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The Link is produced by Stansted Mountfitchet Magazine Community Interest Company and supported by local churches, businesses and the Parish Council. It is delivered free to over 3000 homes and businesses in Stansted. Further copies may be purchased for £1 each or £11.00 per year, plus postage. Each edition is also available on our website.

EDITORIAL

The Link has been voted the second best community magazine in Essex! That is no mean feat when you consider our magazine was competing against 39 other publications from across Essex. This magazine is a vital communication channel for everyone in Stansted; it informs, it connects and empowers us all. The content is not produced by a high powered or politically biased editorial team with a self-serving agenda. All content comes from you, the community, and is put together by a team of hard working volunteers from the community. Anyone living in Stansted can submit content which they would like to share with the rest of the community. In fact, without your valuable contributions there would be no Link. The magazine is like our 'community chat room' in print. If you have never really paid attention to it before, you are missing out on some amazing achievements and interesting stories being told by ordinary people like you and me. Many of these wonderful people might well be your neighbours. See the judges' comments about our magazine on page 4.

Finally, take a minute to check through our new look contents page. I guarantee you will find out something new and interesting about your community.

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CONTRIBUTIONS *Up to 300 words in Word format. Photographs to be sent separately (jpeg)*
 By email (preferred) to editor@stanstedlink.org.uk by noon on 11th September for the October issue or by hand/post by noon on 8th September to 7 Blythwood Gardens, Stansted CM24 8HG

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THOUGHT FOR THE MONTH

British Home Stores is now history and its 11,000 employees jobless and facing an uncertain future with their pension surplus wiped out by a £571 million deficit. Whatever the truth of what really happened, can there be any serious doubt that greed played a part in the ruin of this retail institution? Greed seems to flourish wherever we look, be it business, banking, sport or among some energy and insurance providers who, quite perversely, punish rather than reward customer loyalty.

Company boards fuel greed by awarding their chief executives soaring salary rises. The leaders of Britain's top public companies pocketed an average 10 percent pay increase in 2015 while their employees got two percent. The executives' average annual earnings rose to about £5.5 million, 129 times more than the average of those they employ. Greed festers in premier-ship football with obscene and unsustainable pay rates and individual transfer fees exceeding the value of an entire football club. Elsewhere the poorest are forced to pay the most for basic services as a punishment for not being able to use the payment methods preferred by service providers. And why should some people in work have to rely on food banks to feed their families?

While we might hope things improve over time, sadly the words of early Quaker William Penn remain as true today as when he wrote them nearly 350 years ago: "That the sweat and tedious labour of the farmer, early and late, cold and hot, wet and dry, should be converted into the pleasure of a small number of men – that continued severity should be laid on nineteen parts of the land to feed the inordinate lusts and delicate appetites of the twentieth, is so far from the will of the great Governor of the world ... [it] is wretched and blasphemous."



Jonathan Morrell
Stansted Quaker Meeting



STANSTED FREE CHURCH
Methodist / URC
Chapel Hill, Stansted CM24 8AG
www.stanstedfreechurch.org.uk

Minister Rev'd Roy Fowler
Tel 814809
minister@stanstedfreechurch.org.uk

Lettings Marion and Mike Dyer
Tel: 814059
lettings@stanstedfreechurch

Preachers for September

4th 3.00pm Rev'd David Simpson - Church Anniversary
11th 10.30am Rev'd Christine Fowler
18th 10.30am Richard Lewney
25th 10.30am Rev'd Roy Fowler - Communion

Stansted Free Church 10th Anniversary

On 4th September we shall be celebrating 10 years since Stansted United Reformed Church and Stansted Methodist Church joined together to form Stansted Free Church. Rev'd David Simpson was one of our ministers at that time, and we are delighted to have David back with us for our special service. The service is at 3.00pm and will be followed by tea in the hall. There is no morning service on that day.

The Place on the Hill – held in the Free Church Foyer

A reminder that our free drop-in for all ages is open every Monday, Wednesday and Friday (except bank holidays) from 9.30am-12.30pm. Refreshments, newspapers, company, free wifi, computers, space for the children to play with toys and run around, plus a quiet area with comfy seating. Plus if you fancy keeping your mind active, we now have a jigsaw 'on the go' which anyone is welcome to add pieces to!

THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Quaker Meeting House, 71 Chapel Hill
Stansted CM24 8AE
www.saffronquakers.org.uk/stanstedhtml

Clerk Jane Mitchell
Tel: 503024
Email: sjane.mitchell@ntlworld.com

Lettings Richenda Whitehead
Tel: 07773 603618
Email: richendajw@live.com

Meeting Sunday, 10.30am every week

Light Group 10.30am-11.30am 10th September.
This is a guided meditation for personal enlightenment. You are warmly invited to attend.



Village Harvest Supper

This year's event will be on **Sunday 16th October** (not Saturday 16th as previously stated) at 6.00pm in St John's Church Hall, followed by light entertainment by the churches. As usual there will be a fish, chicken or veggie burger supper (all with chips), followed by choc ices. Tickets £7, children £5, from Helen 814865, Marion 814059, St John's Office (Mon, Wed and Fri 9.00-noon) 815243 or Francine 814562. All are welcome but **tickets must be**



www.stanstedfamilychurch.com

All enquiries The Church Office, St John's Hall, St John's Road, Stansted CM24 8JP Tel: 815243 Office hours: 9.00am-12 noon Mon, Wed, Fri. Email: st.johns.church@btinternet.com Website: www.stanstedstjohns.btik.com

Rector Rev'd Paul Wilkin Tel: 812203 Email: stansted.rector@gmail.com

Director of Music Anne Brooks Email: anne.brooks22@yahoo.co.uk

Church Hall Bookings Simon Wilson Tel or text: 07582 856689 Email: stjohs.hallbookings@gmail.com

St John's Diary

Sun 8.00am Said Holy Communion 9.30am Choral Eucharist (1st, 3rd and 4th Sundays) 9.30am Family Communion (2nd Sunday)

Monday-Tuesday, Thursday and Saturday

8.30am Morning Prayer Tuesday There are services of Holy Communion on the first Tuesdays and Wednesdays of the month in Norman Court, Hargrave House and Broome End Thursday The Coffee Pot 10.30am-noon and Broome End Monday-Thursday and Saturday 5.00pm Evening Prayer Nursing Homes.

From the Registers July Baptisms 31st Evan James Monk William John Lewin Channing Weddings 2nd John Michael Stigwood & Sameena Ilmas Manzar 23rd Leo Anthony Henry Plant & Amy Morrow 28th Matthew David Callaghan & Rebecca Victoria Tanner

ST JOHN'S 300 CLUB

Congratulations to the winners of the bumper July draws: £200 No 254 Carol Rushmore £100 No 153 Hazel Smith £ 50 No 80 Matthew Hollis £ 25 No 183 John Elliott

The September draws will be on Sunday 25th September in St John's Church following the 9.30am service. Numbers are still available at a cost of £2 per month per number. Please contact me for an application form.

Francine Cope Tel: 814562

Contact Howard and Ros Page Tel: 810813

Email contactstanfam@yahoo.com

Our Christian beliefs are conventional, we are just doing church differently.

Our @27 meetings take a slightly new format from September, and we will be meeting on alternate Tuesdays from 20th September, 7.30pm coffee for 7.45pm start. Expect a house-church or homegroup-style meeting with modern worship music, a Bible-based thought for the day, discussions, and more. If you are looking for Christians with a contemporary outlook, a desire to grow in our faith and a vision to benefit our community, why not join us? Please contact us as above for more information, venue(s), and future dates.



Ros and Howard Page

ROMAN CATHOLIC

St Therese of Lisieux High Lane, Stansted CM24 8LQ www.sttheresastansted.org

Priest Father John Garrett

Office Tel: 816889 Email: stansted@dioceseofbrentwood.org

Masses Saturday 6.00pm Sunday 10.00am Holy Days of Obligation 8.00am and 7.30pm Mon, Tue, Thu, Fri 9.30am

Confessions Saturday 10.00am and by appointment

Baptisms By appointment



THE SALVATION ARMY C.A.M.E.O (Come and Meet Each Other)

In July the group enjoyed a traditional beetle drive. There were 16 in attendance allowing for four games to be played each time. The evening was full of laughter, fellowship and, due to birthday celebrations, some extra-special cake. We meet in the Day Centre on the third Tuesday of the month 7.30pm-9.00pm for ten months of the year. On Tuesday 20th September, we are looking forward to meeting local resident, Andrew Harvey-Adams, who enjoys photography as a hobby. He is bringing a selection of photographs, many of which are transport related, and hopes to tie them in to tales of his journey. Please do come along, we would love to welcome you. If you have any suggestions then please don't hesitate to contact us. Hope to meet you soon.

Lieutenant Megan Lowe Tel : 507464

Email: megan.lowe@salvationarmy.org.uk

STANSTED LINK WINS PRESTIGIOUS AWARD

Yes, it's official - Stansted Link is the second best magazine in the whole of Essex!!

Each year Essex Life Magazine, in conjunction with the Rural Community Council of Essex (RCCE), run a competition for all the community magazines in Essex. This year we were awarded 2nd prize. The judges were very complimentary:

Content

This is a very good local magazine, packed full of information and articles. Well done to all concerned

(18 marks out of 20)

Layout

Good, clear and unfussy layout with lots of colour illustrations

(13 marks out of 15)

Design and Production

Excellent design, and particularly good covers. It is a pleasure to read

(12 marks out of 15)



The competition is organised by RCCE with backing from Essex Life, the Diocese of Chelmsford and Newport News. On behalf of the Link team, we were delighted to receive a certificate and £50 cheque from the Rt Rev'd Roger Morris, Bishop of Colchester (part of the Chelmsford Diocese).



Marion and Mike Dyer
Tel: 814059



A reminder of my sponsored swim for Act One Arts Base on Thursday 15th September, when I am swimming 100 lengths of Grange Paddocks pool. The charity runs workshops providing dance and other arts opportunities for everyone with a wide range of disabilities. To donate

please visit www.justgiving.com/fundraising/David-Richardson49. Thank you for your support!

David Richardson
Tel: 899157

Email: dddhhrrr@gmail.com

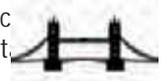


Mediumship Evening 15th September 7.00pm for 7.30pm
An evening at Bishop's Stortford Football Club with **Ronnie Buckingham**, an acclaimed international celebrity medium, whose unbelievable accuracy has made him one of the most successful mediums of our time. Tickets £15 from Tracey

07815 950759, www.wegotickets.com/grovec
Nat: 0203 76 478717. Proceeds to Grove Cott.



