had a games evening. Our summer BBQ, at St Mary's School, was a great success – again we were so lucky with the weather! Thanks as always to the Embletons for organising it. We were also very honoured to be asked to decorate the unveiling-sheet for the village's Magna Carta embroidery, which was unveiled at the end of June. We had a great fun evening creating a tree from all of our handprints – we were pretty proud of the end result, and it was great to be part of the celebrations in the village. We now have a break and are looking forward to a trip to the London Eye in September; Club restarts on Thursday 24th September. In the meantime, thank you to everyone who has volunteered, driven, helped out, run evenings or supported the Club in any way over the past few months – we are very grateful for all your support.

We are urgently looking for more drivers (both car and minibus) and minibus escorts, to help out ideally one Thursday a month. Please contact either Sandra Embleton (812627) or myself if you would like more information.



Katharine Collis

Tel: 461270

Email: kat_collis@hotmail.com

VOLUNTEER SPEED WATCH

The village Volunteer Speed Watch team are out at least twice a week and have been for a number of years. During a typical two-hour session we measure about 50 vehicles exceeding the speed limit and record at least 25 vehicles well above the limit. That information is sent to the Police to take action. A number of happenings continue to shock us; too many drivers who live in our village exceed the limit, and we have even measured one of our Councillors exceeding the limit and accelerating as they progress to the edge of the village. How many of our Councillors will ask, was it me? Do you exceed the speed limit? At our Silver Street location on 19th June we were out from 3.00pm-5.00pm and recorded five vehicles exceeding 40 mph and 30 travelling at over 35 mph with many more exceeding 30 mph. To reduce the possibility of serious accidents **please respect the speed limit** – it is there for the community's benefit. If you are one of the many villagers who complain about speeding vehicles, come and join us as a volunteer; you will be shocked at what you see.

Ray Woodcock

Tel: 816468

Email: raymond.woodcock@btopenworld.com

STANSTED MOUNTFITCHET SOCIAL CLUB

NEW MEMBERS WELCOME

Make new friends in a warm and relaxed atmosphere



- ◆ CASH BINGO every Tue 8 pm
- ◆ Three Large Screen TVs
- ◆ Children's Room
- ◆ Raffles
- ◆ Darts and Pool
- ◆ Gaming Machines & Jukebox

- ◆ Live Entertainment every Weekend
- ◆ Three Full Size Snooker Tables

DRINKS AT LOW PRICES

Why wait? Apply now!

Membership forms from the club in Lower Street
Tel 01279 812992

Photosound
Cameras & Printing

KodakExpress
Digital Solutions

We are a proper camera shop
full of exciting things.

Cameras, Telescopes, Binoculars
and lots more.

10% OFF Prints & Photo Gifts

offer includes CANVAS PRINTS, MUGS & T SHIRTS

Bring this advert to

Photosound, 20 Bridge St, Bishop's Stortford CM23 2JY
01279 651434 www.photosoundcameras.com

K MOSBY FINANCIAL ASSOCIATES LIMITED

WEALTH MANAGEMENT CONSULTANTS



**A wealth of expertise
on your doorstep**

We provide an experienced wealth management
service and offer specialist advice in a wide
range of areas including:

- Investment planning • Retirement planning
- Inheritance Tax planning

For further details contact Kevin Mosby on:

Tel: 01279 874829 Mob: 07897 126210

Email: kevin.mosby@sjpp.co.uk

Website: www.kevinmosby.co.uk

Greenways Financial Planning

INDEPENDENT FINANCIAL ADVISERS

An Authorised Representative of Sesame Ltd. which is
Authorised and Regulated by the Financial Services Authority

Professional friendly advice
on

Investments ~ Pensions ~ Mortgages

Life Assurance ~ Critical Illness

Income Protection ~ Annuities

Estate Planning ~ Long Term Care

David Turner Cert PFS CeMap

Principal

Mill Cottage, Thaxted Rd, Lt Sampford CB10 2RZ

Tel/Fax 01799 586110

Email dturner@greenways-financial-planning.co.uk



Deb's Dog Walking!

~ I CAN SOLVE YOUR PET CARE PROBLEMS ~

Dog Walking & Domestic Pet Care

Professional & fully insured

Prices, Services & References available online at: www.debsdogs.co.uk

Call me for a chat

Deborah Hibbert

M: 07842 125503 H: 01279 647309

- ✓ Sleep Overs
- ✓ Home Visits / Vet Visits
- ✓ General Everyday Care From Someone Local You Can Trust!



GARDENING TIPS

Spring was very dry this year, shrubs and perennials planted in this period may not have put down the number of roots you would normally expect. With August typically being a very dry month, extra attention may be required for newly planted shrubs, perennials and trees, a full (five litre) watering can is normally a good amount to use for a reasonable sized plant. Keep on top of weeds at this time of year, as many of them will flower and then set seed rapidly, meaning that they'll come back in abundance in future seasons! It is the last chance to summer prune apples, pears and other fruit trees to constrain their habit and keep them well trained. Spring bulbs become available in the shops; daffodils are fine to plant this early, but hold off on tulips until autumn. For most hedging plants, the final trim of the year should be performed later this month, as they will not put on much more growth after this. Trim the sides of the hedge first, working from low to high trying to keep the sides straight or wider at the bottom than the top, this way they will resist adverse weather conditions better. Rambling roses can be pruned back after flowering; they produce their flowers on wood grown in the previous year, so pruning back to one or two buds from the main stems of all the flowered side shoots will encourage fresh new growth to produce flowers next year. If you have some very old woody stems, then one or two can be pruned back to the ground to encourage new growth from the base. Finally if you are going on holiday for a length of time, try to arrange for someone to look after your pots and baskets, or hide them in a damp shady place as a last resort.

Paul the Gardener



STANDED MOUNTFITCHET
LOCAL HISTORY SOCIETY

Programme of Speakers 2015-16

3rd September Jeremy Collingwood 'The Gibson Family of Saffron Walden'

1st October Tony Kirby 'The Coming of the Railways to Essex'

5th November Martyn Lockwood 'Victorian Murders in Essex'

3rd December Christmas Quiz

7th January Members' Evening

4th February Dr Richard Nunn 'Early General Practice'

3rd March Tony Morton 'Uttlesford Woodland'

7th April Colin Oakes 'London under the Streets'

5th May AGM followed by a presentation

Do come along to our forthcoming season - you will be warmly welcomed. Entrance is Two Whole English Pounds which will give you two hours of "I didn't know that" with tea/coffee and biscuits. Have a look at our programme, choose one and give us a try, you may be pleasantly surprised. Meetings are 8.00pm-10.00pm on the first Thursday of the month in the Crafton Green Centre, off Chapel Hill (behind the Library) with plenty of parking.

Any questions, please call me.



Stephen Leaney
Tel: 647177

Email: stephenleaney@gmail.com



Marion and Mike Dyer
Tel: 814059

Email: theplace@stanstedfreechurch.org.uk



www.farnham-school.org

Everyone at Farnham has been enjoying the warm weather and spending as much time as possible in our beautiful garden. Sports day at Rickling, our federation partner school, was a huge success, despite the heat, and the children had fun taking part in all the competitions. Sadly the weather wasn't so nice for our summer fête, on 20th June in horrible rain. That did not stop the crowds from turning out and we are very grateful to all the children, parents, grandparents, staff and community members for helping us raise an impressive £1,300. We were thrilled to receive a visit from our MP, Sir Alan Haselhurst, who dropped in to see round the school and call our raffle.