LONDON QUIZ



1. Where did Eisenhower, as supreme commander in Europe in WW II, have his HQ?
2. Which building lies between The Mall and Trafalgar Square?
3. On which thoroughfare was Charles I executed? ...
4. ... and in which palace did he spend his last night?
5. Who lived in Buckingham Palace after it was first built in 1702?
6. What is the address of the Canary Wharf tower?
7. Which London landmark is the largest brick built building in Europe?
8. On which thoroughfare can the Central Criminal Court be found?
9. Which is the London home of the Archbishop of Canterbury?
10. The figure of Eros in Piccadilly Circus is made of what material?
11. Who designed Marble Arch, and for what purpose?
12. How is the central keep of the Tower of London known?
13. Who designed the Cenotaph?
14. How many bells make up Big Ben?
15. Where in London might be found 74,000 ceramic and 38,000 textile items, among many other things?
16. Whose brainchild was the (modern) Globe?
17. In which decade was Tower Bridge opened?
18. How long does one revolution of the London Eye take?
19. What is the official residence of the Lord Mayor of London?
20. Where might you find statues of, among others, Disraeli, Lloyd George, Lincoln and Mandela?
21. What is unusual about meetings of the Privy Council?
22. How many Royal Parks are there?
23. Which church is known as the actor's church?
24. Where could you find Flamsteed House?
25. Which famous London theatre stands on Catherine Street, Covent Garden?



LINK ADVERTISING

We are now taking bookings from new advertisers for our printing year which begins in November

Black and white (with spot colour) ads on the inside pages start from £200 for the whole year!

There are various sizes available

See www.stanstedlink.org.uk/advertising for details or if you do not have internet access call Marion on 814059

We look forward to hearing from you!



Stansted Windmill

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Sun 28th August
Mon 29th August
(with Windmill Fête)
Sun 4th September



Sponsored Cycle Ride / Walk

Sat 10th September
9 am - 5 pm

Forms available from St John's
Church or John tel 656645

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Mediumship Evening

7 for 7.30 pm Thu 15th Sept
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WHAT'S ON IN SEPTEMBER

1	Thu	Stansted Local History	Day Centre 8 pm
2	Fri	Business Forum Breakfast	The Ash 7 for 7.30 am
4	Sun	Windmill Open	1.30 - 5.30 pm
4 & 18	Sun	Skips	Lower Street 12.30 - 4.30 pm
6	Tue	Stansted Seniors Group	Day Centre 1.30 - 3.30 pm
		Stansted is Well Read	Dog and Duck 8 pm
7	Wed	Mountfitchet Garden Club	Day Centre 7.30 for 8 pm
8	Thu	WI	Day Centre 7.45 pm
10	Sat	Essex Ride & Stride	Local Churches 9 am - 5 pm
11	Sun	Link copy due in today Tennis Club Finals Day Skatepark Jam	before 12 noon Tennis Club from 10.30 am Skatepark, Lower St 11 am - 4 pm Tennis Club 7 pm
12	Mon	Ladies' Night	Bishop's Park Comm Centre 7.30 pm
13	Tue	RSPB Talk	St John's Hall 1.30 pm
15	Thu	Stansted U3A Grove Cott Mediumship Eve	B S Football Club 7 for 7.30 pm Free Church Hall 6.15 - 7.45 pm
16	Fri	Investigators begins	Day Centre 10 - 11.30 am
17	Sat	Stansted Family Café Cricket Club Social	Cricket Club Pavillion 7.30 pm Easton Lodge 11.30 am - 5 pm
18	Sun	Apple Open Day	Day Centre 7.30 - 9.30 pm
20	Tue	CAMEO	Ugley Village Hall 2.15 pm
21	Wed	Ugley WI	St John's Hall 7 for 7.30 pm
24	Sat	Interfaith Quiz	St Mary's School 3.30 - 5 pm
25	Sun	Stansted Messy Church	Day Centre 2 - 4 pm
27	Tue	Hearing Help	Old Lane Hse 10.30 am - 12.30 pm
30	Fri	Macmillan Coffee Morning	

UGLEY FARMERS' MARKET

10 am - noon Sat 17th Sep
Ugley Village Hall

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Stansted Cricket Club

END OF SEASON EVENT

7.30 pm Sat 17th Sept
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Stansted U3A Singers

7.30 pm Sat 8th Oct
St John's Church

Adults £7 Under 14s £3.50
(includes wine/soft drink & nibbles)
tel Ann 814027 Jean 01799 541025

All Welcome



Bishop's Stortford & Stansted Tangent

FLOG IT AUCTION

7 for 7.30 pm Fri 14th Oct
Stansted Day Centre

*Admission £5 incl refreshments
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APPLE DAY

Sunday 18th Sept

11.30 am - 5 pm (last entry 4 pm)
Guided tours at 12.30 & 2.30 pm

B Stortford Ukelele Band

Adults £4 Under 16s Free
Bacon baps & cheese rolls
Hot drinks and homemade cake

All Welcome Tel: 01371 876979

Macmillan Cancer Support

Come & Join the

Fri 30th Sept
10.30 am - 12.30 pm



Old Lane House, Church Road
Raffle ~ Cake Stall
All Welcome ☎ 813172



Stansted Messy Church

3.30 - 5 pm Sun 25th Sept
St Mary's School, Hampton Rd

Activities ~ Celebration ~ Food

An exciting and informal style of church for
families, particularly with children under 12
Older children also welcome - bring an adult!

www.stanstedchurches.com/messychurch

Stort Interfaith Group

QUIZ EVENING

Quizmaster David Morson
7 for 7.30 pm Sat 24th Sept
St John's Hall

Tickets £8 (incl light refreshments)
from 850209 or on the door
Bring your own drinks & glass



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And Care Professional Council

BUPA and AXA/PPP

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Mark Gurden MSc (Chiro), DC, PhD
Marcel Morelli MSc (Chiro), DC.
And Associates

Registered Doctors of Chiropractic

Well, we have had a busy year so far and we are starting again on Friday 2nd September 7.00am for 7.30am, with our business breakfast at the The Ash pub in Burton End. We are also pleased to be continuing our mentor programme with students from Forest Hall School. We have a special initiative that



one of our members, Erika Erasmus from Coachmind Consulting, is organising for SBF members. Erika will offer a free one-off coaching session to each new speaker at the monthly SBF breakfast meetings to help them showcase

their business and improve presentation skills. As an executive coach with a background in psychology she is all too aware that confidence is key when selling businesses. Providing support in preparing presentations can help a business owner be more professional and gain more customers. Even standing up confidently to do a 30-second introduction of who you are and what your business uniquely offers can be daunting. Erika can help you speak and present confidently and convey the passion for your business or other area of life. So if you or your business needs support then contact Erika on 07962 682695.

Our spotlight this month is on Graham Anderson who is the managing director of The Executives Choice Chauffeur Company. Having spent many years travelling from Essex to various airports and other events via executive transport and private hire, he was regularly left deflated and feeling let down with what was provided in terms of the customer experience. So he set up *The Executives Choice Chauffeur Company* which is dedicated to providing the best possible client experience. Graham provides a very personal service with many thoughtful touches before and during the journey that make the experience very special and I can certainly vouch for this. Contact Graham on 07481 494988 to book your trip.

Peter James from Murdochs Estate Agents and Property Lettings has some advice for you post Brexit. He says that UK interest rates are now at a record low of 0.25, following the Bank of England's decision to cut the base rate for the first time in seven years by a quarter of a percentage point. This will be welcome news to borrowers who now have the chance to save money on monthly mortgage repayments. His view of the property market is that if you have not reached the end of your mortgage term, you could be better off asking your current lender for an advance instead of taking out a new mortgage. There is still strong demand from buyers and a shortage of homes, so properties for sale at realistic prices should still sell quickly. A small number of buyers have tried renegotiating the price they are paying for a property but without much success. So Peter's advice is that you should remember to price your home competitively if you want more buyers. Murdochs can certainly help you to do that so telephone 813318 for more information.



Iris Evans

STANSTED MESSY CHURCH

www.stanstedchurches.com/messychurch



So what IS Messy Church?

Not to be confused with Messy Play (which is just for under-5s), **nor** just about doing messy creative crafts (although we might do some of those too), Messy Church is so called in the sense that all our lives are *messy* - real, imperfect and not always tidy or orderly. Messy Church is about coming as we are - without needing to define what we do, or do not believe or know. We take away from the session whatever thoughts we choose, while meeting with others in a fun and friendly atmosphere. It is *Church* because there are opportunities to find out a little more about God, or to celebrate some of the good things in our lives with a choice of activities and responses. In some of the most famous Bible stories God welcomes imperfect people with open arms - *messy* lives and all! We aim to provide a similarly warm welcome to everyone, whether coming for the first time or seasoned regulars who know to expect a time of fun, informality and friendliness.

Back in July, the Messy Church craft activities included making spiral sandwiches, colouring snake spirals, decorating stones, and a magnetic fishing game. As usual there was playdough for the younger children. It was the sixth Messy Church of the year so we reflected on the themes from earlier sessions - each represented on a banner that the children decorated. During the celebration, we recapped on some of the songs learnt over the year with plenty of actions to accompany the rousing singing. There was also a quiz to see who could remember each of the themes. The delicious tea that followed was well-deserved!



Our next event is on **Sunday 25th September 3.30pm-5.00pm St Mary's School**. We welcome families, particularly those with children aged under 12 to a time of activities, celebration and food plus plenty of **FUN!** Older children are also welcome as long as they come with an adult. Everyone can try out a variety of craft activities linked to a theme that will also be explored with songs and games. After the celebration, refreshments will be provided including tea, sandwiches, drinks, cakes, crisps, snacks and fruit. The event is arranged by Churches Together in Stansted and there is no charge. For further information visit our website.



Marion Dyer Tel: 814059
Richenda Whitehead Tel: 813875
Publicity Team



INTERFAITH FUND RAISING QUIZ



Saturday 24th September 7.00pm for 7.30pm in St John's Hall. Quiz-master David Morson. Tickets £8 on the door or from me in advance. Bring your own drink and glasses. Light refreshments and raffle. Please consider supporting the valuable work of this local organisation made up of people of different faiths, who are trying to break down barriers and organise events to enlighten mutual respect and understanding, so desperately needed in our current world.

David Morson
Tel: 850209

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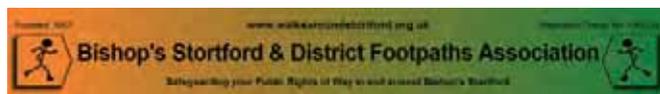
STANSTED SCOUTS

Stansted Scouts joined 10,000 Scouts and Guides from 30 countries at the Essex International Jamboree. Held every four years, it is the largest county jamboree in this country. That week we were part of the largest gathering of Scouts and Guides in Europe! Participants were split into 10 sub-camps, each representing a notable person from history. We were in Tereshkova's Mission sub-camp for the week, with our bright orange sub camp colours. We arrived on the Saturday and set up our site in warm weather. The Opening Ceremony was at 7.00pm, allowing plenty of time to set up and explore the massive site. Our entire sub camp gathered together, and walked along to the 'Village Green' and sat near the stage, which means we are on the official DVD.



During the day every Scout had two themed zones to visit, before and after lunch, including archery, air rifles, abseiling, climbing, crate stacking, go-karting, quad biking, shelter building, tracking, shotguns, kayaking, zorbing, zip line, etc. In the Team zone, teams of mixed nationality were formed and took part in the *It's a Knock Out* tournament, and in the Enterprise zone they designed, made and sold sweets. Each sub-camp had its own activities and games running throughout the day. In the evenings it was decision time again, to listen to one of the live bands, go to the on-site cinema, or the games marquee or to have a go at the circus skills being demonstrated, or just relax in the soft rock café - possibly all if you timed it right. From Monday to Wednesday there was a campfire, which was then replaced by a small funfair for the last few nights. A few adults at a time were able to relax in the enormous 'hospitality' tent. Bob the alien was awarded for Charlie's fastest Parkour time, and Louis' general helpfulness around camp. Pre-ordered food was collected daily and restaurant grade meals prepared by Chef Mark, especially the sausage pasta which you will not see on Master Chef! Before we knew it the closing ceremony was upon us, and wearing our space themed overalls we joined everyone else in the centre of the green. Several songs later, a speech and fireworks and it was all over for another four years. The weather was good to us, with only one rainy day, which meant by the end of the week, some very tired Scouts and Leaders returned home with memories and souvenirs of a terrific week. Roll on 2020. Check out the week's fun at www.eij.org.uk. **'Get to know your kids better. Send them away.'**

Mike Byrne Scout Leader
Tel: 812780
Reece Robinson Assistant Scout Leader



www.walksaroundstortford.org.uk

Future Walks starting at 10.00am (all 5-6 miles)

11th Sep Little Canfield Church TL586210 CM6 1SU

9th Oct Brick End Prince of Wales** *note change* TL573259
CM6 2BJ

23rd Oct Hunsdon Post Office TL417140 SG12 8BN

Updates

Rye Street to Stansted Road

Public footpath FP061 (Shell Garage in Stansted Road to Cannons Mill Lane) has been completely blocked since June - the result of a car crashing into the fence and a concrete post that borders the footpath. The garage staff are aware and the incident has been reported to the Herts County Council (HCC) Public Rights of Way (PROW) team.

Berden and Clavering

Several public footpaths and public bridleways have been officially approved for diversion, so be aware when trying to follow currently available small scale walking/riding maps.

Much Hadham

A request to divert public footpath FP22 (Almshouses, Tower Hill, Much Hadham, through St Andrew's School) is currently with HCCI PROW. The proposed new route would be south of the school, eastwards to meet Oudle Lane.

Thorley

The bridge (just west of the woods) decking on public bridleway 20 has collapsed. Temporary repairs have been carried out and the bridge will be replaced later this year.

Railway Crossings - Proposed Permanent Closures

East Herts MP Mark Prisk is apparently all for closing as many of these pedestrian crossings as possible and interestingly Sir Alan Haselhurst, Uttlesford MP, is the Chair of the West Anglia Task Force which is looking at improving rail speed and efficiency. Health and well-being of residents is also important and certain pedestrian crossings are very important to residents, eg Twyford Road. This task force should therefore examine viable alternatives which exclude 'trogging' across an open muddy field or wet flood plain, and long detours. It means a suitable alternative hard track and in the case of Twyford Crossing, suitable lighting to protect local boating residents for which this is a school route.



Daphne Wallace-Jarvis
Publicity Officer
Email: dwjwj.444@gmail.com

BODYBALANCE

Body Balance is described as a new yoga - the moves are done to music, which really helps enhance the moves. The class takes elements from many different forms of yoga and adds some Tai Chi and Pilates

Classes begin 12th September in Manuden Village Hall

led by Clare Harding

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Nature Notes

This little feather which I found in the garden is from the blue and white wing patch on a jay. We get whole families of jays, magpies and crows visiting the garden, probably attracted to the area by the food on neighbouring bird tables. They are members of the corvid or crow family and are among the most intelligent of birds. They are the scourge of nesting birds which may be one reason why we have seen so few young birds this year. When not ravaging birds' nests, these corvids often squabble amongst themselves and feathers can fly, hence my feather.



The jay does have its good points. It is a colourful bird and impressive when seen close up, and in the woods it will act as a sentry and give warning squawks to let everything know of your approach. It also collects and buries acorns which accounts for much of the regeneration of oak trees. Young oaks are frequently popping up in the garden and one which we allowed to grow is now 20 feet tall. It must be the offspring of the ancient oak nearby. A fairly large branch broke off the old tree in recent strong winds which reminded me of an ancient East Anglian custom which took place at the end of the harvest. When the last wagon load of the corn harvest was brought in a bough on an oak tree was attached by rope to the cart horse. The bough was torn off and placed on top of the load along with a young lady or a corn dolly and was known as the Horkey branch. It was set up in the centre of the Horkey, a shindig to celebrate the end of a successful harvest which was probably a bit more raucous than our current harvest festivals.



Felix

VOLUNTEERING OPPORTUNITIES IN STANSTED

We still have a couple of volunteering opportunities available at Stansted Family Café (other positions have been filled) for both young people and adults (three hour sessions some Saturdays or Sundays). Young people may be eligible to build up credits and receive accreditation and a certificate from a national scheme. We have also had *International Baccalaureate* and *Duke of Edinburgh* students complete their community service with us in the past. Any appropriate training/checks will be provided. Please contact me for more details if you think you might be interested and would like to volunteer in a fun, friendly and supportive environment.



Ros Page
Tel: 810813
Email : contactstanfam@yahoo.com



STANSTED BOWLING CLUB

Charles Wilson (Club Competition) With a roving jack, (always a challenge and good fun) some very close scores, the winning pair were Brian Quinn and John Scraggs.

A Team and B Team As this goes to print they will have just played their last three matches.

Seniors Again they will be coming to the end of their last few matches plus one re-arranged.

Ladies Monday Night League Well done Ladies with your result – Ware Bowls Club were the overall winners.

Ladies Friendlies Still three more fixtures to play. Well done to Vera and Suzanne for their support.

St Chads (Cowan Cup) Stansted once again won the Cowan Cup – well done everyone.

Club Competitions are well underway, with some good competitive bowling (beware PB should you come up against him – a force to be reckoned with!!).

September Home Fixtures

Saturday 10th at 2.30pm - Clavering

Saturday 17th at 10.00am – Finals Day

Saturday 24th at 2.30pm – Last Bowl

You are more than welcome to come and watch any of the above home games.

Doreen Scraggs
Hon Secretary

Tel: 815036 or 07812 483178

Email: doreenscraggs@talktalk.net

LONDON QUIZ ANSWERS

1. Grosvenor Square (number 20)
2. Admiralty Arch
3. Whitehall
4. St James's Palace
5. The Duke of Buckingham
6. One Canada Square
7. Battersea Power Station
8. Old Bailey
9. Lambeth Palace
10. Aluminium
11. John Nash, entrance to Buckingham Palace
12. The White Tower
13. Sir Edwin Lutyens
14. Five
15. The Victoria and Albert Museum
16. Sam Wanamaker
17. 1890s (30th June 1894)
18. About 30 minutes
19. The Mansion House
20. Parliament Square
21. They take place standing up
22. Eight
23. St Paul's, Covent Garden
24. Greenwich Observatory
25. Theatre Royal, Drury Lane



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STANSTED FOOTBALL CLUB

The month of September now gives both the First and Reserve teams the chance to play home games and put away the disappointment of August which saw us lose in the FA Cup to a 95th minute goal against Hoddesdon Town. Now we have some 'tasty' fixtures including an FA Vase tie against near neighbours Saffron Walden. This game has brought significant interest locally as it renews long standing rivalry between clubs, it is the first competitive fixture since Walden moved away from the Essex Senior League to compete in the Eastern Counties League. We are anticipating the highest spectator attendance for many years at Hargrave Park so it is advisable to get to the ground early and claim your viewing spot.

The Management Team are pleased with the way both squads are shaping, especially the Reserves which has given young players, who are now not eligible to play Youth Team football because of age restrictions, the opportunity to develop their game by being coached by our Managers who have obtained UEFA accredited Coaching Badges. The Reserve League looks especially strong and competitive with teams that have connections to Conference South, Ryman and Essex Senior Leagues and so will be attended by many 'talent spotters' - who knows there may be another budding Dwight Gayle wearing Stansted colours. On the subject, on match days the Club is always looking for willing volunteers to help on duties in and around the ground on the day. We offer free refreshments before and after the game and, of course, the game itself. If you have spare time on a Saturday afternoon or a Tuesday evening and have a passion for local football, then please just turn up on the day and make yourself known to any member of the Committee.

Below are the month's upcoming home games:

- 6th First v Waltham Forest KO 7.45pm League
- 10th First v Saffron Walden KO 3.00pm FA Vase
- 20th First v Southend Manor KO 7.45pm League
- 24th First v West Essex KO 3.00pm League
- 27th First v Barkingside or Coggeshall Town KO 7.45pm Essex Senior Cup

For all the up-to-date news on the team please see our website or Twitter account or Facebook

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Revellers' Partying Spirit at Stansted's Music in the Park undampened by Rain and Hail

A gathering of 650 summer festival revellers danced through rain and hail proving the 15th annual Music in the Park festival on Saturday 25th June another success.



Music sets included Darren Bardoe, a solo acoustic artist covering hits from the 60s through to today, including *That's Entertainment* (The Jam) and *Don't Go* (Yazoo). Goat Patrol also played hits from Blur, The Killers, Pulp and Stereophonics. A rock covers group, Bad Monkey Driver, performed songs from groups like Duran Duran and Thin Lizzy. Cover bands are popular at Music in the Park and another band, The Love Marbles, included songs from The Beatles, The Fratellis, Daft Punk and Paul Young in their set; while The Replik8ers played tunes from Franz Ferdinand and the Kaiser Chiefs. Headliners, The Jjars, ensured people stayed out to dance in the rain with *Sex on Fire* (Kings of Leon), *Uptown Funk* (Mark Ronson and Bruno Mars), as well as *Rockin' All Over the World* (Status Quo) and *Superstition* (Stevie Wonder). Bouncy castles and face painting meant that whole families enjoyed a superb day out!

Michael Jarvis
Herts and Essex Observer



HUW JOHNSON CLUB

The Club re-starts on Thursday 22nd September. In the meantime, we have our trip to Woburn Safari Park on 3rd September which we are all looking forward to.

Thank you so much to everyone who put money in the collection tins at the *Dog and Duck* pub last month. Generous staff and customers donated a total of £125.80, which is an amazing amount! Thank you so much! We are always looking for new members and volunteer helpers, including car drivers, bus drivers, bus escorts and helpers to run activities on a Thursday evening. We are also a great place for teenagers (aged 15+) to do their Duke of Edinburgh placement. If you would like to help out or would like any more information about the Club, please contact Sandra Embleton on 812627 or myself.