Years 5 and 6 have had an exciting activities week with trips to Lambourne End to do kayaking and caving, Wandlebury to learn about orienteering and Thorpe Park to go on some terrifying rides. A mini Olympics competition rounded off the week. KS1 children took part in an 'alien invasion' - making aliens at home and bringing them into school for an alien parade. The children voted for their favourite and enjoyed talking about the materials they had used to make their creations. We are all sad to say goodbye to our wonderful Year 6s and wish them the best of luck at their new secondary schools. In September we are looking forward to welcoming our new reception children, who have already been in for some settling-in sessions with Willow Class. Farnham is a small school achieving excellent results which is open to children resident in Essex and Hertfordshire. Several Stansted families send their children to school at Farnham and are available to discuss the advantages with anyone who is interested. Call school reception on 771339 or see our website.

Katherine Aiken
Friends of Farnham
Tel: 771339 (School reception)

THE PLACE ON THE HILL



Every Wed and Fri 9.30am – 12.30pm

Our free drop-in continues throughout the school holidays. Free refreshments and internet, good company, space for the children to run around, plus a quiet area with comfy seating. Come and join us – all ages are welcome. For more information or if you need transport, please contact us.

MEDIACOMS

Aerial Satellite AV Security

independent advice
expert knowledge
professional installations



Your local
Sky expert



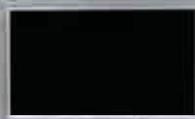
Aerial & Satellite Installations
Sky Subscriptions & Installations
Multiroom Audio Visual Distribution
CCTV & Home Security Systems
Home Cinema & TV Mounting
Broadband & Network Solutions

01279 871777 www.mediacomms.co.uk

6 Newman Road, Little Canfield, Dunmow, Essex, CM6 1GR

Stortford Audio audio visual installations

- multiroom audio systems
- surround sound installation
- home networking solutions
- flat screen tv installation
- home cinema



01279 647227
stortfordaudio.co.uk

D BONNEY & SONS (Manuden)

Guaranteed Workmanship



Calor Gas
Stockist

Familiar with
most makes of
vehicles including
four wheel drives



MOT Testing
Diesel &
Catalyst

Free collection & delivery in local area

D IAGNOSTIC WORK AVAILABLE

★ PLEASE RING ★

Malcolm or Neil Bonney on
01279 813315 or 815946

34 The Street, Manuden CM23 1DQ



SDS INSTALLATIONS LTD

Aerial and Satellite Services

Foreign Satellite Systems - CCTV - Extra TV Points
Sky Link Ups - Phone Points - Home Signal Distribution
Wall Mounted Plasma / LCD Screens
Cables Supplied and Hidden

Alan Smith
50 Sunnyside
Stansted
Essex CM24 8AX

01279 279012
07771 881 042
sdsinstallations@hotmail.com
www.sdsinstallations.com

DC Alarm Systems

Intruder, Access, C.C.T.V
& Fire Alarm Systems

Local family business Est. 1984
All intruder systems guaranteed for two years

Call Grant on 07775 673273

Telephone: 01279 494 596
Email: dcalarmsystems76@gmail.com

design

print

large format

document
management

we have an
honest, helpful
can-do approach
to design & print



DESIGN & PRINT

01279 657769

hello@czdesignandprint.co.uk
www.czdesignandprint.co.uk

INCORPORATING COPYZONE & COPYZONE ARCHIVING



Come down for your **FREE** one-day membership

Speak to a member of our team about our fantastic
membership packages here at **Stansted LivingWell**

Open 6 am - 10 pm 7 days a week

Tel: 01279 681455

Hilton Hotel, Round Coppice Road, Stansted CM24 1SF
www.livingwell.com/clubs/uk/south/stansted

Stansted Tennis Club

www.stanstedtennisclub.co.uk

Bristow Junior Doubles Tournament

It was with great pleasure that this popular trophy was once more competed for this year, after a gap of several years. The trophy was donated to the Club by Derek and Win Bristow in memory of their son Paul, who lost his life in the Twin Towers attack in September 2001. On Sunday 14th June, 14 children, aged 12 and under, competed firstly in the round robin stage and then the knockout stage.



Many congratulations to Luke Howley and Sam Philp who defeated the younger pairing of Jonny Philp and Scott Slater in a fiercely competitive final. The score was 6-4. Many thanks to Win Bristow who watched the latter stages and then presented the trophy to the winners.

Adult/child Tournament

Another tournament to be revived this year! This took place on Sunday 28th June and attracted six pairs. In a very tense and close final, Michael and George Casey defeated Ginette and Thomas Basten 6-5. It is great for the Club that more members are getting involved in competitive play. This now includes the Hospital Cup, our own Club Tournament, adult and junior singles ladders, the Mix 'n' Match tournament and the Essex Small Clubs' League.



Diary dates

Wilby Adult Doubles Tournament 1.30pm Sun 9th Aug
Bishop's Stortford One Day Tournament noon Sun 16th Aug
Pearce Adult Doubles Tournament 9.30am Fri 4th Sept
Club Finals' Day - Sun 13th Sept
Hospital Cup Finals at STC - Sat 26th Sept

Tennis balls

£1 for a tube of four from Jan Hollis at 105 Cambridge Road.

Cardio Tennis lessons

There are currently sessions on Mondays and Thursdays. Please contact me to be added to the waiting list.

Ladies' Night

Monday 10th August 7.00pm. All lady members (especially new ones) are welcome to come along and play.

Contacts:

Felicity Shakespeare (Secretary) 831771, Daphne Lunnon (Chairman) 817574. For more information see our website.



Chris Hollis

Tel: 319155

Email: chris.hollis2@btinternet.com



STANSTED MOUNTFITCHET U3A

www.stanstedu3a.org

The New Committee

The new committee held their first monthly meeting on 18th June and introduced themselves, as follows, together with their particular responsibilities.

Helen Parrish	Chair
Vince Micallef	Vice Chair
Sally Rich	Treasurer (until August)
Nigel Johnson	Asst Treasurer (treasurer from August)
Alex Lee	Asst treasurer (from August)
Ray Smith	Membership
Suzanne Parra	Newsletter/Publicity
Doreen Heals	Activities Co-ordinator
Christine Fowler	Committee member
Vic Ruff	Co-opted asst treasurer until August, (Computer help/ Website Diary)

Ray also agreed to co-ordinate the U3A assets ie Laptop, Projector etc

Book Clubs

For those interested in reading and discussion there are two thriving U3A book clubs:

Book club 1 meets every 1st Wednesday of the month and the title for August is *The Rose of Sebastopol* by Katharine McMahon. Contact Bridget Gott on 814440 or Jean Newson email: jean733@btinternet.com.

Book club 2 meets every 2nd Thursday and the August title is *The Trader of Saigon* by Lucy Cruickshanks. Contact Sandra Ruff email: sandra.ruff@talktalk.net.

New members are very welcome.

The next meeting

August is a relatively quiet month as many members are on holiday. Therefore the meeting at St John's Hall on 20th August 1.30pm for 2.00pm will be the same as last year, with tea, cake and raffle for all members who wish to come and have fun, rounded off by a quiz organised by Alan Rich.

Halloween Dance

Saturday 31st October at Forest Hall School. Tickets £13.50 will be on sale at the monthly meeting. There will be 60s/70s live music with fish and chip supper (bring your own drink). Contact Maggie on 503848. Visit our web site for details, outings and activities www.stanstedu3a.org or contact Helen (chair) 812945 or Liz (secretary) 813270.



Suzanne Parra

Stansted Electric

From fitting a light to a complete rewire

Partial or Full Domestic Electrical Inspections.
Replacement Fuse Boxes. Handyman Services.
Cookers, Hobs, Ovens and Showers installed.

For a Free Estimate
Phone Jim on 07921 908214



Telephone: 01279 816399
Email: enquiries@stanstedelectric.co.uk
www.stanstedelectric.co.uk

ALBURY ELECTRICAL SERVICES

LOCAL FAMILY BUSINESS since 1984

All Electrical Installations
Domestic and Commercial
All Work Guaranteed

Full Certification for Building Regulations

Free Estimates and Advice - Small Jobs Welcome



Tel: 01279 652588 or 01279 771510
info@alburelectricalservices.co.uk
www.alburelectricalservices.co.uk

ETHICAL ELECTRICAL

Need a local, reliable friendly Electrician?