Katharine Collis
Tel: 461270

STANSTED 10K FUN RUN 30th ANNIVERSARY

Raises £5500 and shows community spirit at its finest

More than 250 runners and dozens of spectators turned out on Sunday 17th July to support St Clare Hospice at the 30th anniversary of the Stansted 10k race. Over 210 runners took part in the challenging multi-terrain 10k course across the Essex countryside, whilst more than 40 children and parents toddled, jogged and sprinted the one-mile family fun run around Bentfield Green. The popular event has been a standard fixture in local running calendars for over three decades and this year's event has already raised over £5500 for St Clare - a local charity which cares for people with life-limiting conditions both in their own home, and at the Hastingwood-based centre. The race was started by Paralympic athlete, Noel Thatcher, who also ran the one mile race with his children. The event was won by nine-year-old Fletcher Bushnell.



The 1k Race gets off to a great start



Winner Bryn Reynolds

The Men's event was won by Stansted 10k regular, Bryn Reynolds in a time of 37:30. Bryn first took part in the Stansted 10k back in 1996 when he was just eight years old, taking an hour to finish on that occasion!

The Women's 10k was won by Gabriel Carnwath in a time of 43:10.

Bryn and Gabriel took part in the race as part of their training for the Berlin marathon on the 25th September.



Women's Winner Gabriel Carnwath

It was a fantastic day and huge thanks go to the volunteers and supporters who made it such a success. Special thanks to our main sponsors: David Lee Estate Agents; the Rose & Crown (who hosted superb catering); Heckford Norton; Lever and Co (trophies and medals); Anna Scanlan (race warm-ups); and SV Sports Therapy (post-race massages).

Rebecca Hedges
Communications Officer, St Clare Hospice



A family tackles the 10K with their dog



The Hassobury Hill is not as easy as it looks!

Photographs supplied by St Clare Hospice

Open Day Sunday 18th September

This is our first *Apple Day* at the gardens, and will include:

Apple Juicing Bring your own containers and juice our apples, or bring your own

Apple Identification Bring your own apples, leaves or pictures and have them identified by an expert

Apple Cake Stall Lots of apple treats to sample and buy and recipes to take home.

Apple Activities There will be loads of apple themed games and activities for children of all ages to enjoy.

All this plus the **Bishops Stortford Ukulele Band** will be playing on the croquet lawn over the course of the afternoon (please check website for times). As always there are guided tours at 12.30pm and 2.30pm which cover all aspects of the garden's history and there will be a selection of craft stalls on site. Bacon rolls and cheese rolls will be on sale at Daisy's until 2.15pm with hot and cold drinks and delicious homemade cakes available until 4.30pm. We welcome people to bring their own picnics and now have picnic benches in the walled garden especially for visitors to use. Gates open at 11.30am and the gardens close at 5.00pm with last entry at 4.00pm. Entrance is adults £4.00, children free, making it a very affordable day out, especially for families. Dog lovers are reminded that their pets are more than welcome as long as they are kept on a lead.

For further information then please get in touch on 01371 876979 (unattended but if you leave a message we will get back to you) or email: enquiries@eastonlodge.co.uk.

Helen Carter



RSPB STORT VALLEY

We resume our monthly meetings on Tuesday 13th September at 7.30pm in Bishop's Park Community Centre, Bishop's Stortford (next to Tesco) with a talk entitled *Hen Harriers* by Jeff Knott. The annual subscription is now £12.00, with individual meeting fees £3.00 members, £4.50 visitors. The next day trip is on Sunday 18th September to RSPB Titchwell, Norfolk. We will meet there in the car park at 10.00am. Call **Lee Jacques** on 07454 801894 for more details. You might wish to bring a packed lunch or snack.



This picture of red kites was taken during our group trip to Wales in May this year. Thirteen of us gathered for five days of very successful walks around some of mid-Wales' best birding sites.

Sheila Bowles
Tel: 814973

Memory Tree provides beautiful tribute to loved ones

A memorial tree at the heart of St Clare Hospice provides the opportunity for local families to remember their loved ones in a very special way, whilst helping the charity to continue providing vital support to the community.



It is an olive tree, symbolising peace and harmony, and is made up of a hand-carved trunk and hundreds of metal leaves with personal dedications to lost loved ones. Three types of leaf are available for dedications: bronze £85, silver £256 and gold £592, each carrying an inscription to someone special. The tree has the potential to raise more than £130,000 in donations every year for St Clare, which is enough to run our Patient and Family Support Service, which provides vital bereavement support and counselling, for nine months. For more information please email the Memory Tree Administrator on fund@stclarehospice.org.uk or call 773750. You can also order a leaf on our website: www.stclarehospice.org.uk/memory-tree. You can pay the total amount up-front, or by monthly direct debit at no extra cost. If you think you may require bereavement care, please contact our Bereavement Team on 773742.

Rebecca Hedges
Communications Officer
Tel: 773752

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BEEKEEPING

I think social media is the modern equivalent of the medieval practice of putting suspected wrongdoers in the stocks on the village green and throwing rotten vegetables and eggs at the victim. Only nowadays the rotten vegetables and eggs are posts on social media - but with modern throwers they don't even have to look the victim in the eye which might make them think before throwing the electronic rotten egg! A case in point came up this month in the bee-keeping world. An unfortunate family in Bishop's Stortford was invaded by a swarm of bees. They called a pest controller who had no option but to exterminate the bees. This was reported in the local paper and caused a storm of protest on social media about killing bees. In most circumstances swarms will gather round the queen and hang in a cluster from a tree or bush. This enables our volunteer swarm officers to cut off the branch together with the swarm and put it in a box to take to one of our members who will place it in a hive for the long term survival of the colony. When a swarm settles in an inaccessible place and cannot be removed easily, it is sometimes necessary to call in the professional pest controllers. Most work closely with us to try and remove the swarm by smoking them out (eg from a chimney) and only as a last result use extermination. This is a hard decision to make, but I think people have to learn these days that life is not always simple, and hard decisions sometimes have to be made. Sometimes humans must come first. This was an unfortunate case where the queen could not be found and as a result the bees in the house had nowhere to settle. I wonder if any of those who posted on social media know anything about bees and thought to find out the exact circumstances before throwing their electronic rotten eggs.



John Dockerill
Email: training@stortfordbees.org.uk

STANSTED FAMILY CAFE

www.stanstedfamilycafe.org

What if you could visit a café where there was a relaxed atmosphere, with toys and games for your children/grandchildren? With supervised creative activities for children to do (if they choose)? What if this café stocked healthy snacks and squash as well as cakes and treats? What if you could get a regular coffee, a cappuccino or a babycino, with a selection of teas available too? And the coffee tasted great? What if there were gluten-free and caffeine-free options as well? What if there were no charges for all of this?

Does all this sound too good to be true? If so, you have probably never visited Stansted Family Café! You will find us at the Day Centre (behind what used to be the library) some Saturdays and Sundays, **starting Saturday 17th September**. Join us anytime between 10.00am and 11.30am. For dates and details check out our website or contact us. Whether you are one of our long-standing regulars, or a family coming for the first time, a warm welcome awaits you. Why not try us out?



Ros Page
Tel: 810813
Email: contactstanfam@yahoo.com



New Charity shop in Great Shelford

We were delighted to open our new charity shop at 34 Woollards Lane CB22 5LZ on 15th August. Opening hours are 9.00am-5.00pm Monday-Saturday. The stock includes fashion, homewares, books, media and a range of locally sourced gifts. Quality donations can be dropped off (during opening hours only) at the shop. Great Shelford is the perfect place for our new high street shop and we are really looking forward to meeting those who live and work here.



We are looking for volunteers to work in the shop; if you are interested please contact Vipra on 01223 723117.

Dawn Easby
PR and Communications Officer



STANSTED MOUNTFITCHET
LOCAL HISTORY SOCIETY

Our first meeting of the new season is on Thursday 1st September, when Tony Kirby will be talking about *Tides of Fortune* - the rise and fall of seaside resorts 1700-2016. Meetings are held in the Crafton Green Day Centre, off Chapel Hill at 8.00pm. Members' subscriptions are £8 for the year and £2 for Day Members. Refreshments are provided. We look forward to seeing you this coming season, and extend a warm welcome to all newcomers.



Stephen Leaney
Tel: 647177

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Stansted Network

NEWS FROM YOUR LOCAL COUNCILS

LITTER ISSUES AND GOOD NEWS

The problems caused by people depositing their household waste in litter bins has re-emerged and is creating issues for our litter collectors. This is a really anti-social activity which we need to stamp out, and a number of options are being considered.



Those of you who are around the village during the day may well have come across Lucy Lov-eridge who is our new Litter and Environmental Ranger. Our photograph shows Lucy and other Council staff getting instruction on our new litter

barrow, now officially christened Ernie by Lucy. Ernie has a petrol driven vacuum cleaner which will make the collection of smaller items of litter such as cigarette ends much easier and will also help Lucy deal with broken glass much more safely and efficiently.

NEW COMMUNITY BUILDING NEEDS A NAME

The old library building has now been demolished and behind the hoarding in Crafton Green the foundations of the new building are being laid. We need an inspired name for the building and we have decided to hold a competition to come up with something appropriate. You are invited to submit your suggestion by email to parishcouncil@stansted.net. Please enter "building name" as subject. If you don't do email, a paper entry can be sent to the Parish Council Office. The winner will be invited to join the party undertaking the official opening next year.

NEIGHBOURHOOD PLAN

One of the key areas that our Neighbourhood Plan will need to address is the vision we have for the local economy and the businesses that operate in and around the village. The steering group takes the view that the local economy is primarily to support local residents and not to become a centre for large scale employment. Some of the key issues they wish to focus on are:

- Parking
- Retail provision and possible monthly market

- Policies on business start-ups
- Policies on broadband provision
- Policies on street scene and shop fronts
- How to enhance the leisure economy and make it more attractive

If you want to get an idea of how the wider international and global economy is going to impact on our community you might like to read a document entitled "Findings and Recommendations of the London-Stansted-Cambridge Corridor Growth Commission". This sets out a vision of our area being one of the top 5 Global knowledge regions alongside Silicon Valley, Boston Route 128, and the Triangle. They claim 400,000 new jobs could be created. This could be very good news for our young people in terms of job opportunities but it has huge implications for the transport infrastructure and the property market. You can access their report at www.isccgrowthcommission.org.uk

GARDENS AND FLORAL DISPLAYS

As we explained in earlier editions of The Link, we have a new gardening contractor this year, which meant that our beds and hanging baskets were planted slightly later than normal. As a result the hanging baskets were not seen at their best until the end of June.



Our picture shows the Memorial Gardens.

Although the hanging baskets looked fantastic, this was not true of the flower beds which are poor.

We have made the contractors aware of our dissatisfaction.

MEMORIAL GARDENS

We have had some good news on our fundraising to pay for the improvements we want to make to the Memorial Gardens in the form of a £3,500 Community Project Grant from Uttlesford District Council. Three residents have also expressed an interest in donating funds for a bench in memory of a loved one. Any further donations towards the cost of the project would be very welcome. Please contact Trevor Lloyd in the Parish Council Office if you want to discuss any issues related to this project. We are putting the project out to tender and are very hopeful that the first phase of the work we will be able to start work before too long.

PARKING AGAIN!

The North Essex Parking Partnership has notified us that they will be making some changes to the times that they make charges for the use of our car parks. Free overnight parking will shortly apply from 5.00pm rather than 6.00pm. Hopefully this will encourage people who return home from work between 5.00pm and 6.00pm to park their vehicle in the car park overnight and relieve some of the pressure on on-street parking places.

There has been a fair amount of comment recently, particularly on social media, about cars parking on pavements (either two wheels or all four) in different parts of the village and causing an obstruction. Our understanding is that whilst the parking might not be an offence, the obstruction certainly is. Responsibility for enforcement lies with the Police for obstruction and with the Parking Partnership if the parking is in breach of any waiting restrictions on the road. In either case, a fixed penalty notice could be issued to offending vehicles. More importantly, it can cause danger/nuisance for pedestrians and wheelchair users.

Note that it is an offence to drive onto the pavement, yet despite the obvious inference that a parked vehicle has been driven onto the pavement prior to being parked there, witnesses to the driving offence would have to come forward to secure a prosecution and this can be problematic.

DEFIBRILLATORS

The telephone box in Lower Street now has a fully functioning defibrillator in place, so with the defibrillator outside the Day Centre at Crafton Green, which has been operational for some time, we have reasonable coverage across the village. We would obviously not want anyone to have a heart attack on our streets but if the worst came to the worst, your chances of getting effective emergency treatment are now considerably improved.

SPENDING A PENNY

Toilet facilities are important to all of us but particularly to older residents and people with disabilities. Raymond Martin, of the British Toilet Association, said providing toilets was about health, well being, equality and social inclusion. "It's also about public decency and public dignity." Public toilets have existed on UK High Streets for more than 150 years and the first coin-operated toilet blocks were at a convenience outside the Royal Exchange in the 1850s, costing one penny - hence, of course, 'spend a penny'. These days 20p a time to use a public loo isn't uncommon, although the community-run loo at Kinlochleven in the Scottish Highlands will, according to the British Toilet Association, cost you £1. This may sound a bit extortionate, but if you consider it would take somebody on the living wage about six minutes to earn enough for a loo stop in Kinlochleven, whereas it would have taken a manual labourer about thirty minutes to earn enough to use the loos at the Royal Exchange in 1850, it doesn't seem such a bad deal!

There is no legal requirement for local authorities to provide toilets and, as council budgets have been squeezed, over 1,700 public toilets have been closed across the country during the last ten years including Stansted's own "Super Loo", which was taken out of commission three years ago.

The new community hub building incorporates a free public loo that will be accessible during opening hours; but if you can't wait until that becomes available next summer, you can take advantage of our Community Toilet Scheme which is a partnership between the council, local businesses and other partners. It means you can access toilet facilities in participating premises during their normal opening hours, free of charge and without having to purchase anything. The premises that are currently part of the scheme are the Kings Arms (near the station), Yeoman's Cafe in Lower Street and the Esso garage on Cambridge Road.

SUPPORT FOR OLDER PEOPLE AND THEIR CARERS

Community Agents Essex aim to help older people and their carers by promoting health and independence and reducing social isolation. A Community Agent will visit you in your own home and help with practical living skills such as preparing meals, paying bills, claiming benefits you are entitled to, taking medication or getting to an appointment. They will also put you in touch with community activities such as lunch clubs.

For more information visit:
www.communityagentsessex.org.uk or to arrange a free visit call: 08009 775858 or 01376 574341.

LOCAL BUS NETWORK REVIEW CONSULTATION

Essex County Council have started the second part of their review which looks at 70 bus services across Essex where the current contract ends in 2017. They are keen to involve as many people as possible in the consultation process. If you want to have your say there is a questionnaire that can be completed on-line at:

<https://survey.essexinsight.org.uk/BusConsultation> or by phoning 03457 430 430.

ESSEX POLICE WEBSITE

Essex Police has a new-look website giving people greater and easier access to their services. The new site, which still operates from the www.essex.police.uk address, will allow people to report non-emergency crimes and road traffic collisions as well as lost and found property. The website is easier to navigate, more accessible and is designed to be smartphone and tablet friendly. It will allow people to access online reporting services for fraud, hate crime, potholes, abandoned cars, street lighting and noise nuisance issues. The site also incorporates a link to the "AskThePolice" national website which provides answers to frequently asked policing questions, avoiding the need for people to phone them.

They will continue to publish regular news, appeals and features to inform the public of Essex how Essex Police is keeping people safe. You can keep in touch with all the latest news via the following:

Web: www.essex.police.uk

Twitter: www.twitter.com/essexpoliceuk

YouTube: www.youtube.com/essexpoliceuk

Facebook: www.facebook.com/essexpoliceuk

Instagram: www.instagram.com/essexpoliceuk

ODD ONE OUT

Can you spot the odd one out?

Arlene Foster, Nicola Sturgeon, Carwyn Jones, Theresa May, Maureen Caton, Angela Merkel, Hillary Clinton

See page 22 for the answer.

CONTACT DETAILS

Clerk - Ruth Clifford. Admin Assist - Anne Court

Assistant to the Parish Clerk-Trevor Lloyd

Email: parishcouncil@stansted.net

Phone/fax: 01279 813214 10.00am - 1.00pm

www.stansted.net

PARISH COUNCIL MEMBERS

Maureen Caton (Chairman)	813914 m.caton@hotmail.co.uk
Mark Capell-Helm	815157 mawihotec@live.co.uk
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Samantha Dunn	810859 cllrsamanthadunn@stansted.net
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Matthew Jessup	816591 matthew@in2it.biz
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Frances Richards (Vice Chairman)	812748 frannie.richards@gmail.com
Juliet Richards	496531 julz_dot_com@yahoo.co.uk
John Salmon	814789 dandjsalmon@gmail.com
Geoffrey Sell	815925 sellgeoffrey@yahoo.co.uk
Daphne Wallace-Jarvis	812259 dwjjwj.444@gmail.com

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Terry Farthing	661555 cllrfarthing@uttlesford.gov.uk
Thom Goddard	01371 879122 cllrgoddard@uttlesford.gov.uk
Geoffrey Sell	815925 cllrsell@uttlesford.gov.uk

ESSEX COUNTY COUNCIL MEMBER

Ray Gooding 813103
cldr.ray.gooding@essexcc.gov.uk

MEMBER OF PARLIAMENT

The Rt Hon Sir Alan Haselhurst MP
0207 219 5214 Fax 0207 219 5600
alan.haselhurst.mp@parliament.uk

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NEIGHBOURHOOD WATCH

www.stanstednhw.org.uk

PARISH PUBLIC TRANSPORT REPRESENTATIVES

Valerie Trundle - 813433 Joy Thomas - 813871

DATES OF PARISH COUNCIL MEETINGS

September
7th Open Spaces
29th Full Council

STANSTED LIBRARY OPENING HOURS

Temporary service for our Stansted Library

Stansted Library has a temporary home for the coming months, while work is undertaken to create a new community hub at Crafton Green.

During this period a mobile library will be available within the car-park adjacent to the site at the following regular times:

Week 1 - Week commencing Monday 12 & 26 Sept

Tuesday 10-1
Friday 10-4
Saturday 10-4

Week 2 - Week Commencing Monday 5 & 19 Sept

Tuesday 10-1
Wednesday 1-4
Thursday 1-4
Saturday 10-4

This pattern continues on a fortnightly basis. In addition a small collection of books will be available in the Day Centre next door to the site during their opening times. For more information contact

Jenny.Salisbury@essex.gov.uk or
Anthea.Wearn@essex.gov.uk

The Baby and Toddler Time is suspended during construction work. For Renewals and Enquiries tel: 0845 6037628. Email:stansted.library@essex.gov.uk

ODD ONE OUT

Just in case you didn't recognise the names, Arlene Foster, Nicola Sturgeon & Carwyn Jones are First Ministers of Northern Ireland, Scotland and Wales, as I write this Theresa May is still our Prime Minister, Maureen Caton is Chairman of Stansted Parish Council, Angela Merkel is the German Chancellor and Hillary Clinton is the Democratic Party's presidential nominee.

The obvious thing they have in common is their gender and the fact they are political leaders. Maureen will tell you she's the odd one out because all the others get paid but you are free to come up with your own answer as long as it's not too rude or disrespectful!