All Electrical work undertaken including:

Full and part re-wires, Maintenance and repairs,
Fuse board and earthing upgrades,
Electrical Inspection, testing and certification, PAT testing
Security lighting / Garden lighting, power and ponds,
Garden decking laid and lights installed.

Call Mark for a free estimate
07794159549 / 01279 814213



STEVE KING

STANSTED GAS SERVICES

07956 855328 01279 817581

Servicing, Breakdown and Repair to
Gas Central Heating and appliances.
Installation of Bathrooms and Showers



Gas Safe Registered. Ex - British Gas

KSgroup

heating and plumbing engineer



www.ks-group.org Email: info@ks-group.org
Mob: 07810 876951 Tel: 01279 817011

KS Group Services include:

Boiler Service/Installation ~ Landlord Certificates
Plumbing ~ Bathrooms ~ Gas Appliance Servicing
Saniflo Installation ~ Power Flushing
Leaks ~ Bursts ~ Blockages



NEWMAN'S



HOME SERVICES LIMITED

Plumbing • Heating • Electrical

Kitchens • Cloakrooms • Bathrooms • Showers

Tel/Fax: 01279 814437 Mobile: 07831 233681



Local, reliable and friendly plumber
All small and large jobs undertaken

Phillip Knight 07985 640650
Email: phillipknight600@yahoo.co.uk

JONES & CO



Plumbing and Heating Engineers
Installation and Maintenance
Boiler and Cylinder Replacements
Bathrooms ~ Gas and Oil Services

Please contact David Jones
Tel 01279 815877 Mobile 07860 213760
Email djonesco@talktalk.net



Bathrooms • Kitchens • Conversions • Electrician

Fully qualified tradesmen ~ All aspects of building
References available ~ Free advice & estimates ~ Competitive rates

Email: camwoodhome@outlook.com
www.camwoodhome.co.uk

Electrical Safety Register Approved Contractor

Visit our Shop in Takeley for

Woodburning, Gas
& Multifuel Stoves

Cooking Ranges
& Pizza Ovens

Gas feature fires

OrionHeating.co.uk

01279 813591 Takeley Business Centre,
Dunmow Road, CM22 6SJ



STANSTED STROLL

This month's circular walk is only suitable for pedestrians and at approximately 4 miles will take about 1.5 – 2 hours. It's mostly across fields with some glorious views. Note for dog walkers: **Red crosses** on the map indicate special red bins along the route for the disposal of bagged dogs' poo.

Starting by the pond at Bentfield Upper Green marked **A** **Walk 3** on the map, walk towards Bentfield Lower Green and turn left into Pennington Lane. After 0.75 mile at point **B** turn left onto **BR3** and walk in a westerly direction. When the track turns towards the north at **C**, leave the track and follow **BR3** along the northern boundary of the field towards Manuden.

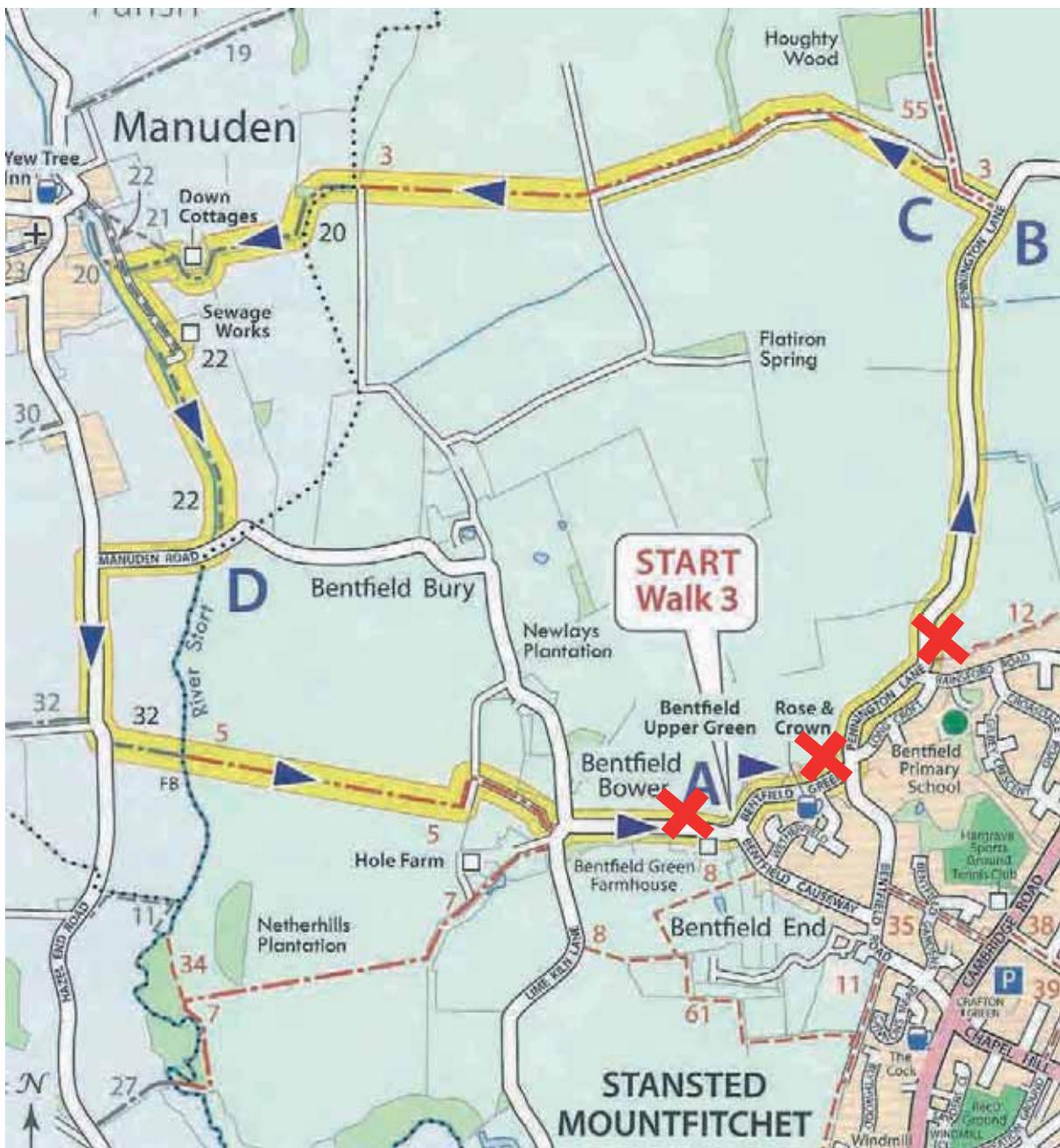
Continue along the northern boundary of the next field making for a spinney, which has a large fir tree in its centre and bearing left, follow the edge of the field to the southern edge and turn left again.

Go through the gate towards Down Cottages. (This field of ten contains sheep so please fasten the gate.)

You meet a concrete track (Manuden **FP22**) and turn left towards the sewage works. (A right turn here will bring you into Manuden at the river bridge.) Pass the sewage works on your right, go through a gate then between two fences and follow the edge of the field with the River Stort on your right to the Manuden Road at point **D**.

Turn right onto the road, then left at the T-junction into Hazel End Road for approx 500 yards, then left onto **FP5** in an easterly direction to Hole Farm, emerging at Lime Kiln Lane. Either follow the road back to Bentfield Upper Green or take **FP8**, which will bring you back to the same place.

Taken from 'Saunters Round Stansted' produced by Stansted Mountfitchet Parish Council with their kind permission.



T. F. PLASTERING

All aspects undertaken including:

- ✓ Re-skimming
- ✓ Coving
- ✓ Rendering
- ✓ Pebble Dashing
- ✓ Floor Screeding

Over 15 yrs experience. High standard of work. Fully insured.

For a free estimate call Terry

Home 01279 416311 Mobile 07738 278036

Carpet Fitter

Carpets & Soft Flooring

For a quotation please call



Ken Cabourn

Tel: 01279 815122

Mob: 07799 146181

RAY of the HILL • Painting
• Decorating
• Gardening
• General Maintenance

rayonthehill@btinternet.com
Mob: 07790 509556
Tel: 01279 816407

Ray Ball
40 Chapel Hill
Stansted CM24 8AG

DAVID DUNCAN DECORATING SERVICES

- ◆ All aspects of Decorating
- ◆ Interior & Exterior
- ◆ All types of Paperhanging



All work guaranteed to a high standard

Public Liability Insurance

Over 30 years' experience

Please tel: 07956 563 943

Email: duncan_dj@hotmail.com



mwr interiors

Specialists in Painting and Decorating

High Quality Painting Service

We offer basic painting and decorating through to specialist finishes, furniture painting and colour mixing. We also have a large portfolio of heritage work sympathetic to older buildings.

Fully Qualified, 20 years experience

Tel: Matthew 07941 293365 Stansted 01279 899846

Brown's Painting & Decorating

All sized jobs considered
Please call Simon for a quote

Tel: 01279 813075

Mob: 07813 086763

Stansted based

simon@simonbrown8.orangehome.co.uk



NICK SHUTES Painting and Decorating Ltd

High quality interior and
exterior redecoration

All woodwork repairs and replacements
including fascias, soffits and cladding

01799 542385

or 07885 778213

www.nickshutesdecorating.co.uk

ada
Decorating

Professional Painting
And Decorating Services
With many years
Experience.

Our services cover:

- Internal Decorating External Painting
- Slate & tile sealing + maintenance
- References available
- Wood floor lacquering
- Free detailed quotations available

Call... Office: 01279 817282
Andy Richardson Mobile: 07980 439924
email: adadecorating@googlemail.com

Painting & Decorating

Lesley Anne

- Interior & Exterior
- From one room to complete house
- Competitive rates and references
- Free Estimates & Advice
- Dulux Select Decorator



Tel: 01279 817055 or 07973 364394

Email: lesleyprowse@aol.com

Summer Fayre

What a fantastic day it was, beautiful sunshine all day and quite a crowd of people coming to visit our third summer fayre. We had over 60 stall holders this year and it was the biggest and best so far. Our aim is to promote local businesses and we had a good share of those in showcasing their wares or services. These included Sandra Ayres producing home-made jams and chutneys, Stansted Chiropractic & Physiotherapy Clinic, St John's craft ladies, House of Bling, Julie Lancaster, chilli jam man Andrew Soames, and Kate McBride with her mobile coffee van.



Photo: Andrew MacPherson

We also had local restaurants such as Linden House, The Cork House and the Ash represented. We were also very pleased to welcome the local fire brigade again and our Air Training Corps cadets who did a sterling job helping out as marshals and raising money with their tombola stall. Jo and Steve French, members of the Business Forum provided a fabulous afternoon of music that kept everyone entertained.

Sir Alan Haselhurst visit to Business Breakfast

The Forum was absolutely delighted to welcome local MP Sir Alan Haselhurst to our business breakfast on 3rd July at Linden House. It was a very lively meeting with a lot of people from local businesses. Sir Alan was impressed by the wide range of activities that our businesses are involved in, and the large number of Forum members. In his speech he said that small to medium business enterprises were the lifeblood of the country and that they brought particular benefits to the community and the constituency.



Sir Alan said he would host a delegation of members from the Business Forum on a visit to the House of Commons, which obviously many people are eager to do. We will certainly be looking to organise that in the near future.

Working With Local Schools For Magna Carta Anniversary

Thanks to historian David Morson, schools chose themes which included local history, Stansted and the charter and King John. Teachers selected the prizewinners. Sue Richardson from Millways, and Murdochs Solicitors and Property Shop sponsored prizes for artwork and creative writing for five local schools. One of our members, Barney Miller from the Design Mill collated prizewinners' work and printed them in a booklet, which has been distributed to the schools to commemorate this very special year. The work was absolutely brilliant and Andrew Blatt, our Chairman presented prizewinners with their vouchers at the Fayre. Proud parents attended as well as the heads of Bentfield Primary, Birchanger Primary and Forest Hall School.



Iris Evans
Treasurer



Stansted Cricket Club

The Club tour to Dorset on 22-26th June was enjoyed by all concerned, and this year no-one fell into the sea. Weymouth were beaten by four wickets in a 40-over match whilst Uplyme & Lyme Regis won the evening match (reduced to 16 overs each) by 15 runs. Anyone wishing to make a donation to Support4Sight can contact Natalie on 01799 523700. More details on www.support4sight.org.uk.

After ten rounds of matches the 1st XI are third in Division 1 with seven wins. The 2nd XI are second in Division 4, also with seven wins. The Sunday XI has played eight matches (winning four and drawing three). The Club will play Birchanger at Bishop's Stortford CC in the HECL Cup semi-final at 10.30am on Sunday 26th July; if successful, we play in the final at 2.00pm that same afternoon. Outstanding batting performances have come from F Kirby (139 no), B Sammons (127, 124 no), P Armitage (121 no), C Kirby (118, 69 no, 62), P Devoti (112 no, 95 no, 57 no), J Baker (64), J Monk (105, 62 no, 54 no, 50) and M Burgoine (50). Best bowling returns have come from D Ayres, who took 5-11 (including seven wides!) and J Monk (5-34). Senior home fixtures for August:

Sat 1 st	13.30	2 nd XI v Ardeley Walkern
Sat 8 th	13.30	1 st XI v Hatfield Heath
Sun 9 th	14.00	Sun XI v TBC
Sat 15 th	13.30	2 nd XI v Roding Valley II
Sun 16 th	11.30	Sun XI v Hockerill
Sat 22 nd	13.30	1 st XI v South Loughton I
Sun 23 rd	14.00	Sun XI v Chrishall
Sat 29 th	13.30	2 nd XI v High Roding II
Sun 30 th	13.30	Sun XI v Thorley

The Club would like to invite anyone interested in scoring on a regular basis to contact the Secretary. Any adults wishing to join the Club should contact me; juniors should contact Head Coach Keith Ayres on 814471.



David Hedge
Hon Secretary
Tel: 812509
Email: dchedge49@gmail.com

David Fortune

MASTER BUILDER

New Builds & Alterations • Extensions
Loft Conversions • Kitchen & Bathroom Fits
Painting & Decorating • Landscaping
FREE PLANS with every agreed project

Rubber4Roofs

Fed up renewing your Felt Roofs?
Why not opt for a Rubber Roof System

- No Joins • No Leaks •
- 50 year Life Expectancy •

For a **FREE** quotation please call
01279 816883 or 07576 753811
Email: fortunemasterbuilder@gmail.com

EDPM Approved Installer

DEAN MASON Electrician

Professional and Friendly

All aspects of electrical work undertaken
including PAT Testing
Property Maintenance and Refurbishment
Small Jobs Welcome

Please call for a free quotation

Tel: 01279 817369

Mob: 07747 572013

Email: dsmason@outlook.com

6 Waterside Stansted CM24 8BH

Nouvelle Carpentry & Building

Fully qualified local carpenter
with over 25 years experience

- ◆ Extensions
- ◆ Kitchens
- ◆ Doors & Locks
- ◆ Windows
- ◆ Bespoke joinery
- ◆ Summer Houses
- ◆ Decking
- ◆ Soundproofing

Fully Insured and
Guaranteed

Nick Whitaker

Mob: 07973 330731
nouvelleinteriors@googlemail.com

Park Road, Stansted

J.D.W. Gas heating Specialist

Boiler Servicing
Fast response to breakdowns
of Central Heating
& all gas appliances

Carbon Monoxide Testing
Boiler Replacements
General Plumbing
Cooker Installations

24 Hour Call Out
Gas Safe Registered
Ex. British Gas

Contact Julian
1 Church Hill Corner
Tel 01279 816083
or 07967 366585

Crystal Clear Pond Services Pond Cleaning & Maintenance

Regular cleaning, maintenance
and servicing **plus** supplying
and fitting all pond equipment

- Pond Cleaning
- Pond Restoration
- Water Features
- Pond Supplies

For a clean and healthy
pond all year round.
Free estimates & quotes

01279 812011
07999 536580

www.crystalclearponds.co.uk
info@crystalclearponds.co.uk



Ed Howley Est 1990
Furniture By Design

Fitted Furniture Specialist

Bedrooms • Studies • Media Units • Bookcases etc..