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DIRECTORY OF LOCAL CLUBS AND ORGANISATIONS

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Air Training Corps 494 Squadron	Tel: 681559/661929 Email: 494@aircadets.org	Parkinson's UK Uttlesford Support Group	Vivian Falk, Chairman Tel: 01799 513128 Email: vivian@brackendalehouse.co.uk
Beavers Age 6-8	Wayne Browning Tel: 079764 41468 Email: mrwbrowning@googlemail.com	Rainbow Pre-School	Gill Pursglove (Administrator) Tel: 814242/07966 506997 Email: admin@rainbowpreschool.net
Bowls Club	Doreen Scraggs, Hon Secretary Tel: 815036 Email: doreenscraggs@talktalk.net	Rainbows	Sue Pollard Tel: 813734
Brownies (Tuesday)	Kathy Shearman Tel: 07724 355533	Rotary Club	Martin Budzinski Tel: 07803 878961 Email: martin@vouchercode.com
Brownies (Wednesday)	Sue Pollard Tel: 813734	Royal British Legion	John Segar Tel: 813289
CAB	Tel: 08444 775986	Scouts (age 10½ -14)	Mike Byrne Tel: 812780
Corkers Netball	Lisa Menzella Tel: 07827 988732	Shotokan Karate Ryu	Donna Ring Tel: 731752 Email: skr@skr.org.uk
Craft Club	Sam Debbah Tel: 07866 185704 Email: tuftydawn@googlemail.com	Spangles Children's Centre	Sarah Mason Tel: 812348 Email: smason2@spurgeons.org
Cricket Club (adults) (juniors)	David Hedge Tel: 812509 Keith Ayres Tel: 814471	Stansted Family Café	Ros Page Tel: 810813 Email: contactstanfam@yahoo.com
Cub Scouts Age 8-10½	Roger Musgrove Tel: 07736 616665/01799 543466	Stansted Football Club	Tom Williams Tel: 07921 403842
Day Centre	Tel: 815091	Stansted Hall and Elsenham Cricket Club	David Brown Tel: 831011/07788 999663 Email: david.r.brown1@btinternet.com
Explorer Scouts	Fintan Lambe Tel: 817937	Stansted Sparks Netball	Gemma Snelling Tel: 07894 944242 Email: gemmasnelling@me.com
Friends of St Mary's Church	Keith Ayres Tel: 07768 023830	Stansted Speed Watch	Warren Vickers Tel: 813996 Email: vickersw@aol.com
Garden Club	Maralyn Harris, Chairman Tel: 07919 478144	Stansted Supers Handball Club	Olly Pocknell Tel: 07875 391701
Grove Cottage	Andrea Charity Tel: 656085/ 07795 483674	Tennis Club	Chris Hollis Tel: 319155 Email: chris.hollis2@btinternet.com
Guides	Jennifer Jarvis, District Commissioner Tel: 814434	Thornbury Badminton Club	Marion or Shirley Tel: 869896 or 815871
Helpline	Tel: 07704 553727	U3A	Helen, Chair Tel: 812945
History Society	Peter Brown, Chairman Tel: 812816	Women's Institute (Stansted)	Brenda Ryan, President Tel: 812725
Huw Johnson Club	Katharine Collis Tel: 461270 Email: kat_collis@hotmail.com	Women's Institute (Ugley)	Dorothy Wallace, President Tel: 850215
Inner Wheel Club	Kate Muskett, President Tel: 850228	Whoosh Explore Canoe Club	Helen and Peter Nash Tel: 817453
Investigators	Ros Page Tel 810813 Email: contactstanfam@yahoo.com	Youth Centre	Linda Barnes Tel: 07947 548051
Little Scrummers	Andrew Poyser Tel: 07738 591232		
Millers (Windmill)	Molly Clark Tel: 816768		
Mountfitchet Club	John Robinson Tel: 812755		
music@stansted - classical concerts	Sonia Levy Tel: 815282 Email: contactus@musicatstansted.co.uk		

Note: This list will be updated as and when we learn of any changes. If you would like the details of your organisation to be added please let us know. (Contact details on page 1.)

BIRTHDAYS, ANNIVERSARIES or SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or someone you know, by announcing it in the Link, please email a short message together with your name address and telephone number to: announcements@stanstedlink.org.uk or send the details to 7 Blythwood Gardens, Stansted CM24 8HG. Details must be submitted by the 8th of the month for publication the following month.

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For many teenagers the summer holidays can be an un-productive period, often described as 'boring'. This summer I chose not to be that teenager, sitting around at home with nothing to do.



Instead I signed up for the NCS (National Citizen Service) programme, a government funded initiative for 15-17 year olds aimed at developing life skills, realising potential and building self-confidence.

The programme which took place over a four-week period (11th July - 5th August) provided a great opportunity to meet different people. The first week was a challenging five-day outdoor activity programme in Kent, aimed at developing teamwork, building trust and importantly, took us out of our comfort zones. It was a great way to break the ice and build new friendships.

The second phase/week two was a five-day residential course based at the University of Essex in Colchester; something new for all of us. This experience gave a taste of University life and what it would be like living away from home. In addition, we worked on developing skills around planning and problem solving through fun games and challenges.

The third phase/week 3 (based at Stansted Youth Centre) involved planning a social action project, including fundraising to support our chosen community cause. Our group consisted of 13 young people from surrounding areas such as Henham, Newport, Dunmow and myself from Stansted.

After considering a number of worthy causes, the group decided to help Daisy May's Farm, an animal rescue centre in Elsenham. To help buy much needed equipment for the farm we held a charity car wash day in Stansted which raised a very useful £152. We were also paid a visit on the day by local MP for Uttlesford, Sir Alan Haselhurst.

In the fourth and final week we put our planned project into action on the farm; for some in the group - myself included - working with animals was a completely new experience. Our activities for the week included building and painting shelters, putting up fences and digging sand pits all to create a more caring and friendly environment for the animals.



We all came away from that final week feeling happy we had made a positive contribution to our community. NCS is a once in a lifetime opportunity aimed at young people - don't miss this chance to challenge yourself.

Kai Whyne
Tel: 816084



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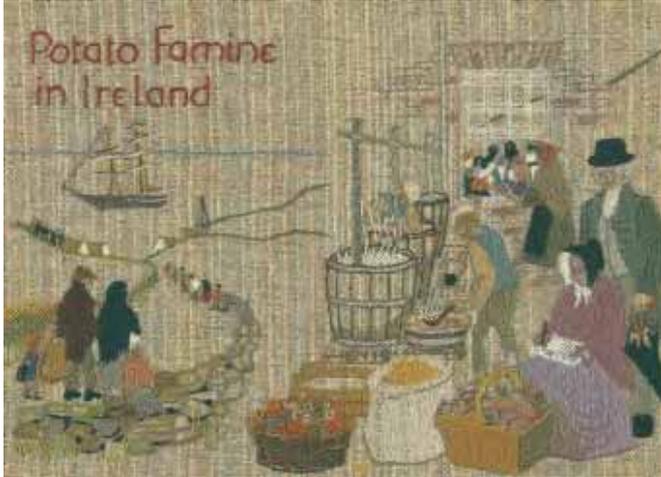
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THE QUAKER TAPESTRY

Following the fascinating talk about the Quaker Tapestry at the Quaker Meeting House earlier this year, there will be an opportunity to see a selection of these famous embroidery panels at Chelmsford Cathedral from 20th August-3rd September. As with the Bayeux Tapestry, it is a hanging which tells a story. It is a celebration of Quaker experience and insights over 350 years, and is the work of 4,000 women, children and men from around the world. It was created towards the end of the 20th century.



The exhibition opening times are Monday-Saturday 10.00am-4.00pm and admission is free. The building is wheelchair accessible and there are disabled access toilets and baby changing facilities. Guides will be available to share information about the tapestry. There will also be a shop and a café serving hot and cold drinks and light refreshments. Full details are available on the Chelmsford Cathedral website www.chelmsfordcathedral.org.uk.

Sue Moloney
Tel: 771405



Investigators is a group for children aged approximately 6-11 years who meet at the Free Church Hall on **Fridays 6.15pm-7.45pm**. Recently we have been doing a *round-the-world* tour, with themed activities from North America and South America - including our own version of basketball with giant hoops, making panpipes, and finding out about (and tasting) maple syrup. Our tour continues in South America this term. Each Friday we meet for a mixture of games, bible stories, challenges, creative activities and other items of interest. Past creative activities have involved making and using puppets, making up our own plays, building castles (big enough for each group to stand inside!) and creating a giant marble run. Last term we were following the *what happened next* story of Peter and John after the resurrection. Some children at Investigators attend a church, or a church school, but most do not and everyone is welcome.

As we now have some additional leaders, there will be several spaces for some new children in September. We are

very grateful to all those who give up their time to help with Investigators on a Friday evening. (All leaders are DBS checked and have appropriate safeguarding training.) If your child would like to try out Investigators in **September (starting Friday 16th)**, please contact me as soon as possible. Places will be allocated on a first-come, first-served basis. Although most children attending are aged 7 and above we do accept confident 6 year olds, especially siblings, as we know many do not want to wait until their 7th birthday to join in the fun, so there is some flexibility.



Ros Page
Tel: 810813

Email : rospagemusic@yahoo.com



SSE tells Stansted Airport to Publish its Evidence

Following the publication of the process it will adopt to deal with long overdue compensation payments for local residents, Stansted Airport Ltd (STAL) has been accused by Stop Stansted Expansion (SSE) of unreasonably seeking to deter thousands of local residents who may have a valid case for compensation, from submitting a claim. As part of its 'Guide to Residents' on submitting compensation claims, STAL has published a map which shows an incredibly small 'eligibility area' – with no explanation as to the basis for this. See <http://mag-umbraco-media-live.s3.amazonaws.com/1005/guide-to-residents.pdf>.

STAL have no legal basis to restrict eligibility for compensation to a shaded area on a map. The law only requires claimants to demonstrate that the value of their property has been reduced by physical factors (noise, air pollution etc.) arising from the expansion of Stansted Airport between 2001 and 2007 – the so-called Phase 2 development of Stansted.

SSE's evidence – based on the official Land Registry statistics – shows significant house price depreciation in areas far beyond the shaded eligibility area on STAL's map. There is for example evidence of some house price depreciation in postcode sectors CM6 1, CM6 2, CM6 3, CM22 6, CM22 7, CM24 8 and CM23 5.

It is not SSE's role to advise which individual homes may be eligible for compensation and which may not. It is however very clear to SSE that STAL is seeking to be unreasonably restrictive with the eligibility area it has drawn on its map. STAL does not explain how it has arrived at this area and, as we have said, it has no legal basis. SSE has therefore written to STAL asking for the evidence it relied upon to define its eligibility area.

SSE strongly recommends that individuals who believe they may have an entitlement to claim should not be deterred by STAL's attempts to minimise the number of claimants, and they should take professional advice.

SSE Campaign Office
Tel: 870558

Email: info@stopstanstedexpansion.com

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Stansted Cricket Club

After 15 rounds of league matches the 1st XI are now 6th in Division 1 with six wins and the 2nd XI are still bottom of Division 4 with two wins, but have closed the gap on the teams immediately above them. The Sunday XI have had five wins, one draw and four defeats. In an away friendly at Thorley, Adam Fairweather took three wickets for no runs in his only over to win the match! The delayed 2015 HECL Cup Final against Matching Green was finally played on Sunday 24th July at Birchanger CC and Matching won by 50 runs. In the 2016 Cup the Club lost to Hatfield Heath in the semi-final. Notable recent individual batting performances include: D Sammons (107 no), I Parsons (102), P Devoti (74 no), J Subramaniam (73), E Pronk (69), M Johnson (68), E Atkinson (59), B Hart (55 no), J Monk (52 no), J Ayres (51 no), B Baker (50) and M Burgoine (50). Of these the most enjoyable was Ed Atkinson's maiden half-century in the President's match, which was a great success.

The Club is holding an end-of-season event at the Club pavilion on Saturday 17th September. Starting at 7.30pm, all senior and junior Club members (and guests) are invited and there will be live music, food and drink (both purchasable on the night). Tickets are £10 adults, £5 juniors. **Please sign up in advance on the list on the Club notice board in the pavilion so numbers for catering can be assessed.** The Club would like to invite anyone interested in scoring on a regular basis next season to contact me. Adults wishing to join the Club should contact me; juniors should contact Head Coach Keith Ayres on 814471.



David Hedge
Hon. Secretary
Tel: 812509
Email: dchedge49@gmail.com

STANSTED IS WELL READ

The next meeting of our book group will be on Tuesday 6th September 8.00pm at the Dog and Duck in Lower Street, where we will be discussing *The Days of Abandonment* by Elena Ferrante. You are very welcome to join us and do not worry if you have not read the book as we find plenty of other things to talk about!