{ Furniture as individual
as you are! }

Online showroom
www.edhowleyfbd.co.uk

Also DIY and Trade supplies
& Cutting and machining services available

Tel: 01279 815700
info@edhowleyfbd.co.uk

3A Parsonage Farm, Foresthall Rd, Stansted, Essex, CM24 8TY

Do-It-4U General Handyman

Home & Garden Repair, Care & Maintenance

- ◆ Plumbing, Electrical & Carpentry Services
- ◆ Drain Blockages Cleared
- ◆ Gardens Tidied & Maintained
- ◆ Hedges & Topiary Trimmed & Shaped
- ◆ Fences Erected & Repaired
- ◆ Gutters Cleaned, Repaired or Replaced
- ◆ Sheds & Other Sectional Buildings Erected

Tel 01279 814411 Mobile 07774 877320

DAYS OUT IN HERTFORD AREA

Not too far from Stansted, located off the London-bound A10 along the A414, Hertford and its surrounds has lots of activities and places to visit including:

Scott's Grotto

Between 28 and 34 Scott's Road, Ware, SG12 9JQ

A series of interconnected chambers extending some 67ft into the chalk hillside, lined with shells, flints and pieces of coloured glass. The grotto was formerly in the garden of Amwell House. Rumour has it that construction may have taken as long as 30 years and was completed by John Scott, an 18th-century poet who inherited Amwell House.



There are several theories as to why he built it including the need of an attraction to draw London society out to Ware. Scott's visitor's book contains 3,000 names so the attraction

obviously worked. Flat shoes and a torch are advisable as the floor is uneven and the entire underground system is unlit. There are steps leading down to the grotto and up to the summerhouse, and unfortunately no access for wheelchair users.

Open: 2.00pm-4.00pm Saturdays and Bank Holiday Monday 1st April to 28th September. Entrance is free but there is a suggested donation of £1. Email: info@scottsgrotto.org.

Celtic Harmony Camp

Brickendon Lane, Brickendon, near Hertford, SG13 8NY

Celtic Harmony is an award-winning charity, offering hands-on cultural heritage education. Visitors can experience first-hand how Celtic Iron Age people, who lived over 2000 years ago, made food, clothes and shelter from the natural environment, whilst protecting natural habitats by harvesting in the traditional way. Events and courses are available for schools and the local community to encourage participation in healthy recreation and a greater understanding of ancient crafts, from archery - either in the woods outdoors or inside the newly built Archery Barn - to storytelling. There are numerous animals, with a display of tamed birds such as hawks, falcons and owls.



Website: www.celticharmony.org. The Archery Barn: Brickendon Lane, Opposite Celtic Harmony Camp entrance. Tel: 01438 718 543.

East Herts Miniature Railway Society (EHMR)

An independent 7¼" gauge miniature railway, open to the public, within the grounds of The Van Hage Garden Company, Great Amwell (near Ware), SG12 9RP.



Open: Every weekend, Saturdays 11.00am – 5.00pm, Sundays 10.30am-4.30pm and public holidays, and designated school holidays throughout the year. Tickets £1 per passenger, children under 2 free when accompanied by a fare-paying passenger, and under 8s must be accompanied by an older fare-paying passenger. Email: info@ehmr.org.uk.

Anna Nolan

PETS AND HOT WEATHER

I've seen a thing or two in my 25 years as a vet but people never fail to astound me. The day I'm writing this, the hottest July day on record, we've all turned an interesting pink and keep making excuses to stand in the prep room, the only room with air conditioning. A woman walks in carrying her pug saying "I don't think he's very well". The pug, dressed in what looks like a dinner jacket and bow tie, is alarmingly floppy and his tongue is an interesting shade of blue! We rush him into the prep room, put him on oxygen and find that his temperature is over 40.5°C (105°F for those still working in old money). After an hour with the fan and cool showering, Frank is starting to make the normal snuffling pug noises rather than the "Really I can't breathe, I'm not just pretending" pug noises, and I feel I have to ask the owner why on such a hot day, Frank is dressed in a coat and tie. She replied "He likes dressing up and it is his summer coat". Of course how silly of me ... So just a reminder in this hot weather; walk your dogs early morning or late evening, take balls away from Border Collies (you know what they're like, they'll carry on chasing them until they fall over) and close the lid on the dressing up box until September at least. Here is a useful link for more advice www.dogstrust.org.uk/help-advice/advice-for-owners/summer-weather-advice. Don't forget rabbits and guinea pigs; their outside runs may start off in the shade but could be in full sun by the afternoon. We stock a range of pet cooling mats and water bottles to take on walks and journeys. Finally, we are offering children an opportunity to learn a little bit about animal behaviour and how to approach and handle animals with safety and confidence at our Saffron Walden surgery on Sunday 23rd August. Broccoli will be there to give a demonstration of what a worried dog looks like, so feel free to come along and learn how to reassure him! Booking is essential, please phone 01799 522082 for more details.



Ilse Pedler
Mercer and Hughes,
Veterinary Surgeons

Bareham Overy Partnership RIBA Chartered Architects

Turn ideas into reality

- Residential
- Industrial
- Interior Design
- Project Management
- Planning & Building Regulation Applications
- Leisure
- Commercial
- Space Planning



01279 816040 www.barehamovery.co.uk
The Forge, Stansted CM24 8UE

HIBBS.WALSH ARCHITECTURE & DESIGN

Mike Hibbs & Sebastian Walsh
53 High Street Saffron Walden Essex CB10 1AR
Telephone 01799 523660
Fax 01799 520651
Email: office@hibbsandwalsh.co.uk
Website: www.hibbsandwalsh.co.uk

GARDEN & PROPERTY MAINTENANCE



30 years experience in the building trade

Call Steve Lambert for a reliable & local service

Qualified & Insured No job too small

01279 814716 07712619508

srlambert41@googlemail.com

www.lambertbuildingservices.co.uk

GILLSON CARPENTRY & JOINERY



- First & second fix carpentry
 - Site & bench joinery
 - Extensions & building projects
 - Kitchens
 - Wooden flooring
 - Decking design & construction
- Office 01279 812101
Mobile 07525 061661

Email: gillsoncarpentry@btinternet.com

Herts & Essex Window Doctor

Friendly Family-Run Business



Repairs to Double Glazing

- ✓ All Windows and Doors
- ✓ Locks, Hinges & Handles
- ✓ Glasses

Call Nigel on 01279 816324 or 07769 274610

Freephone 0800 999 2272

Email: nijillpark@aol.com

No Call Out Charge

LOCAL GLAZIERS

With over 35 years in the glazing industry

- ✓ Broken windows & doors replaced same day
- ✓ Hinges & handles fitted
- ✓ Catflaps fitted
- ✓ Made to measure splashbacks & mirrors
- ✓ Roof panes & conservatory panes replaced
- ✓ And much more...