Anne Watson
Tel: 898693
Email: stanstediswellread@gmail.com



As part of the **World's Biggest Coffee Morning** please support our Coffee Morning on Friday 30th September 10.30am-12.30pm at Old Lane House, Church Road. There will be a cake stall and raffle. See you there!

Christine and Bill Stiles
Tel: 813172



www.stanstedtennisclub.co.uk

Fish 'n' Chip Social Adult Doubles Tournament

Sixteen ladies competed in this fun social tournament on Saturday 30th July. The tournament involved two round-robin groups battling it out for positions. Pairs then entered the knockout draw. The final was won by Ginette Basten and Sue Simpson, who had a 6-3 victory over Carol Cook and Jan Hollis. The consolation event was won by Lorraine Cowie and Lyn Timms. It was very encouraging that several new faces took part in this tournament and we hope to repeat the event.



Ladies' Night

Monday 12th September from 7.00pm. All lady members (especially new ones) are welcome.

Club Tournament

Finals' Day will be held on Sunday 11th September from 10.30am. Spectators on the day will be made very welcome.

Hospital Cup

Finals' Day is on Saturday 17th September at Thaxted Tennis Club. Let's hope Stansted have teams competing on the day!

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Contacts

Jon Budd (Secretary) 647020, Chris Hollis (Acting Chairman) 319155. For more information, please see our website.



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STANSTED MOUNTFITCHET U3A

www.stanstedu3a.org

On 11th July, Sally and Alan Rich led a five mile walk from Tesco to Bury Green, over six stiles to Stortford Park and back to Tesco. The U3A Committee hosted a group leaders' lunch on 20th July at the Crafton Centre, in appreciation of all their hard work. Without these leaders there would be no Stansted U3A. *Thank you all.* Nine of the bus pass group visited Rye Mead RSPB Reserve on a sunny July day armed with binoculars and a picnic lunch. We were lucky to see mallards, gallard and tufted ducks, a kingfisher catching fish and 13 black tailed godwits that had flown in from Iceland. A great visit, and many thanks to Jenny Wraith for organising it.



The **monthly meeting** is on Thursday 15th September at 1.30pm in St John's Hall. The speaker is from the charity *Canine Partners*. Unfortunately, the speaker did not appear last month, but that gave a chance for members attending the meeting to voice opinions and vote on future speakers, theatre and holiday trips. **Stansted U3A Singers'** annual concert is on Saturday 8th October at 7.30pm in St John's Church. Tickets: adults £7, children under 14 £3.50, which includes a glass of wine or soft drink with nibbles. Contact Ann 814027, Jean 01799 541025, or any choir member. On 22nd October the **Saturday Seminar** is about the exciting subject of Epigenetics, presented by Professor Nessa Grey, visiting professor at Imperial College. Tickets: members £4, non-members £5 from Alan on 07790 213510, email: stanstedseminars@gmail.com. The **yoga group**, tutored by Ulla has two vacancies starting in the autumn term. The group meets on Tuesdays at the Stansted Free Church Hall 3.45pm- 5.00pm. Please contact Jane Chaney 07484 67472 email: jandp24@yahoo.co.uk. U3A contact details: email: stanstedu3a@live.co.uk, Helen (Chair) 812945, Liz (Secretary) 813270.



Suzanne Parra



UGLEY WOMEN'S INSTITUTE

Our July meeting opened with the sad news of the death of Rene Camp, one of our longest serving members. Her great friend, Edna Wright, paid a very touching and illuminating tribute to her, highlighting the various roles that she had played during her time as a member of our Institute. She also reminded us of all the fun that we had shared with her over the years too. A lovely lady, she will be much missed by all of us. In the absence of our speaker, who was unable to appear due to ill health, we entertained ourselves, playing board games, card games and good old fashioned dominoes, all thoughtfully supplied by members of our Committee. Our meeting ended with the drawing of our well stocked raffle and a good cup of tea. Our next meeting, which is on Wednesday 21st September at 2.15pm in Ugley Village Hall, will have a Royal theme when Gary Fisher will be speaking on the subject of *The Queens of Henry VIII*. Please come and join us - you would be most welcome!

Andrea Fitt
Tel: 815922



STANSTED MOUNTFITCHET WINDMILL

After a cloudy start the weather improved and our Afternoon Tea was again a very sunny, sociable and successful occasion enjoyed by everyone, including some young children. I am sure many of you have noticed our newly built storage facility (too good to be called a shed)! Most of the hard work was carried out by Richard Thomas and his family, with some assistance from Millers, so our thanks go to them - I am sure it will prove to be very useful.

You may have seen Steve, our engineer, working on the lower platform of the Mill replacing the netting which had been left off - due to an unscheduled visitor! The dove has now flown the nest and the netting is back on. We are now all busy with organising the fête on Bank Holiday Monday. I do hope that you can come and support us. Don't forget to bring Teddy along. **The windmill is open** on the day of the fête and also on Sunday 4th September and Sunday 2nd October 1.30pm-5.30pm. Next time I will tell of our plans for the rest of the year. My quest for 2016 is to welcome a Secretary for our Committee.



Molly Clark
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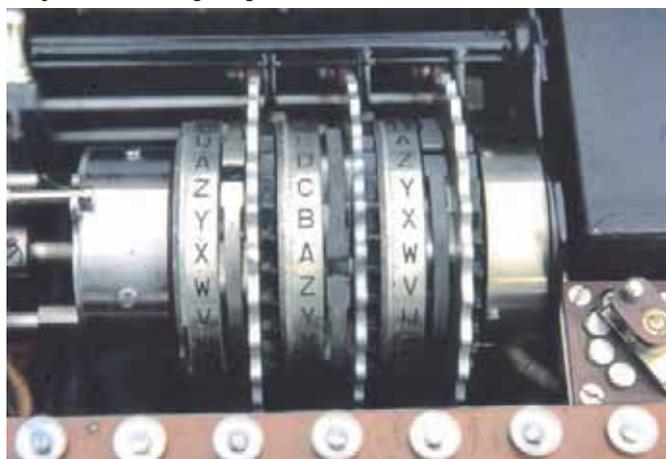
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September marks the start of a new season here at Rhodes and we have lots to keep everyone entertained for the rest of the year! Starting the season, we have a real mix of shows ...

Bringing on Back the 60s starring The New Amen Corner is not to be missed if you are a fan of music from the 60s. With songs from icons such as Chip Hawkes, Dave Berry and Mike Pender, it will be a night you will not forget.

Bette Midler ... And Me is a tribute show to Bette Midler, covering her life and songs from the perspective of a lifelong fan, plus highlights from Midler comedy routines and a puppet show version of *Beaches!*

Code Breakers is about the Second World War's most fascinating stories - that of the Allied code breakers who deciphered a vast number of German secret messages. The show also includes a hands-on demonstration of one of the very few surviving Enigma machines.



Cue Tease Burlesque make a return to Rhodes raising money for the Stroke Association. Join them for a line-up of show girls, fire acts, LED hoops and mesmerising mime!

ROFL @ Rhodes with the hottest up and coming comedians on the circuit. In this show we see Tiff Stevenson, as seen on *Mock the Week* and *Never Mind the Buzzcocks*, take to the stage with Julian Deane and MC, Dan Atkinson.

Forever in Blue Jeans is a perfect feast of entertainment with superb singers, dancers and musicians playing the best in Country Music and Rock'n Roll. For more information about any of these shows, see the Rhodes website.

Jennifer Austin



BISHOPS' STORTFORD & STANSTED TANGENT

Flog It Friday 14th October at 7.00pm for 7.30pm

Come to the Stansted Day Centre and join in the fun and find a bargain. It promises to be a really fun-packed evening. Cost £5 including refreshments. All proceeds to Butterfly Cancer Thyroid Trust. For more information call Sue on 814265 or myself on 816963.

Jacqui Kinnison
Chairman

TIRAMISU



A classic dessert that is simple to make and perfect for dinner parties or simply indulgence. The addition of the chocolate soil gives a very special finish.

Ingredients

250g mascarpone
500ml fresh custard
75g caster sugar
300ml strong black coffee
1 pkt sponge fingers
1tbsp cocoa powder
Marsala wine

Chocolate soil

70g 70% dark chocolate
100g caster sugar
2 tbsp water

Method

1. Chocolate soil. Over a high heat, bring the sugar and water to the boil in a saucepan. Using a sugar thermometer bring it to 135°C. Add the chopped chocolate, remove from the heat and beat until all the chocolate has crystallised, then crush down any chunks.
2. Pour into a container and allow to cool. The soil will keep in an airtight container for months.
3. Make the strong coffee and let it cool in a largish dish. Put the mascarpone into a mixing bowl, add the custard and whisk until smooth, thickened and lump free.
4. One by one, dip the sponge fingers into the coffee and lay in the serving dish. Douse the sponges with Marsala. Pour half of the mascarpone custard on top, and then repeat the process for another layer.
5. Cover and chill for at least four hours. To serve, remove from the fridge, dust the top with cocoa powder then generously sprinkle the chocolate soil.

Recipe courtesy of Luke's Cooking Club which meets every 3rd Wednesday 10.00am and 6.30pm at The Lemon Tree Restaurant, Bishop's Stortford. Luke demonstrates two or three dishes based on a theme, followed by an opportunity to taste the dishes and match the food with wines. See www.lemontree.co.uk/lukes-cooking-club or call 757788 email: mail@lemontree.co.uk.

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THE HUNDRED PARISHES SOCIETY

Many settlements within the Hundred Parishes evolved alongside highways to serve passing traffic, initially farm carts, drovers with cattle and travellers on horseback, then passenger coaches and bigger farm wagons. Some vehicles were drawn by six or more horses or oxen. The busiest routes radiated out from London. Roads did not have the luxury of a firm surface until the introduction of tarmac at the beginning of the 20th century. Since the Middle Ages, parishes had maintained roads, but increasing traffic meant that some could no longer find the necessary resources. Roads were badly rutted, muddy in winter and dusty in summer, often only passable by encroaching more and more onto adjoining land. Increasing vehicle size and volume of traffic, especially taking farm produce into the expanding capital, caused much damage. Parliament authorised the overseeing of key routes by surveyors, and later by boards of trustees, who were responsible for maintaining a given length of road from the proceeds of tolls. These roads were known as *turnpikes* after an old word meaning toll gate. The first turnpike road in England was established in 1663 on the Old North Road (now the A10), running from Wadesmill in the parish of Thunthridge north to Huntingdonshire. The country's first toll gate was in Wadesmill. More turnpike roads and toll gates followed in the 18th century. The arrival of the railways in the mid-1800s took much traffic off the roads and spelt the end of economic viability for turnpikes. Main routes became the responsibility of county or district authorities and they were given road numbers in the 1920s. Much still survives of how things used to be if you take time to look.

Ken McDonald
Secretary
Tel: 813226



www.birchangerwoodtrust.org

September is a good time to be outside and about. Sometimes the weather can be hot, other times chilly but there is still the almost solid protective leaf canopy above your head in Birchanger Wood. Remember, this is ancient woodland and over the years fallen birch trees have been left on the woodland floor to decay and furnish homes for bugs, beetles, spiders, small mammals, and of course fungi; so a few days after the weather has been muggy and damp is a great opportunity to see toadstools of all colours, shapes and sizes. Take the footpath off Heath Row which leads to the Water Tower and the woodland main entrance, or walk up from the right-hand side of Wickes, or maybe down from Birchwood School. Parking is available on Heathrow but caution if you are going to use the Wickes entrance as both Homebase and Wickes do not take kindly to vehicles left in their car parks simply to visit Birchanger Wood and you could be clamped. Our cut and matured firewood is still £10 per wheelbarrow load, or £70 per cubic metre, available from our Compound off the Heath Row footpath entrance most Saturdays 9.00am-10.00am and 2.00pm-3.00pm.

At the end of July Uttlesford District Council published their Local Plan - Residential Allocations in Towns and Villages, and this includes the proposed allocation for housing development encompassing over 1000 houses in Birchanger on land right up to and adjacent to Birchanger Wood.



Daphne Wallace-Jarvis
Email : secretary@birchangerwoodtrust.org

STANSTED MOUNTFITCHET EVENING WI



Whilst working as a supply teacher at a Stansted school some time ago, Irene Jones discovered the technique of dyeing silk in a microwave. Apparently the pupils showed her how to do it and she experimented making it, in her words, "as a time to play"! She buys white silk scarves on which can be drawn a design with a glue-like substance; or, as she showed us, crumple up the scarf, soak in vinegar and water and sprinkle it randomly with your chosen specialist dyes, usually two colours. It was steamed in the microwave for eight minutes and of course the result was very beautiful and quite unique - a bit like tie-dyeing t-shirts, but perhaps rather more beautiful.



Jenny Wraith and I attended the Annual AGM in Brighton along with 4,000 other members. We enjoyed the two excellent speakers: Rona Fairhead, Chair of the BBC Trust, whose job it is to safeguard the independence of the BBC, and Baroness D'Souza, speaker in the House of Lords. She surprised me with her forthright view that the size of the House of Lords should be reduced - the number of members not the building! The debates on the two resolutions put forward this year were extremely good: Hospital Dementia Care and Food Waste and Poverty. They were both carried and will be acted upon. Lunchtime found hundreds of women spilling out of the Brighton Centre and on to the beach opposite. Jenny and I became part of two groups of young people, one a stag party and one a hen party - two different weddings! They were intrigued by the sudden appearance of so many women and wanted to have photos taken with us - we were happy to oblige!

Our Craft Group meets in the Day Centre on the last Friday of the month 2.30pm-4.30pm - all welcome. Some of us are currently knitting poppies for 11th November. Our **next meeting** is on 8th September 7.45pm at the Day Centre, when the speaker will be Wendy Branham talking about Hearing Dogs for the Deaf. For more details contact our President Brenda Ryan on 812725.



Judy Colliver

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Social and Activity Group for people living with Dementia

CST (Cognitive Stimulation Therapy) Today is held every Wednesday in The Apton Road Day Centre, Bishops's Stortford to support those living with mild to moderate dementia. Run by Dementia Friends Champion Debbie Baker and two volunteers, the group was launched in October 2015 after Debbie spotted the need for more activity groups, while working for a dementia charity. The group uses cognitive stimulation to help maintain independence, improve memory and socialising among the members. During the session the members enjoy a fun-filled day with a variety of activities and workshops including dance and exercise to music, indoor golf, volley ball, musical workshops, plus cognitive activities such as discussions on current affairs, arts and crafts, crosswords, quizzes, board games and entertainment.



Recently, Pam told us that her husband enjoyed his first session so much, he said he wouldn't mind going every day! She went on to say that it was great to have some time to herself for a few hours, and she felt that services like this have prevented them both from sinking into deep depression. The group is open from 10.00am-3.00pm with members either attending all day or just for the morning or afternoon session. A hot meal at lunch time is provided by Herts Independent Living Services and refreshments are available throughout the day. To book your free taster session or for more information please call Debbie on 07904 198309, email: debbie.baker@cst.today.

Jennifer Jarvis

GARDENING TIPS

A winter variety of lettuce can be sown this month in shallow drills, and covering with a cloche will speed up the seed germination. They can typically be harvested from January onwards. Onion sets should be planted out so that they can be off and running before the harshest of the winter weather arrives - plant about 8cm apart. If you have any tomatoes that are still green, and they are a cordon style, release the plant ties and lay the plant down on a thick bed of straw, and also remove the leaves and cover with a cloche if you have one. Continue harvesting fruit as it ripens, to try to ensure we get the benefit before the wasps and birds. Cooking apples and



pears will start to be ready for harvest later in the month. Only store unblemished apples; any that are bruised or have some insect damage should be cooked or eaten fairly soon after harvest.

Autumn will be approaching soon, so preparations need to be made around ponds if you have one. Pull out any congested plants and oxygenators. Also thin out any congested marginal/bog plants that are starting to spread a little too far, such as irises and astilbes. Cover the pond as fully as possible to prevent autumn leaves falling into the pond. Finally any pot bound pond plants should be re-potted where necessary and/or root pruned where roots are escaping the pot. You will see daffodil bulbs in the shops which can be planted out, but do not be tempted to plant tulip bulbs yet. Other bulbs that can be planted include crocus, chionodoxas and scillas. This is a great time to improve the soil for next year by mulching or digging in lots of well-rotted organic matter, often available free if you dig it yourself from local stables.



Paul the Gardener



www.mountfitchetgardenclub.co.uk

Soil, Sweat and Tears

A very enjoyable evening was had by all, when Brian Carline entertained members as he spoke about his fourth book *Soil, Sweat and Tears*. Each gardening tool or tip was accompanied by a story on the subject - all told in the accent of the person or the area it hailed from, for example ... visualise Jasper Carrott talking about garden hoes!! Intermingled with jokes and quizzes, his talk certainly gave members a new outlook on gardening, tools and life. Mr Carline explained that in his early teaching days, in his spare time, he was also a stand-up comedian, and that in 1977 he reached the Gala Final of New Faces - he has not lost the talent of making people laugh! He taught in both the inner and outer London boroughs before moving to West Hanningfield on retirement and writing his fourth book on gardening for the reluctant gardener. His personal garden favourite plants are fuchsias and pelargoniums. An interesting question and answer session ended the evening.

Rose Bowl Competition

Congratulations to everyone who took part – some lovely roses were on display. This year's winner was Heather Horner, with Maralyn Harris 2nd and Ann Howarth 3rd.

Wednesday 7th September Meeting

Sue Robinson will give a talk on *The Gardens of Gertrude Jekyll and Edwin Lutyens*. Meetings are held at The Day Centre adjacent to the car park at the top of Chapel Hill. Doors open 7.30pm for 8.00pm start with refreshments available prior to the meeting.

Maralyn Harris
Chairman

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PENANCE FOR WIFE BEATING IN 1380.

On June 9th, 1380, the commissary of the Bishop of Ely was holding his court in the conventual church of Chatteris. Before him was brought Richard Fysshere of Chatteris, accused of having used his wife very badly (*pessime pertractavit uxorem*). He had broken her shin (*tibiam*), and inflicted on her other severe injuries (*enormes lesiones*). Richard acknowledged his fault, and promised for the future to use her with all marital affection, and to get her a doctor who should heal her as far as it was possible. Whereupon he was ordered this penance. He was to walk round the parish church of Chateriz for three Sundays in a penitential manner, carrying a wax taper before the procession, and to pay 20s. to the fabric of the church within a year; and at the feast of St. Etheldreda he was to walk without his clothes (*depositis vestibus suis*) round the church of Ely with the procession, carrying a wax taper in his hand in a penitential manner. As there is no record of his being brought up again for contumacy, this penance was probably performed.

W. M. PALMER.



Source: Sire's Proverbs and the East Anglian 1895-96.

Submitted by Ralph Phillips

PLEASE STOP SPEEDING!

The Stansted Speed Watch team were out on 28th July measuring vehicle speed and booking those exceeding the 30 mph limit; we booked 39 speeding vehicles in two hours. The Police now have their details. This time we were positioned close to where a 13 year old child was knocked down and killed two years ago by a speeding motorist. That vehicle was travelling at 37mph. Even after this terrible death, many drivers in our village continue to exceed the speed limit. One driver, who turned into Croasdaile Road, called to us and said "Why don't you get a life". I say, we have a good life, but sadly a 13 year old child's life was taken away from her by a speeding motorist. To all motorists, "Have and keep your life" by travelling at no more than the speed limit; it might be one of your family who is involved in a serious accident next time. What will you think then? One of our Team said to me when drafting this email that it was a pity we cannot include some of the more florid abuse that we have received. We do our voluntary Speed Watch to try to help prevent accidents. We have a life. Please stop speeding in our village and all others - speed kills. Help us by volunteering. You can contact me or Warren Vickers (details in the Stansted Speed Watch listing on page 23).

Ray Woodcock
Tel: 816468

Email: raymond.woodcock@btinternet.com



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www.thestanstedsurgey.nhs.uk

New Surgery

Plans to move into the new building are still on course for the beginning of October; this will be subject to road works being completed and any issues post-handover at the beginning of September.

Booking an appointment

You can arrange to be able to book appointments on line via your mobile phone or PC by asking at reception. You will be asked for identification and then given the details to set this up. On line appointments on the day become available at 8.00am.

New Staff

We have recruited a new GP, Dr Elena Andrei, who will start with us at the beginning of October. She will be working Wednesday, Thursday and Friday.

Join our virtual PPG

Look for the Stansted PPG on Facebook. The next face-to-face meeting will be 17th November 7.00pm at the surgery.

Barry Chandler
Practice Manager

Email: stansted.surgery@nhs.net

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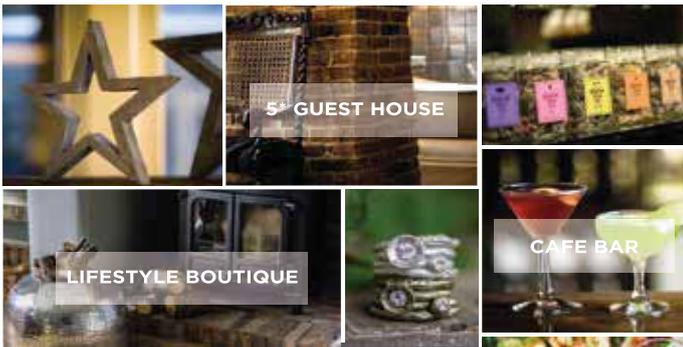
   

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