01279 739131

w: www.aaranglass.co.uk | e: info@aaranglass.co.uk

C. TODD

Welding & Fabrication of Gates, Railings and other Metalwork for Domestic & Industrial Purposes

Telephone: 07968 168 434

Unit 2A Wrights Yard, Top Road,
Wimbish Green, Nr Saffron Walden, Essex CB10 2XJ

CHURCHILL GENERAL BUILDERS

All building works undertaken including patios, fencing, decorating, tiling, roofing, extensions, kitchens, bathrooms



Free estimates contact Duncan on
01799 543150 or 07792 254508

Corner Cottage Vicarage Lane Ugley CM22 6HU

ATTENTIVE • COURTEOUS • RELIABLE

A.C. WRIGHT BUILDING CONTRACTORS

Orchard House, 5 Brewery Lane
Stansted, Essex CM24 8LB

Tel. Bishop's Stortford (01279) 815759

Fax. (01279) 812484

Mobile 07974 989938



**KITCHENS - BATHROOMS - DECORATING
EXTENSIONS - RENOVATIONS**

T: 07793 887198 E: chris@vesterps.co.uk



July Meeting

"Paradise on Earth" was how our speaker, Chris Chadwell, described Kashmir. "It has fantastic scenery, generous people and wonderful flora and fauna". Kashmir is one of the countries nestled in the Himalayas and has witnessed unrest for many years between the nations that have claimed it - India, Pakistan and China. Visiting these mountainous kingdoms regularly on seed and plant hunting expeditions, he now supplies keen gardeners with the seed collected/plants raised via his nursery in Slough. The flora varies from alpines growing on scree to lush river valleys where tulip fields rival those found in Holland, and where the saffron crocus is commercially grown, to succulents found in the dry deserts and aquatic plants growing in and around the lakes - over 3000 different varieties - some of which can only be found in Kashmir. It was pointed out that many of our garden plants originate from this region, eg the hardy geranium Kashmir White and primula denticulata (the drumstick primula) - not forgetting the blue poppy! The award winning geranium Roxanne is a cross using geraniums from Kashmir. Many indigenous plants have been used by the local population for centuries as rudimentary medicines and a study is now underway to catalogue these old remedies before this knowledge is lost. One of the many hidden gems of Kashmir are the pleasure gardens built 400 years ago by the Mughal emperors where water is channelled around the gardens and fountains play to create a cooler environment - very reminiscent of the Alhambra in Spain. The Mughal Emperor Jahangir refers to the plants grown in his writings, and slowly the gardens are being restored to include many more of these plants - the lushness and beauty of which led him to believe he had indeed found "Heaven on Earth".

August Meeting

To take advantage of the long evenings, the meeting on 5th August will be an evening visit to Alswick Hall near Buntingford. Meet at the gardens at 7.15pm.

September Meeting

We will be back at the Day Centre on Wednesday 2nd September when our guest speaker is Jacqueline Aviolet of Rosies Garden Plants. Her talk is entitled "I am a Tulip - What Are You?" Everyone welcome - visitors £2.50, membership available. Doors open 7.30pm for 8.00pm start, refreshments prior to talk.

Maralyn Harris
Chairman
Tel: 07919 478144



STANSTED IS WELL READ

Our next meeting will be on Tuesday 25th August at 8.00pm in The Dog & Duck, Lower Street, where we will be discussing *After the Fall* by Charity Norman. Do come and join us and don't worry if you haven't read the book as we find lots of other things to talk about!

Anne Watson
Tel: 898693

STANSTED FLOODING

We all know that Lower Street experienced serious flooding on 7th February 2014; those who were directly affected will never forget it. Here is a photo to remind readers.



Since the flood, our Parish Council has formed a Flood Working Group and called for volunteer flood wardens and has also put an **Action Plan** in place. A few months after the flood, the Environment Agency (EA) visited us at our invitation, and we took them on a tour of the flooded area and the rain catchment area. At that time the EA said that they would conduct a detailed study and publish a report proposing actions early in 2015, later revised to mid 2015. As yet no report or recommendations have been received. The homes and businesses which were flooded and the flood wardens continue to wait for the next flood.

If you want to learn more about being a volunteer village flood warden, please contact our Parish Council Clerk, Ruth Clifford on 813214 or myself.

Ray Woodcock
Tel: 816468

Email: raymond.woodcock@btopenworld.com

BISHOP'S STORTFORD AND DISTRICT FOOTPATH ASSOCIATION (BSDFA)

www.walksaroundstortford.org.uk

The Association was founded in 1957 to preserve, protect and maintain the public Rights of Way network and rural verges in the Herts and Essex border and we are a registered charity. In August there are no planned guided walks - these recommence in September:

6th September 5/6miles 10.00am Hadham Ford Grid Ref: TL435218. Postcode/SatNav: SG11 2AX

20th September 5/6miles 10.00am BS Tescos C/Pk (Top Left) G/Ref: TL471218. Pcode/SatNav: CM23 4DD

4th October 5/6miles 10.00am Twyford Lock C/Pk Pig Lane G/Ref: TL493193. Postcode/SatNav: CM227PA

Stuck for something to do? On our website you will find a selection of local walks, a description of each walk and a printable map, such as the following:

Much Hadham 4 miles. Fields, paths, tacks, lanes. No stiles
Stansted 4½ miles. Mostly roads and tracks. Good field paths. Two stiles.

Bishop's Stortford 4 miles. Mix of roads, lanes, tracks and good field paths. Three stiles and a steep flight of steps.



Daphne Wallace-Jarvis
Publicity Officer

Email: secretary@walksaroundstortford.org.uk



STEVE HALL
GARDEN SERVICES

CALL FOR HELP IN YOUR GARDEN



Tel 07778 049063
or 01279 817739 after 6 pm





GARDEN DESIGN ✓
CONSTRUCTION ✓
MAINTENANCE ✓

Friendly service...
No job too large or too small
Call Scott on 07968 121 016
for a free consultation
References available. Fully insured.

website: www.thesecretgardener.net
email: thesecretgardeneressex@gmail.com



GARDEN SERVICES
Professional and friendly
Tom Cottam
07834 785716 • 01279 850257

Grass & Hedge Cutting • Fencing
Garden Clearances • Turfing & Preparation
Power Washing • Pallets, Decking & Drives
...any other General Garden Maintenance



www.nwbrownlandscapes.co.uk

All aspects of landscaping undertaken including
fencing, decking, turfing, pruning & hedge cutting
Nigel Brown 07917 611945 / 01279 507255





Gill Owen Gardening Services

- Most Aspects of Garden Work
- Grass Cutting
- Pressure Washing
- Any tasks considered – try me!

Public Liability Insurance held

No job too small - call me today
GILL OWEN : 07903 375225 or 01279 814616



- * Qualified
- * Insured
- * Council Approved
- * All Aspects of Tree work Undertaken
- * All works completed to BS3998
- * Seasoned Logs for Sale

Uppercut Trees

At Uppercut Trees we pride ourselves on our local professional service. We deliver high standards of work in all aspects of tree and hedge care, from aesthetics to safety, conservation and ecology.
Please contact us for advice or a free no-obligation quotation today!
Mobile 07703 308232 Office 01279 812553
www.uppercuttrees.co.uk

Lawn Supremacy
Garden Maintenance and Lawn Care Services

- Grass cutting, turfing, seeding, planting
- Garden clearances, patios
- Hedgecutting, pruning, fencing
- Weedkilling

Call Rory on 07805 521899 or 01279 815658

G J Cox Farm & Forestry
Suppliers of

- ✓ Locally Grown Turf
- ✓ Garden Mulch
- ✓ Top Soil
- ✓ Seasoned Logs

using Sustainable Coppiced Wood

Tree Surgery * Landscaping * New Lawns Laid
Tel: Marie 01279 850495
The Wood Yard, Old Mead Rd Henham CM22 6JG



Forest Hall School
Forest Hall Road, Stansted CM24 8TZ
www.fhs.essex.sch.uk

Facilities for Hire
Halls • Classrooms • Meeting Rooms
Dance/Drama Studio • Playing Fields
available for events, functions, clubs and classes
For further information or bookings please contact
Business Manager Gareth David on 01279 813384
Email: g.david@fhs.essex.sch.uk

Ugley Village Hall

With two halls, ample parking, facilities for the disabled and competitive rates, Ugley Village Hall on the B1383 (Cambridge Road), is available for hire throughout the year for children's parties, adult parties (over 25s), functions, clubs, classes and social meetings.

For bookings or further information please contact Susan Bone
Tel: 01279 814052/Email: uglevillagehall@gmail.com

Scam Awareness

Scams come in every form, from doorstep double glazing sales to online investment offers. People may be targeted with “vishing” calls where a fraudster impersonates their bank to collect their bank details, or by bogus companies offering computer services. Online scams include dodgy job adverts and offers for goods and services, while mail scams may ask victims to pay a fee in order to claim their winnings from a prize draw they haven’t entered. When receiving an unsolicited approach or when looking for goods or services: don’t be rushed and don’t be hushed. Take time to make a decision and get all the facts together before parting with money or personal information. Scams thrive on silence and will continue to spread so start talking about suspicious email, junk mail, online ads or door-to-door sellers. If an offer sounds too good to be true, it probably is. Never give out your bank details unless you are certain you know who the person is, and that you can trust them. If you think you have been scammed, contact Citizens Advice for help and report it to Trading Standards.

Looking For a Challenge?

With ever increasing demands on the service, the CAB team in Saffron Walden need to raise funds to extend into the roof space of their purpose-built office in the town. Among other fundraising events, we plan to launch a ‘buy a brick campaign’ to engage supporters from local businesses and the community to sponsor the build and help us reach our target. So we need the help of an energetic and imaginative volunteer, with good local connections and networking skills to make this a reality. We are also recruiting for volunteers to help with light office admin on one day or two mornings a week. If you would like to join the team in Saffron Walden and find out more about these fun and rewarding volunteer opportunities, please contact me.

Kate Robson
Manager
Tel: 01799 526557

Email: admin@uttlesfordcab.cabnet.org.uk



www.rainbowpreschool-stansted.co.uk

The children will hopefully enjoy their summer break and in a few weeks will be preparing to return to Pre-school. This academic year we have introduced new names for the groups. The younger group will be known as ‘The Explorers’ and the older group as ‘The Adventurers’. We look forward to another exciting year at Rainbow. Rainbow Pre-School takes children from 2½ years to rising 5. If you are interested in applying for a place for your child, please visit our website. You need to put your child’s name down now, however young, to ensure a place. Contact Gill Pursglove the Pre-School Administrator for further information email: admin@rainbowpreschool.net or call 814242.

Clair Rava
Parent/Committee Member

Parent Organisation Celebrates 50th Anniversary

On Thursday 25th June the North West Essex and East Herts Preservation Association (NWEHPA) celebrated its 50th



Annual General Meeting (AGM) at the Priors Green Local Centre in Takeley. NWEHPA was founded in 1964 in response to the Government’s announcement that it would build a second runway at Stansted Airport. Because of NWEHPA’s resistance to this an independent inquiry was set up, the Chelmsford Inquiry, which concluded that a second runway at Stansted would be a ‘calamity’ for the neighbour-

hood and could in no way be justified. In the years that followed NWEHPA continued to resist expansion, and in 2002, when the Government issued a consultation paper threatening yet more runways at Stansted, it formed a working group, Stop Stansted Expansion (SSE), to spearhead the opposition. Several of those attending the 50th AGM had been members of NWEHPA for many years, among them Sue Forsyth, whose father, John Lukies, was one of NWEHPA’s first two joint chairmen. Speaking at the AGM NWEHPA and SSE Chairman, Peter Sanders, emphasised the debt that the community owed to NWEHPA. The threat of more runways had been very real, and it was largely thanks to NWEHPA that these plans had been rejected. He thanked all those present for their continued support and encouragement.

Airport Commission Final Report

In July the Airports Commission, led by Sir Howard Davies, published its Final Report after almost three years of independent analysis and investigation. The main recommendation is for a third runway at Heathrow, and they believe there may be sufficient demand to justify one other additional runway in the UK by 2050. However, they emphasise that this would need to be justified both economically and environmentally and that no decisions should be taken until the impacts of the new Heathrow runway have been independently evaluated.

It is now for the Government to consider the Commission’s recommendations, and it could be as late as December before final decisions are announced.

Peter Sanders
Tel: 01799 520411
Email: petersanders77@talktalk.net



NATURE NOTES

Calling all enthusiastic or budding botanists, entomologists, gardeners, ornithologists, zoologists etc! The Link is still looking for volunteers to join the *Nature Noters*. An ‘ology’ isn’t necessary - just an interest in the natural world and a willingness to write up to 300 words about three times a year. Please contact the Editor for more information. Details on page 1 of The Link.

Index to Advertisers

Animal Care	B Stortford Dog Training Club	10	Hairdressing	Barnet Fayre	12
	Debs Dogs	26		Lino Thomas	OBC
	Mercer & Hughes	OBC		Nicky & Co	OBC
Art and Craft	Millway Stationery	IFC	Halls for Hire	Forest Hall School	38
Building	A C Wright Building Contractors	36		Ugley Village Hall	38
Services	Bareham Overy (Architects)	36	Household	Ken Carpet Fitter	32
	Churchills General Builders	36	Furnishings	Stort Blinds	IFC
	D S Designs (Architects)	IFC	Household	D C Alarms	28
	Hibbs & Walsh (Architects)	36	Installations	Mediacomms	28
	David Fortune (Builder)	34		SDS Aerials	28
	Vester Property Services	36		Stortford Audio	28
Carpentry	Furniture by Design	34	Hypnotherapy	Glynis Cheers	12
	Gillson Carpentry & Joinery	36	Jeweller	John Wilson	16
	Nouvelle Carpentry & Building	34	Leisure	Elsenham Golf Club	IBC
Cleaning	Chimney Sweep & Stoves	16		LivingWell Health Club	28
	Clear Ovens	16	Motor Services	Bikes Wanted	18
	Domestic Goddesses	IBC		D Bonney & Sons	28
	Ecaterina Domestic Cleaning	16		Conway Chauffeur Drive	IFC
	Go-Jo Quality Cleaning	16		Hilton Rental	24
	Herts & Essex Carpet Cleaning	16		J & R Cars	24
	Oven Bright	16	Painting &	Ada Decorating	32
	Village Chimney Sweep	16	Decorating	Brown's Painting & Decorating	32
Community &	Hearing Help	12		David Duncan Decorating	32
Care	Helpline	16		Lesley Anne (Decorating)	32
	Mountfitchet House Care Home	24		MWR Interiors	32
	Native American & Cavalry League	16		Ray on the Hill	32
	Stansted Mountfitchet Social Club	26		Shutes Painting & Decorating	32
Computing	MCM Computer Services	10		T F Plastering	32
	Taylor Computer Services	10	Personal	Essential Gem (Beauty)	12
Dance	Graham School of Dance	8	Services	George Cooper (Physiotherapy)	6
	Mitchell School of Dance	8		R Handford (Chiropody)	6
Dental	Simply Teeth	8		Julie Golden (Chiropody)	10
Education &	Jan Rickwood (Baby Massage)	10		Lower Street Clinic	6
Children	Learn to Ride	10		Stansted Chiropractic	6
	Music Lessons	10		Stansted Psychotherapy	12
	Monique's Childminding	10	Photography	Williams (Osteopath)	6
	Rainbow Pre-School	18		Photosound	26
	St Nicholas School	12	Pilates	Akasha Wellness (Pilates & Yoga)	8
	Tuition	10		Back to Basics (Pilates)	8
Electrical	Albury Electrical Services	30		Tone Pilates	8
	Dean Mason	34	Plumbing &	Harpers Plumbing & Heating	OBC
	Ethical Electrical	30	Heating	JDW Gas Heating Specialist	34
	Stansted Electric	30		Jones & Co (Plumbing & Heating))	30
Family History	Past Discoveries	12		Knight Plumbing	30
Financial	Greenways Financial Planning	26		KS Group Heating & Plumbing	30
& Legal	Lever & Co Solicitors	18		Newman's Home Services	30
	Mansell & Co Accountants	IBC		Orion Heating	30
	Mosby Financial Service	26		Stansted Gas Services	30
Food	Crimson 8 Chinese	IBC	Printing	CZ Design & Print	28
	Dog & Duck	24	Property	Aaran Glass	36
	Linden House	24	Maintenance &	Camwood Home Improvements	30
	Lower Street Brasserie	IBC	Improvement	Do-It-4U	34
	Pino Pizzeria & Grill	24		Fairweather Windows	IFC
	Sonargow Indian	24		Finch and Son	OBC
Funeral	Daniel Robinson & Sons	18		Garden & Property Maintenance	36
Services	D C Poulton & Sons	18		Herts & Essex Window Doctor	36
Garden	N W Brown (Landscapes)	38		Todd Welding & Fabrication	36
Services	Cox Farm & Forestry	38	Retailers	Family News (Londis)	10
	Crystal Clear Ponds	34		Paris Legore (Flowers & Gifts)	IFC
	D Honour & Son (Landscapes)	OBC	Spiritualists	Arthur Findlay College	18
	H2O Plants	OBC	Stonemason	J Day & Son	16
	Steve Hall Garden Services	38	Travel	Absolute Travel	IBC
	Lawn Supremacy	38	Will Writing	Herts & Essex Wills	10
	Mowtivated	38		The Will Practice	IBC
	Gill Owen (Gardening Services)	38			
	The Secret Gardener	38			
	Uppercut Trees	38			

IFC - Inside Front Cover

IBC - Inside Back Cover

OBC - Outside Back Cover

Mansell & Co. Est. 1970

Chartered Certified Accountants, Registered Auditors

All aspects of accounts, audit and taxation

We are an established firm offering a cost-effective and professional service to businesses of all sizes, both start-ups and existing businesses changing advisor

Please contact us for a free consultation, quoting "Link"

Mark Williams FCCA or Jeremy Fozzard FCCA

5 Ducketts Wharf, South Street, Bishops Stortford CM23 3AR



01279 658499

info@mansellandco.org



Probate & Estate Administration

Let us take all the stress and worry away from you

It may not cost as much as you think

We often save families money

(Probate, Wills, Trusts, Lasting Power of Attorney)

www.thewillpractice.co.uk

thewill&probatepractice

Call

01279 260068

Authorised and Regulated by the Chartered Institute of Legal Executives & IPW



The Family Friendly Golf Club

3 HOLE BEGINNERS' ACADEMY COURSE

FAMILY ORIENTATED TEACHING ACADEMY

EXCELLENT HEATED FLOODLIT DRIVING RANGE

CAFÉ BAR & LOUNGE AREA

FULLY EQUIPPED GYM & FITNESS CLASSES

CHILDREN'S PARTIES

Function Room for Weddings, Parties, Meetings & Society Days

Tel: 01279 812865

info@elsenhambgolfandleisure.co.uk

www.elsenhambgolfandleisure.co.uk

BRASSERIE lower st.

Refined dining in a relaxed atmosphere

t: 01279 817177

enquiries@thebrasserie.lowerstreet.co.uk

www.thebrasserie.lowerstreet.co.uk

30 Lower Street | Stansted | Essex | CM24 8LP



TheBrasserieLowerStreet



Ranked No1 on tripadvisor for restaurants in Stansted Mountfitchet

Binwash

We clean wheelie bins!
Commercial & Domestic

FREE! First Clean to new Customers

* Households only - try us before you buy!

Monthly Cleaning from just **£3.50!**

www.binwash-uk.com

01799 529899

enquiries@binwash-uk.com

absolute travel

explore • dream • discover

Stansted's own independent travel agency

• holidays • flights • cruise • offers

01279 648 900

10, Chapel Hill, Stansted Mountfitchet

www.absolutetravel.co.uk



@absolutetravel4



absolutetravelagent



CRIMSON

Finest Oriental Cuisine RESTAURANT & TAKE AWAY

Tel: 01279 812818

Telephone Orders Welcome

Open Bank Holidays



OPENING HOURS

Sun, Mon, & Wed 5.30 pm - 11.30 pm

Thur, Fri & Sat 5.30 pm - midnight

Tuesday closed

Lunch: Thurs, Fri & Sat 12 noon - 2.00 pm

Unit 7, Castle Walk, Lower St, Stansted CM24 8LY

5 star service at competitive rates



Domestic Goddesses
Domestic & Commercial Cleaning Company

Domestic & Commercial Cleaning
(other cleaning services available)

The company that doesn't cut corners - "We Clean Them!"

Contact **Denise Oliver** of Foresthall Park, Stansted

Tel: 01279 817322

Mob: 07747 667319

Email: denise@domestic-goddesses.co.uk

Web: www.domestic-goddesses.co.uk

FINCH & SON

**KITCHENS
BATHROOMS · BEDROOMS
PLUMBING · CARPENTRY
SMALL BUILDING WORKS
DECORATING · TILING**

Paul Finch (BEng)
07981 907 624 finchandson@gmail.com

H₂O PLANTS

AQUATIC AND ENVIRONMENTAL SERVICES

FIBREGLOSSING	KOI PONDS	POND CONSTRUCTION
AQUATIC PLANTING	WATERFALLS	POND MAINTENANCE
WATER FEATURES	POND LINERS	FILTRATION SYSTEMS
POND CLEANING	WEED CONTROL	LAKE MAINTENANCE
WILDLIFE PONDS	FOUNTAINS	FISH TRANSPORTATION

All staff are fully trained, reliable and insured. Commercial & Domestic customers welcome.

Freephone: 0800 135 7343
Essex: 01279 216 538
Hertfordshire: 01992 666 344
h2oplants@hotmail.com

City & Guilds
NPTC

Mobile: 07958 304 744
Cambridge: 01223 655 385
London: 0207 993 2886
www.h2oplants.co.uk



LINO THOMAS
HAIRDRESSERS

TELEPHONE 01279 812910

LINO THOMAS, THE GREENS BUILDING, CAMBRIDGE ROAD,
STANSTED MOUNTFITCHET, ESSEX CM24 8BZ

WWW.LINOTHOMASHAIRDRESSING.CO.UK



Mercer & Hughes Veterinary Surgery



Stansted Mountfitchet
01279 813780

80 Cambridge Road Stansted
Essex CM24 8DA

Saffron Walden **01799 522082/521406** Great Dunmow **01371 872 836**



**IN-HOUSE 24 HOUR
EMERGENCY SERVICE**



www.mercerandhughes.co.uk



Heating & Plumbing Ltd
www.harpersplumbing.co.uk

All Plumbing, Heating & Gas Repairs
Servicing & Installation
Bathroom & Water Softener Installations
Power Flushing ~ Gas & Oil Specialists
Air & Ground Source Heat Pumps
Solar Hot Water Installations



Tel: 01279 771981 Mob: 07885 597063
Email: nharper114@aol.com

D. Honour & Son (Landscape) Ltd.

Your local Marshalls approved Installer
Brickwork Paving Fencing



Tel: 01279 813160

email: honourlandscapes@aol.com
web: www.honourlandscape.co.uk

The Old Brickyard, Elsenham Road, Stansted, Essex CM24 8ST



KMS
california
GOLDWELL

Opening Hours:

Tue 9 am - 9 pm
Wed - Fri 9 am - 6 pm
Sat 9 am - 4.30

HAIR
Style & Nicky Co



1 Lower Street, Stansted CM24 8LN
Tel: 01279 817899